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The GD Constable examination is the Staff Selection Commission recruitment through which a young person who has passed Class 10 joins the country's Central Armed Police Forces as a constable. A single examination fills posts in...



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करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित  
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

## 1 About this career

The GD Constable examination is the Staff Selection Commission recruitment through which a young person who has passed Class 10 joins the country's Central Armed Police Forces as a constable. A single examination fills posts in eight organisations — the Border Security Force, the Central Reserve Police Force, the Central Industrial Security Force, the Indo-Tibetan Border Police, the Sashastra Seema Bal, the Assam Rifles (as Rifleman), the Secretariat Security Force, and the National Investigation Agency. The work ranges from guarding the border to securing airports, metros, nuclear and industrial installations, to internal security and help in disasters. For Rajasthan the examination matters particularly: the state's long international border, a tradition of service in uniform among its young people, and a minimum qualification of Class 10 together make it one of the most heavily attempted recruitments here.

## 2 At a glance

|                       |                                                                                                                                                               |
|-----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Minimum qualification | Matriculation or Class 10 pass from a recognised Board or University, by the cut-off date given in the notice                                                 |
| Recruiting body       | Staff Selection Commission (SSC), Government of India — the forces sit under the Ministry of Home Affairs                                                     |
| Age limit             | 18 to 23 years — the narrowest age window among the central examinations on this portal. The date of reckoning changes each cycle, so take it from the notice |
| Starting salary       | Level 3 of the CENTRAL pay matrix — a basic of ₹21,700, with uniform and force-related allowances                                                             |
| Demand                | One examination, eight organisations — the force is settled after the examination, on merit and preference                                                    |

### 3 What you need

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#### INTERESTS

- An interest in service in uniform and a disciplined life
- Work connected to national security and public order
- Physically active work rather than a desk

#### ABILITIES

- Physical capacity and stamina — selection includes physical efficiency and standards tests
- The endurance for hard climates and distant postings
- Discipline and the ability to work as part of a unit

#### KEY SKILLS

- Regular running and physical training
- Ordinary comprehension in Hindi or English
- First aid and response in an emergency
- General awareness, elementary mathematics and reasoning — the paper is at Class 10 level
- Weapons and equipment training — given by the force itself after recruitment
- Alertness and the habit of observation

### 4 How to get there

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- 1 Pass Class 10 (Matriculation) from a recognised Board. No higher educational qualification is required for this recruitment.
- 2 Work out the age first, because it is the tightest condition here. The band is 18 to 23. Class 10 is ordinarily finished at 15 or 16, so the window of eligibility is about five years and then it shuts. If this is the route you want, do not put off attempting it — this is the examination with the least room for delay.
- 3 Run the physical preparation alongside the written preparation, not after it. Selection puts a physical efficiency test and a physical standards test after the written paper, and those standards differ by gender, by category and by region. This page deliberately prints no figure for height, chest or running times — they are detailed and category-wise, and must be read from that cycle's notice itself rather than from any summary.

- 4 Take the medical standards from the notice as well. There are conditions on vision, hearing and general health, and they too are detailed.
- 5 Apply online when the notice appears on the Commission's website, and fill the force preferences in the application with care.

**MAIN EXAMS**

- The age band is being stated twice on this page, and for a reason. 18 to 23 is the narrowest window among the central examinations recorded on this portal — compare CHSL at 18-27, MTS at 18-25, Stenographer Grade D at 18-27, Sub-Inspector at 20-25. Here you get five years, and they are the years immediately after Class 10, when many students are still deciding what to do next. Relaxations in the upper age limit for reserved categories are set out in the notice and should be read there against your own category.
- Selection runs in stages and each stage is the gate to the next: a computer-based written examination, then the physical efficiency and physical standards tests, then medical examination and document verification. The written paper is at Class 10 level and covers general awareness, elementary mathematics, reasoning, and Hindi or English. Many candidates clear the written stage and stop at the physical one, which is why both preparations must run together.
- One caution that matters on this portal: pay matrix level numbers do not mean the same thing in the state and at the Centre. Level 3 of the central matrix is ₹21,700, while Level 5 of the Rajasthan matrix is ₹20,800. Compare the rupee figures, not the level numbers.
- This is an examination, not a post — and the distinction matters particularly here. One recruitment fills posts in eight different organisations whose work differs greatly: the BSF and ITBP on the borders, the CISF at airports and industrial installations, the CRPF in internal security, the Assam Rifles in the north-east. Which force you get is settled by merit and by the preferences you filled, not chosen before the examination. So it is worth knowing what each force actually does before filling that preference form.
- It is right to know in advance what this job asks. A posting can be anywhere in the country and is often a long way from home — on a border, in the north-east, or at a major installation. The climate can be hard, leave is limited, and distance from family is a permanent part of this service. What comes back is permanent employment, the standing that the uniform carries, housing and medical facilities, and a clear path of promotion inside the force. Make the choice with both sides in view.

