



पुलिस कांस्टेबल

A Police Constable is the backbone of the police force. He/she keeps law and order in the local area, patrols, arrests offenders, manages traffic and helps the public. In Rajasthan the post is filled through Rajasthan Police...



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श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



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करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

A Police Constable is the backbone of the police force. He/she keeps law and order in the local area, patrols, arrests offenders, manages traffic and helps the public. In Rajasthan the post is filled through Rajasthan Police Constable recruitment.

2 At a glance

Minimum qualification	Senior Secondary (12th) for the general branch; only Secondary (10th) for the police telecommunications branch
Which constable this is	Rajasthan Police Constable — constable posts in other forces are filled by different bodies (see below)
Age limit	18–21 under the service rules; advertisements relax and vary this — check the notification — the upper limit is relaxed for reserved categories and for women (detail below)
Selection	Written + Physical (running) + Medical

3 What you need

INTERESTS

- Interest in law, order and safety
- Prefer a disciplined, active life
- Enjoy helping people

ABILITIES

- Being alert, watchful and organised
- Ability to follow instructions
- Physically fit and strong

KEY SKILLS

- Physical stamina and running ability
- Good behaviour and communication with people
- Working in a team
- Discipline and alertness
- Basic understanding of law
- Basic computer knowledge

4 How to get there

- 1** Constable is a family of posts, not one post, and each force has its own recruiting body, age limit and qualification — so no single figure applies to all of them. This page describes the Rajasthan Police Constable, recruited by the Rajasthan Police under the Rajasthan Police Subordinate Service Rules, 1989. Besides it: Constable (General Duty) in the Central Armed Police Forces — BSF, CRPF, CISF, ITBP, SSB and Assam Rifles — is recruited through the Staff Selection Commission's SSC GD examination; Railway Protection Force constables are recruited by the Railway Recruitment Boards and have their own page on this portal; and the Forest Guard, the jail Warder and the excise Sepoy are filled under their own departmental rules. Read the notification for the particular post you intend to apply for.
- 2** Pass 10+2 (10th for some posts) in any stream.
- 3** The qualification differs by branch — the schedule to the Rajasthan Police Subordinate Service Rules, 1989 (as amended to 18-04-2022) requires Senior Secondary from a recognised Board for the general Constable post, and Secondary for Constable in the police telecommunications branch; both are 100% direct recruitment. In plain terms: a candidate who has passed only class 10 is eligible for the telecommunications branch, but not for the general one.
- 4** Age — under the Rajasthan Police Subordinate Service Rules, 1989 (as amended to 18-04-2022), the post of Constable requires 18 attained and 21 not attained, on the 1st January following the last date for applications. The rules carry relaxation provisions, and each recruitment advertisement fixes the age limit for that cycle — so read the current notification before applying. Additional relaxation applies to SC/ST, backward class and woman candidates.
- 5** Meet the physical standards of height, chest and running.
- 6** Apply for Rajasthan Police Constable recruitment.
- 7** Clear the written exam, physical efficiency test and medical.
- 8** Complete training at a police training centre.

MAIN EXAMS

- Rajasthan Police Constable Recruitment Exam
- SSC GD Constable — for the Central Armed Police Forces (BSF, CRPF, CISF, ITBP, SSB, Assam Rifles); this is not Rajasthan Police recruitment and its age limit and qualification are different
- Relaxation in the upper age limit — 5 years for male candidates of the Scheduled Castes, Scheduled Tribes, Backward Classes, More Backward Classes and Economically Weaker Sections; 5 years for women candidates of the General category; and 10 years for women candidates of those same categories. Which means plainly that the bare figure printed against a post understates a reserved-category woman's eligibility by a decade — if you are in that category, work out your eligibility only after adding the relaxation. In Rajasthan, 30% of the posts in direct recruitment are reserved category-wise for women candidates. Widows and divorced women have no upper age limit at all — the rules say it in those words. It is Rule 13(9) of the Rajasthan State and Subordinate Services (Direct Recruitment by Combined Competitive Examination) Rules 1999, it appears again as the same proviso in the Rajasthan Medical & Health Subordinate Service Rules, and RPSC advertisements reproduce it. A widow must furnish a certificate of the death of her husband from the competent authority, and a divorced woman the proof of divorce. The exact terms of relaxation and reservation are given in that recruitment's own advertisement.

5 Where to study

GOVERNMENT INSTITUTES

- Government Senior Secondary Schools — Across Rajasthan

ONLINE

- आर.एस.एस.बी. — पिछले प्रश्न-पत्र, उत्तर कुंजी व पाठ्यक्रम (निःशुल्क) — The Staff Selection Board's own site — the most reliable free preparation material there is (https://rsmssb.rajasthan.gov.in/show_archived?menuName=Xj4lCb9vGxpQnfLs%2FxlZ2g%3D%3D)
- स्वयं (SWAYAM) — भारत सरकार के निःशुल्क ऑनलाइन कोर्स — Free (<https://swayam.gov.in/>)
- राष्ट्रीय डिजिटल पुस्तकालय (NDLI) — Free books and study material (<https://ndl.iitkgp.ac.in/>)
- एन.सी.ई.आर.टी. — निःशुल्क पाठ्यपुस्तकें — The foundation for general knowledge, maths and science (<https://ncert.nic.in/>)
- Testbook — Private paid coaching — this portal does not endorse any institute. Look at the free options first: the Chief Minister Anuprati coaching scheme, and the recruiting board's own syllabus and past question papers. Check fees, facilities and success claims for yourself; no one can guarantee selection. (<https://testbook.com/>)
- Adda247 — Private paid coaching — this portal does not endorse any institute. Look at the free options first: the Chief Minister Anuprati coaching scheme, and the recruiting board's own syllabus and past question papers. Check fees, facilities and success claims for yourself; no one can guarantee selection. (<https://www.adda247.com/>)

FEES

Schooling at a government school is nearly free. Coaching for preparation is optional and may cost about ₹10,000–30,000.

