



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal

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करियर शीट · CAREER SHEET

एस.एस.बी. अधिकारी

A Sashastra Seema Bal (SSB) officer guards India's borders with Nepal and Bhutan. Raised in 1963, this Central Armed Police Force checks cross-border crime, smuggling and anti-national activity, and builds trust with people in...



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/ssb-officer

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Principal, GSSS Jethantri · Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

A Sashastra Seema Bal (SSB) officer guards India's borders with Nepal and Bhutan. Raised in 1963, this Central Armed Police Force checks cross-border crime, smuggling and anti-national activity, and builds trust with people in border villages.

2 At a glance

Domain	Defence / Paramilitary
Selection exam	UPSC CAPF (officer), SSC GD (constable)
Minimum qualification	Graduate (officer); Class 10 (constable)
Starting salary	₹85,000–1,00,000/month (Assistant Commandant)

3 What you need

INTERESTS

- Serving the nation and border security
- Helping people and a disciplined life
- Working outdoors in tough terrain

ABILITIES

- Physical fitness and stamina
- Staying calm under pressure
- Leadership and quick decision-making

KEY SKILLS

- Weapon handling and combat skills
- Team management and discipline
- First aid and disaster response
- Map reading and patrolling
- Local language and community outreach
- Intelligence gathering

4 How to get there

- 1 Complete 10+2 in any stream.
- 2 Complete a graduate degree in any subject to become an officer.
- 3 Take the UPSC CAPF exam for Assistant Commandant (officer).
- 4 Clear physical/medical tests and interview after the written exam.
- 5 For constable (GD), take the SSC GD exam after Class 10.
- 6 Complete training at an SSB training centre/academy after selection.

MAIN EXAMS

- UPSC CAPF (Assistant Commandant)
- SSC GD Constable

5 Where to study

GOVERNMENT INSTITUTES

- किसी भी यू.जी.सी.-मान्यता प्राप्त विश्वविद्यालय अथवा महाविद्यालय से स्नातक — The CAPF Assistant Commandant examination is at graduate level — the degree may be from any recognised institution; no particular college is required.

PRIVATE INSTITUTES

- Any UGC-recognised college for the required graduate degree — Across India

ONLINE

- UPSC official website (notifications & syllabus) — Online (<https://upsc.gov.in/>)
- SSC official website (SSC GD) — Online (<https://ssc.gov.in/>)
- स्वयं (SWAYAM) — भारत सरकार के निःशुल्क ऑनलाइन कोर्स — Free (<https://swayam.gov.in/>)
- राष्ट्रीय डिजिटल पुस्तकालय (NDLI) — Free books and study material (<https://ndl.iitkgp.ac.in/>)
- एन.सी.ई.आर.टी. — निःशुल्क पाठ्यपुस्तकें — The foundation for general knowledge, maths and science (<https://ncert.nic.in/>)

FEES

Graduate-course fees range roughly from ₹6,000 to ₹10,00,000 depending on the institute. UPSC and SSC exam fees are very low and are often waived for reserved/women candidates. After selection, SSB training is free and comes with a salary.

SCHOLARSHIPS

- National Scholarship Portal (<https://scholarships.gov.in>)
- Buddy4Study (<https://www.buddy4study.com>)
- Vidya Lakshmi (education loans) (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

You can be posted across SSB battalions with departments like operations & intelligence, personnel & training, administration, communications and medical. Most postings are in remote areas along the India-Nepal and India-Bhutan borders.

WORK CULTURE

Work is usually 8-9 hours a day, 6-7 days a week, with a shift system. Most work is outdoors in challenging conditions. Discipline, teamwork and alertness matter the most.

WHO HIRES

- Sashastra Seema Bal (SSB)
- Ministry of Home Affairs, Government of India
- Other Central Armed Police Forces (BSF, CRPF, ITBP, CISF)
- Border security and intelligence units
- Disaster response and internal security duties

DEMAND (2026)

The long, open India-Nepal and India-Bhutan borders keep demand for SSB personnel and officers steady. Recruitment happens every year through UPSC CAPF and SSC GD, making it a stable and respected government career. One thing to be clear about — the "demand" described above counts posts, not your chance of getting one. Selection is by open competition and the number of applicants runs to many times the number of posts, so most candidates are not selected in any given recruitment. That is not an argument against this career; it is an argument against making it your only plan. Keep studying or building a skill alongside your preparation, so that the year is not lost whichever way the result goes.

7 Career growth

- 1 Assistant Commandant
- 2 Deputy Commandant

- 3 Commandant
- 4 Deputy Inspector General (DIG)
- 5 Inspector General (IG)
- 6 Additional Director General (ADG)
- 7 Director General (DG)

EARNINGS

Starting	₹56,100 (मूल, लेवल-10)
Mid level	₹1,30,000–1,80,000/माह
Senior level	₹2,00,000+/माह

The starting figure is BASIC PAY — the entry basic at pay matrix Level 10 — so that it can be compared directly against other careers. Dearness allowance (60% of basic since 1 January 2026) and house rent allowance are added on top of it, so take-home pay is appreciably higher. The mid-level and senior figures are approximate monthly income including allowances, not basic pay. Figures are approximate monthly gross pay (with allowances) based on the 7th Pay Commission. Assistant Commandants start at Pay Level 10; a constable (GD) starts at Pay Level 3 (about ₹21,700-40,000 basic). Actual amounts depend on posting and allowances. The figures above rest on the 7th Central Pay Commission matrix, which is what applies as of 16 August 2026. The Union Cabinet approved the Terms of Reference of the 8th Central Pay Commission on 28 October 2025, and it must report within 18 months of its constitution. It has not reported yet, so no revised pay scale exists — but these figures will change. Dearness allowance has been 60% of basic pay since 1 January 2026.

8 The good parts · The challenges**The good parts**

- Stable government job with pension and allowances
- Pride of national service and social respect
- Good promotion and training opportunities

The challenges

- Long postings in remote border areas
- Harsh weather and physically demanding duty
- Time away from family and personal risk

9 Real-life journeys

Archana Ramasundaram

Former Director General, Sashastra Seema Bal (SSB)

An Economics graduate from the University of Rajasthan, Archana Ramasundaram was the only woman IPS officer in the 1980 batch. After 37 years of service, on 3 February 2016 she became Director General of the SSB, making history as the first woman to head a Central Armed Police Force.

Wikipedia · https://en.wikipedia.org/wiki/Archana_Ramasundaram

Sanjay Singhal

Director General, Sashastra Seema Bal (SSB)

A 1993-batch IPS officer, Sanjay Singhal served over three decades in internal security, border management and counter-insurgency operations. After serving as Special Director General of the BSF, he took charge as Director General of the SSB on 1 September 2025.

Indian Masterminds · <https://indianmasterminds.com/news/ips-sanjay-singhal-new-dg-ssb-133182/>

10 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- BSF Officer (Border Security Force)
- ITBP Officer
- Agniveer

11 Sources & further reading

1. Rajasthan Career Guidance Portal (source) — <https://cg.rajasthan.gov.in/careerguidance/>
2. Sashastra Seema Bal – official website — <https://ssb.gov.in/>

3. UPSC – official website — <https://upsc.gov.in/>
4. SSC – official website — <https://ssc.gov.in/>
5. Sashastra Seema Bal – Wikipedia — https://en.wikipedia.org/wiki/Sashastra_Seema_Bal
6. 8th Central Pay Commission — Cabinet approval of the Terms of Reference (PIB, 28 October 2025) — <https://www.pib.gov.in/PressReleasePage.aspx?PRID=2183289>

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