



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट · CAREER SHEET

क्लिनिकल साइकोलॉजिस्ट

Clinical psychologists assess mental, emotional and behavioural problems and treat them with psychological methods (therapy). They do not prescribe medicine but work with psychiatrists to help people find their strengths.

In...



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/clinical-psychologist

राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

Govt. Sr. Sec. School, Jethantri · ब्लॉक समदड़ी · बालोतरा (Block Samdari · Balotra)

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सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी · मास्टर ट्रेनर
Principal, GSSS Jethantri · Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

Clinical psychologists assess mental, emotional and behavioural problems and treat them with psychological methods (therapy). They do not prescribe medicine but work with psychiatrists to help people find their strengths. In India it is an RCI-registered profession.

2 At a glance

Minimum qualification	MA/M.Sc Psychology + M.Phil Clinical Psychology (RCI)
Starting salary	₹25,000–40,000/month
Work mode	Hospitals, clinics, schools, NGOs
Demand	Rapidly growing

3 What you need

INTERESTS

- Understanding how people think and behave
- Empathy and connection with diverse people
- Helping others solve their problems

ABILITIES

- Skilled communication and listening
- Analytical and observation skills
- Empathy and patience

KEY SKILLS

- Psychological assessment and testing
- Active listening and counselling
- Case records and report writing
- Therapy techniques (CBT and others)
- Maintaining confidentiality and ethics
- Emotional balance

4 How to get there

- 1 Complete 10+2 in any stream (psychology helps).
- 2 Do a bachelor's (BA/B.Sc) in psychology/applied psychology.
- 3 Do a master's (MA/M.Sc) in clinical/applied psychology.
- 4 Complete an RCI-recognised M.Phil in Clinical Psychology (2 years).
- 5 Register with the RCI to begin practice.
- 6 Optional: pursue a PhD or specialisation.

MAIN EXAMS

- CUET-PG and university entrance exams (for MA)
- Institute entrance exams (NIMHANS/RINPAS) for M.Phil Clinical Psychology

5 Where to study

GOVERNMENT INSTITUTES

- निमहान्स — Bengaluru (<https://www.nimhans.ac.in>)
- राजस्थान विश्वविद्यालय (मनोविज्ञान विभाग) — Jaipur (<https://www.uniraj.ac.in>)
- एम्स नई दिल्ली — New Delhi
- बनारस हिंदू विश्वविद्यालय — Varanasi

PRIVATE INSTITUTES

- एमिटी विश्वविद्यालय (मनोविज्ञान) — Jaipur
- क्राइस्ट विश्वविद्यालय — Bengaluru

ONLINE

- इग्नू (दूरस्थ मनोविज्ञान) — Pan-India (<https://www.ignou.ac.in>)
- यूडेमी - असामान्य व्यवहार व क्लिनिकल साइकोलॉजी — Online (<https://www.udemy.com/course/introduction-to-abnormal-behavior-clinical-psychology/>)

FEES

Course fees roughly ₹10,000–₹2,00,000 per year; very low in government institutes, higher in private ones.

SCHOLARSHIPS

- राष्ट्रीय छात्रवृत्ति पोर्टल (<https://scholarships.gov.in>)
- बडी4स्टडी (<https://www.buddy4study.com>)
- विद्यालक्ष्मी शिक्षा ऋण (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Hospitals and mental-health clinics, schools/colleges, NGOs, corporates, private practice and online counselling.

WORK CULTURE

Not a desk job; face-to-face sessions with patients/clients are central. Hospitals and clinics often run 6 days a week, 8–9 hours a day. Shift, part-time and contract options exist. Opportunities exist for persons with disabilities too.

WHO HIRES

- Government mental-health institutes (NIMHANS, RUHS)
- Fortis, Apollo, Manipal hospitals
- Schools and universities
- Mental-health NGOs and helplines
- Online therapy platforms (e.g., YourDOST)
- Corporate employee-wellness programmes

DEMAND (2026)

Rising mental-health awareness and reduced stigma in India are driving fast-growing demand for clinical psychologists in 2026, even as qualified professionals remain in short supply.

7 Career growth

- 1 Intern
- 2 Junior Clinical Psychologist
- 3 Clinical Psychologist
- 4 Senior Clinical Psychologist
- 5 Head of Psychology Department

EARNINGS

Starting	₹25,000–40,000/माह
Mid level	₹50,000–90,000/माह
Senior level	₹1,00,000–2,50,000/माह

Pay depends on experience and setting; private practice can earn more (2026 estimate).

8 The good parts · The challenges

The good parts

- Deep satisfaction of improving lives
- Growing demand and freedom of private practice
- Intellectually rich and respected profession

The challenges

- Long training and limited M.Phil seats
- Emotional burden of hearing others' distress
- Income grows slowly at first

9 Real-life journeys

डॉ. कामना छिब्बर

Clinical Psychologist & Head of Mental Health, Fortis Healthcare

After an M.Phil in Clinical Psychology, Dr. Kamna Chhibber has spent about 18 years as a cognitive-behavioural therapist working on relationships, trauma and abuse. She works with schools, corporates and NGOs to build mental-health awareness and break stigma.

Fortis Healthcare · <https://www.fortishealthcare.com/doctors/ms-kamna-chhibber-13282>

डॉ. मनोज कुमार शर्मा

Professor, Dept. of Clinical Psychology, NIMHANS

A professor of clinical psychology at NIMHANS, Dr. Manoj Kumar Sharma founded India's first technology/internet 'de-addiction' clinic (the SHUT Clinic). His work shows clinical psychology can drive change in both research and society.

NIMHANS · <https://www.nimhans.ac.in/about-us/nimhans-in-media/tech-deaddiction-stories-from-a-clinic-in-bengaluru-featuring-dr-manoj-sharma-head-of-the-shut-service-for-healthy-use-of-technology>

10 Sources & further reading

1. Rajasthan Career Guidance – Clinical Psychologist — <https://cg.rajasthan.gov.in/careerguidance/hi/career/%e0%a4%95%e0%a5%8d%e0%a4%b2%e0%a5%80%e0%a4%a8%e0%a4%bf%e0%a4%95%e0%a4%b2-%e0%a4%b8%e0%a4%be%e0%a4%87%e0%a4%95%e0%a5%8b%e0%a4%b2%e0%a5%89%e0%a4%9c%e0%a4%bf%e0%a4%b8%e0%a5%8d%e0%a4%9f/>
2. National Career Service (NCS) — <https://www.ncs.gov.in>
3. Rehabilitation Council of India (RCI) — <https://rehabcouncil.nic.in>
4. NIMHANS — <https://www.nimhans.ac.in>



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