



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal
"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट · CAREER SHEET

स्कूल काउंसलर

School counsellors guide students through academics, career choices and emotional challenges. After NEP 2020 and CBSE norms, every large school increasingly needs a trained counsellor.



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/edu-4499

राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

Govt. Sr. Sec. School, Jethantri · ब्लॉक समदड़ी · बालोतरा (Block Samdari · Balotra)

www.gsssjethantri.in · career.gsssjethantri.in



सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी · मास्टर ट्रेनर
Principal, GSSS Jethantri · Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

School counsellors guide students through academics, career choices and emotional challenges. After NEP 2020 and CBSE norms, every large school increasingly needs a trained counsellor.

2 At a glance

Minimum qualification	Graduation in psychology + master's/PG diploma
Work mode	Counselling room and classroom sessions during school hours
Demand	High — growing focus on mental health in schools
Top earning	₹60,000-1,00,000/month (senior/private practice)

3 What you need

INTERESTS

- Helping people and listening to them
- Talking with children and teenagers
- Understanding human behaviour

ABILITIES

- Excellent communication skills
- Attention to detail
- Patience and empathy

KEY SKILLS

- Counselling and active listening
- Career guidance and aptitude testing
- Parent-teacher coordination
- Child and adolescent psychology
- Confidentiality and ethical practice
- Psychological first aid in crises

4 How to get there

- 1 Complete Class 12 in any stream; psychology as a subject helps.
- 2 Do a B.A./B.Sc. in psychology (CUET-based admission in many universities).
- 3 Complete an M.A./M.Sc. in psychology or counselling psychology.
- 4 Or take a PG diploma in guidance and counselling after graduation.
- 5 Gain practical experience through internships in schools or NGOs.
- 6 Apply for counsellor posts in schools, helplines or career centres.

MAIN EXAMS

- CUET (UG) — admission to psychology degrees
- CUET (PG) — admission to M.A. psychology
- University-level entrance tests

5 Where to study

GOVERNMENT INSTITUTES

- University of Rajasthan (Dept of Psychology) — Jaipur, Rajasthan
- Jai Narain Vyas University — Jodhpur, Rajasthan
- Mohanlal Sukhadia University — Udaipur, Rajasthan
- NCERT (DEPFE guidance & counselling courses) — New Delhi

PRIVATE INSTITUTES

- Banasthali Vidyapith — Tonk, Rajasthan
- Amity University — Jaipur, Rajasthan
- Manipal University — Jaipur, Rajasthan

ONLINE

- IGNOU (guidance and counselling programmes) — Distance education (India)
- SWAYAM (counselling/psychology courses) — Online (India) (<https://swayam.gov.in>)

FEES

Psychology courses cost about ₹5,000-30,000 per year in government universities; up to ₹50,000-2,00,000 per year in private institutes.

SCHOLARSHIPS

- National Scholarship Portal (<https://scholarships.gov.in>)
- Mukhyamantri Uchch Shiksha Chhatravriti Yojana (Rajasthan) (<https://hte.rajasthan.gov.in>)
- Vidya Lakshmi Education Loan Portal (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Government and private schools, career counselling centres, helplines, NGOs, edtech firms.

WORK CULTURE

Regular hours matching school timings; constant interaction with students, teachers and parents; opportunities exist for persons with disabilities.

WHO HIRES

- | | |
|--|------------------------------------|
| • Government and private schools (CBSE/RBSE) | • Kendriya and Navodaya Vidyalayas |
| • Career counselling companies and edtech | • Child welfare NGOs and helplines |
| • Coaching institutes | • Own counselling practice |

DEMAND (2026)

CBSE mandates counsellors in schools and NEP 2020 stresses guidance; with rising attention to student mental health, demand stays high in 2026.

7 Career growth

- 1 Assistant counsellor
- 2 School counsellor
- 3 Head counsellor / wellness head
- 4 Vice principal
- 5 Principal / independent practice

EARNINGS

Starting	₹20,000-30,000/माह
Mid level	₹35,000-60,000/माह
Senior level	₹60,000-1,00,000/माह

Pay is higher in big private schools and metros; experienced counsellors earn extra from private practice and workshops.

8 The good parts · The challenges

The good parts

- Direct positive impact on students' lives
- Regular school hours and holidays
- Option of private practice

The challenges

- Low starting pay in smaller towns
- Emotionally draining cases
- Pressure of being the only counsellor in many schools

9 Real-life journeys

Dr. Shekhar Seshadri

Child and adolescent mental health expert, NIMHANS Bengaluru

A senior professor at NIMHANS, Dr. Shekhar Seshadri spent decades on life-skills training, child protection and school mental health for children and adolescents. In 2024 he received the Keshav Desiraju Memorial Award for his contribution to child mental health.

Wikipedia · https://en.wikipedia.org/wiki/Shekhar_Seshadri

Ratnaboli Ray

Clinical psychologist and mental health activist, Anjali (Kolkata)

Trained as a clinical psychologist, Ratnaboli Ray founded Anjali to bring dignity to mental health care. An Ashoka Fellow, she won Human Rights Watch's Alison Des Forges Award — proof of the power of the counselling profession.

Wikipedia · https://en.wikipedia.org/wiki/Ratnaboli_Ray

10 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- Librarian
- Career Counsellor
- Special Educator

11 Sources & further reading

1. Rajasthan Career Guidance Portal — <https://cg.rajasthan.gov.in/careerguidance/hi/career/school-counsellor-%e0%a4%b8%e0%a5%8d%e0%a4%95%e0%a5%82%e0%a4%b2-%e0%a4%95%e0%a4%be%e0%a4%89%e0%a4%82%e0%a4%b8%e0%a4%b2%e0%a4%b0/>
2. National Career Service — <https://www.ncs.gov.in>
3. National Scholarship Portal — <https://scholarships.gov.in>
4. SWAYAM online courses — <https://swayam.gov.in>



And 770+ more careers — the whole portal

Interest and aptitude tests, government jobs, skill courses and a CV builder — free, no login, and it works offline.

career.gsssjethantri.in