## 5 Where to study

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### GOVERNMENT INSTITUTES

- Any recognised Board — the qualification is a Class 10 pass, and no particular institution is required — Including the Rajasthan Board of Secondary Education (<https://rajeduboard.rajasthan.gov.in/>)
- Rajasthan State Open School — for candidates completing Class 10 alongside work; reached through the School Education Department portal — Jaipur and district centres (<https://education.rajasthan.gov.in/>)
- District sports grounds and stadiums — for the running and physical practice the selection actually tests — At the district headquarters of Rajasthan (<https://sports.rajasthan.gov.in>)

### ONLINE

- कर्मचारी चयन आयोग — विज्ञप्ति, शारीरिक मानक एवं चिकित्सा मानक — Read the height, chest and running standards here (<https://ssc.gov.in/>)
- एस.एस.सी. — पिछले वर्षों के प्रश्न-पत्र (निःशुल्क) — The most reliable free material for the written stage (<https://ssc.gov.in/for-candidates/previous-year-question-paper>)
- गृह मंत्रालय, भारत सरकार — केंद्रीय सशस्त्र पुलिस बल इसी के अधीन आते हैं — Government of India (<https://www.mha.gov.in/>)
- आर.एस.एस.बी. — पिछले प्रश्न-पत्र, उत्तर कुंजी व पाठ्यक्रम (निःशुल्क) — The Staff Selection Board's own site — the most reliable free preparation material there is ([https://rsmssb.rajasthan.gov.in/show\\_archived?menuName=Xj4lCb9vGxpQnfls%2FxlZ2g%3D%3D](https://rsmssb.rajasthan.gov.in/show_archived?menuName=Xj4lCb9vGxpQnfls%2FxlZ2g%3D%3D))
- विभागीय सेवा नियम (कार्मिक विभाग) — पद की योग्यता व आयु मूल दस्तावेज़ में पढ़ें — The Department of Personnel publishes the service rules for every cadre. Read these before any coaching material — qualification, age and the method of recruitment are settled here and nowhere else. (<https://dop.rajasthan.gov.in/>)
- स्वयं (SWAYAM) — भारत सरकार के निःशुल्क ऑनलाइन कोर्स — Free (<https://swayam.gov.in/>)
- राष्ट्रीय डिजिटल पुस्तकालय (NDLI) — Free books and study material (<https://ndl.iitkgp.ac.in/>)
- एन.सी.ई.आर.टी. — निःशुल्क पाठ्यपुस्तकें — The foundation for general knowledge, maths and science (<https://ncert.nic.in/>)

### FEES

In money terms this is among the most accessible routes on this portal: the qualification is Class 10, and beyond it no degree, diploma or certificate is needed. Class 10 at a government school costs next to nothing, and if schooling was interrupted it can be completed through the State Open School. The written paper is at Class 10 level too, and the Commission publishes the syllabus and past papers free on its website. The investment that actually counts is not money but discipline — daily running and physical practice, which can be done free on any open ground and which is where a great many candidates' selection is lost. For students of Rajasthan from the SC, ST, OBC, MBC, EWS and minority categories, Constable examinations are expressly included in the Mukhyamantri Anuprati Coaching Yojana. One warning: do not pay any middleman who claims he can arrange a recruitment — selection happens only through the Commission's examination and the tests that follow it, and no recommendation works.

### SCHOLARSHIPS

- Mukhyamantri Anuprati Coaching Yojana (free coaching, apply via SSO) (<https://sso.rajasthan.gov.in/signin>)
- Rajasthan Social Justice and Empowerment Dept scholarships (<https://sje.rajasthan.gov.in/>)
- National Scholarship Portal (NSP) (<https://scholarships.gov.in/>)
- Buddy4Study scholarship search (<https://www.buddy4study.com>)

## 6 What the work is like

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### WHERE YOU WORK

The country's borders, airports, metros, ports, nuclear and industrial installations, and internal security deployments — depending on the force. A posting can be anywhere in India and is usually outside your own state.

**WORK CULTURE**

This is a disciplined, organised life and should be chosen as such. The force sets the routine, obedience to orders is compulsory, and duty comes before personal convenience. Life differs greatly with the posting — hard climate and isolation on a border, constant alertness and dealing with the public at an airport, long and unpredictable duty in internal security. Distance from family is the largest personal cost of this service and should not be underestimated; leave is not guaranteed and can be cancelled in an emergency. What comes back is equally real: permanent central service on a Class 10 qualification, housing and medical facilities, the standing the uniform carries, a clear order of promotion within the force to Head Constable and beyond, and the fellowship that comes of living and working together, which is what retired personnel mention most often.