SCHOLARSHIPS

- National Scholarship Portal (NSP) (<https://scholarships.gov.in>)
- Buddy4Study (<https://www.buddy4study.com>)
- Rajasthan SJE Scholarships (<https://sje.rajasthan.gov.in>)
- Vidya Lakshmi Education Loan (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Police stations, outposts, patrols, traffic duty and guarding government installations.

WORK CULTURE

It is a field job; police stations run 24x7 all week, so you work in shifts. Local travel is common.

WHO HIRES

- Rajasthan Police
- Other State Police forces

- Delhi Police
- Central Armed Police Forces (CRPF, BSF)
- Railway Protection Force (RPF)
- Home Guard and State Armed forces

DEMAND (2026)

The Rajasthan Police recruits constables in their thousands, making it one of the most popular government jobs among the state's rural and urban youth, with very high demand. One thing to be clear about — the "demand" described above counts posts, not your chance of getting one. Selection is by open competition and the number of applicants runs to many times the number of posts, so most candidates are not selected in any given recruitment. That is not an argument against this career; it is an argument against making it your only plan. Keep studying or building a skill alongside your preparation, so that the year is not lost whichever way the result goes.

7 Career growth

- 1 Police Constable
- 2 Head Constable
- 3 Assistant Sub-Inspector (ASI)
- 4 Sub-Inspector (SI)
- 5 Inspector

EARNINGS

Starting	₹20,800 (मूल, लेवल-5)
Mid level	₹40,000/माह
Senior level	₹55,000+/माह

The starting figure is BASIC PAY — the entry basic at pay matrix Level 5 — so that it can be compared directly against other careers. Dearness allowance (60% of basic since 1 January 2026) and house rent allowance are added on top of it, so take-home pay is appreciably higher. The mid-level and senior figures are approximate monthly income including allowances, not basic pay. Note — in Rajasthan a direct recruit is a probationer-trainee for the first 2 years and is paid a fixed remuneration, not the pay scale; dearness allowance and house rent allowance are not payable in those two years (Rajasthan Service Rules, rule 7(30A)). The full pay scale applies once probation is completed. In Rajasthan the constable post is on Pay Matrix Level 5. The figures above rest on the 7th Central Pay Commission matrix, which is what applies as of 16 August 2026. The Union Cabinet approved the Terms of Reference of the 8th Central Pay Commission on 28 October 2025, and it must report within 18 months of its constitution. It has not reported yet, so no revised pay scale exists — but these figures will change. Dearness allowance has been 60% of basic pay since 1 January 2026.

8 The good parts · The challenges

The good parts

- A secure government job even with limited education.
- Respect of the uniform and a chance to serve society.
- Promotion possible up to SI/Inspector.

The challenges

- Shifts, night duty and long hours.
- Physically hard and high-pressure work.
- Duty even on festivals and holidays.

9 Real-life journeys

Ram Bhajan Kumar

Head Constable (now IAS)

From Bapi village in Rajasthan's Dausa district, Ram Bhajan Kumar comes from a family of labourers and worked as one himself. While serving as a Delhi Police head constable he studied six hours a day and cleared the UPSC exam on his 8th attempt with All-India Rank 667.

India TV News · <https://www.indiatvnews.com/news/india/upsc-result-an-inspiring-story-of-delhi-police-constable-ram-bhajan-kumar-who-cracked-exam-in-8th-attempt-2023-05-24-872408>

Meena Ghodke

Police Constable, Maharashtra Police

Meena Ghodke from Beed, Maharashtra, is the first person from her village to become a constable. After Class 12 she took the police recruitment exam, joined the force, and today is part of the district's anti-human-trafficking unit.

Reuters · <https://www.reuters.com/article/us-india-women-police-idUSKCN1TZ1ZZ>

10 Sources & further reading

1. Rajasthan Police — <https://police.rajasthan.gov.in/>
2. SSC GD Constable — <https://ssc.nic.in/>

3. Rajasthan Career Guidance (source) — <https://cg.rajasthan.gov.in/careerguidance/>
4. 8th Central Pay Commission — Cabinet approval of the Terms of Reference (PIB, 28 October 2025) — <https://www.pib.gov.in/PressReleasePage.aspx?PRID=2183289>
5. Rajasthan Police Subordinate Service Rules, 1989 (Home Department, as amended to 18-04-2022) — <https://home.rajasthan.gov.in/content/dam/homeportal/homedepartment/pdf/RulesGroup1/RPSSRules%201989%20uptodate%2018-04.2022.pdf>

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