



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट · CAREER SHEET

शारीरिक शिक्षक

A Physical Education Teacher trains students in sports, fitness and healthy living. With Khelo India and sports made integral under NEP 2020, every school needs trained PTIs in 2026.



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/edu-4501

राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

Govt. Sr. Sec. School, Jethantri · ब्लॉक समदड़ी · बालोतरा (Block Samdari · Balotra)

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सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी · मास्टर ट्रेनर
Principal, GSSS Jethantri · Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

A Physical Education Teacher trains students in sports, fitness and healthy living. With Khelo India and sports made integral under NEP 2020, every school needs trained PTIs in 2026.

2 At a glance

Minimum qualification	B.P.Ed. or diploma in physical education
Work mode	Active field work, not a desk job
Demand	High with compulsory school sports and a growing fitness industry
Top earning	₹1 lakh+ per month at senior coach or sports officer level

3 What you need

INTERESTS

- Sports and physical activities
- Working outdoors
- Teaching and coaching

ABILITIES

- Good physical fitness and stamina
- Ability to build team spirit
- Clear communication and leadership

KEY SKILLS

- Rules and techniques of multiple sports
- First aid for sports injuries
- Organising tournaments and sports days
- Fitness training and exercise planning
- Motivating children
- Understanding nutrition and healthy lifestyle

4 How to get there

- 1 Complete Class 12 in any stream and play a sport regularly
- 2 Do B.P.Ed., or graduation followed by B.P.Ed.
- 3 Optionally deepen expertise with M.P.Ed.
- 4 Take the government school PTI recruitment exam or start at a private school or academy
- 5 Become a sport-specific coach with an NIS coaching diploma

MAIN EXAMS

- Rajasthan PTI recruitment exam (Staff Selection Board)
- B.P.Ed./M.P.Ed. entrance exams at university level
- UGC NET in Physical Education for college-level posts

5 Where to study

GOVERNMENT INSTITUTES

- University of Rajasthan — Jaipur, Rajasthan
- Rajasthan Sports University — Jhunjhunu, Rajasthan
- Maharaja Ganga Singh University — Bikaner, Rajasthan
- Jai Narain Vyas University — Jodhpur, Rajasthan
- LNIPE — Gwalior, Madhya Pradesh

PRIVATE INSTITUTES

- Jaipur National University — Jaipur, Rajasthan
- Suresh Gyan Vihar University — Jaipur, Rajasthan

ONLINE

- SWAYAM Sports Science Courses — Online

FEES

B.P.Ed. fees are about ₹15,000 to ₹30,000 per year in government institutes; higher in private ones.

SCHOLARSHIPS

- National Scholarship Portal (<https://scholarships.gov.in>)

- Rajasthan SJE Scholarships (<https://sje.rajasthan.gov.in>)
- Vidya Lakshmi Education Loan Portal (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Schools and colleges, sports academies, sports clubs, fitness centres and online health coaching.

WORK CULTURE

This is not a desk job; 5-6 days a week, 6-7 hours daily on the field; extra work during tournaments.

WHO HIRES

- Government schools as PTI
- Private schools and colleges
- Gyms and fitness chains
- Kendriya Vidyalayas and Navodaya Vidyalayas
- Khelo India centres and sports academies
- Self-employment through private coaching and fitness classes

DEMAND (2026)

In 2026, compulsory sports education under NEP, Khelo India expansion and fitness awareness are raising demand for PE teachers and coaches in both cities and villages.

7 Career growth

- 1 Physical education teacher / PTI
- 2 Senior PE teacher / grade-1 sports teacher
- 3 Sports team coach / director of physical education
- 4 District sports officer / academy head

EARNINGS

Starting	₹18,000-30,000
Mid level	₹40,000-70,000
Senior level	₹80,000-1,20,000

Approximate monthly pay; government PTI posts pay more than private schools with allowances.

8 The good parts · The challenges

The good parts

- Chance to turn passion for sports into a career
- You stay fit and active yourself
- Regular openings in government recruitments

The challenges

- Field duty in sun and all weather
- Physical fatigue and injury risk
- Low pay in small private schools

9 Real-life journeys

Vijay Barse

Sports teacher at Hislop College Nagpur; founder of Slum Soccer

Watching slum children kick a plastic bucket in the rain, sports teacher Vijay Barse founded Slum Soccer in 2001 and changed thousands of lives. The film Jhund, starring Amitabh Bachchan, is based on him.

Wikipedia · https://en.wikipedia.org/wiki/Vijay_Barse

Meenakshi Pahuja

Physical education lecturer at Lady Shri Ram College; marathon swimmer

National-level swimmer Meenakshi Pahuja has taught physical education at Lady Shri Ram College, Delhi University since 2001. While teaching, she completed some of the world's toughest open-water marathon swims.

Wikipedia · https://en.wikipedia.org/wiki/Meenakshi_Pahuja

10 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- Librarian
- Career Counsellor
- Special Educator

11 Sources & further reading

1. Rajasthan Career Guidance Portal — <https://cg.rajasthan.gov.in/careerguidance/hi/career/%e0%a4%b6%e0%a4%be%e0%a4%b0%e0%a5%80%e0%a4%b0%e0%a4%bf%e0%a4%95-%e0%a4%b6%e0%a4%bf%e0%a4%95%e0%a5%8d%e0%a4%b7%e0%a4%95-physical-teacher/>
2. National Career Service — <https://www.ncs.gov.in>
3. Rajasthan Staff Selection Board — <https://rssb.rajasthan.gov.in>
4. National Scholarship Portal — <https://scholarships.gov.in>



And 770+ more careers — the whole portal

Interest and aptitude tests, government jobs, skill courses and a CV builder — free, no login, and it works offline.

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