**WHO HIRES**

- Border Security Force (BSF) and Indo-Tibetan Border Police (ITBP)
- Central Reserve Police Force (CRPF) and Sashastra Seema Bal (SSB)
- Central Industrial Security Force (CISF) and Secretariat Security Force (SSF)
- Assam Rifles (as Rifleman) and the National Investigation Agency (NIA)

**DEMAND (2026)**

The Central Armed Police Forces are large and recruit at constable level regularly, so this is one of the few central recruitments whose notice appears in most years. Three things should be known honestly alongside that. First, the number of applicants is very large because the qualification is only Class 10 — that is what makes the competition sharp. Second, selection is not by written examination alone; the physical and medical stages do the real filtering, and many candidates stop there. Third, the age window is short, so the number of attempts available on this route is naturally limited — this is not an examination that can be repeated for years. Against that is the advantage that the same physical and written preparation also opens Rajasthan Police Constable, Jail Prahari, Forest Guard and Railway Protection Force recruitment, whose age limits are usually more generous. One thing to be clear about — the "demand" described above counts posts, not your chance of getting one. Selection is by open competition and the number of applicants runs to many times the number of posts, so most candidates are not selected in any given recruitment. That is not an argument against this career; it is an argument against making it your only plan. Keep studying or building a skill alongside your preparation, so that the year is not lost whichever way the result goes.

**7 Career growth**

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- 1 Constable (GD) — the entry post, central Pay Matrix Level 3 (basic ₹21,700)

- 2 Head Constable — within the force, by service and departmental examination or promotion
- 3 Assistant Sub-Inspector and Sub-Inspector — on further promotion; Sub-Inspector is also filled by direct recruitment, for which a graduation is required
- 4 Inspector and above — the senior subordinate officer level within the force

**EARNINGS**

|              |                                                            |
|--------------|------------------------------------------------------------|
| Starting     | केंद्रीय पे मैट्रिक्स लेवल 3 — मूल वेतन ₹21,700            |
| Mid level    | ₹35,000 - ₹50,000 (भत्तों सहित, कुछ वर्षों की सेवा के बाद) |
| Senior level | ₹60,000 से अधिक (भत्तों सहित, हेड कांस्टेबल एवं उससे ऊपर)  |

The starting figure is the first cell of Level 3 of the central pay matrix, taken from the Commission's own pay-scale list. It is basic pay; dearness allowance, house rent allowance and the special allowances attached to the force and the posting are added on top, and in hard-area postings those allowances are considerably higher — so the amount in hand is well above the basic. Housing, medical and ration facilities also come under the force's rules, and their value is real even though it does not appear in the salary figure. One caution: pay matrix level numbers do not mean the same thing in the state and at the Centre — Level 3 at the Centre is ₹21,700, while Level 5 in Rajasthan is ₹20,800. Compare the rupees, not the level numbers. The mid-level and senior figures are approximate and are not confirmed from any official pay statement; read them as a direction, not a promise. The starting figure is BASIC PAY, so that it can be compared directly against other careers. Dearness allowance (60% of basic since 1 January 2026) and house rent allowance are added on top of it, so take-home pay is appreciably higher. The mid-level and senior figures are approximate monthly income including allowances, not basic pay. Note — in Rajasthan a direct recruit is a probationer-trainee for the first 2 years and is paid a fixed remuneration, not the pay scale; dearness allowance and house rent allowance are not payable in those two years (Rajasthan Service Rules, rule 7(30A)). The full pay scale applies once probation is completed. The figures above rest on the Rajasthan 7th pay matrix, which is what applies as of 17 August 2026. The Terms of Reference of the 8th Central Pay Commission were approved on 28 October 2025 and it must report within 18 months of its constitution. State governments normally adopt a Central Pay Commission with modifications, and later than the Centre does — so Rajasthan pay will be revised too, though by how much and when is not yet settled.

## 8 The good parts · The challenges

### The good parts

- Permanent central service on a Class 10 qualification — no degree and no fees required
- The notice appears in most years, which is unusual among central recruitments
- Housing, medical and hard-area allowances, which do not show in the basic pay but are real
- The same preparation also works for Rajasthan Police, Jail Prahari, Forest Guard and the RPF

### The challenges

- An age band of 18 to 23 — the narrowest window among the central examinations here
- Selection turns on the physical and medical stages, not on the written paper alone
- A posting can be far from home, in a hard climate, and away from family
- Leave is not guaranteed and can be cancelled in an emergency

## 9 Sources & further reading

1. Staff Selection Commission — official website — <https://ssc.gov.in/>
2. SSC — Scheme of Examination — <https://ssc.gov.in/for-candidates/scheme-of-examination>
3. SSC — Previous year question papers — <https://ssc.gov.in/for-candidates/previous-year-question-paper>
4. Ministry of Home Affairs, Government of India — the Central Armed Police Forces — <https://www.mha.gov.in/>
5. Rajasthan Staff Selection Board (official) — <https://rssb.rajasthan.gov.in/>
6. Department of Personnel, Rajasthan — service rules — <https://dop.rajasthan.gov.in/>
7. 8th Central Pay Commission — Cabinet approval of the Terms of Reference (PIB, 28 October 2025) — <https://www.pib.gov.in/PressReleasePage.aspx?PRID=2183289>



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