



# SAARTHI • सारथी

करियर मार्गदर्शन पोर्टल • Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट • CAREER SHEET

## सामुदायिक स्वास्थ्य अधिकारी (संविदा) — राष्ट्रीय स्वास्थ्य मिशन, राजस्थान

The Community Health Officer is in charge of the sub health centre that has been upgraded into a Health & Wellness Centre — the nearest place to a village where treatment, testing and medicines are available together. The work...



### Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

[career.gsssjethantri.in/#/career/raj-cho](https://career.gsssjethantri.in/#/career/raj-cho)

### राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

Govt. Sr. Sec. School, Jethantri • ब्लॉक समदड़ी • बालोतरा (Block Samdari • Balotra)

[www.gsssjethantri.in](https://www.gsssjethantri.in) • [career.gsssjethantri.in](https://career.gsssjethantri.in)



#### सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी • मास्टर ट्रेनर  
Principal, GSSS Jethantri • Master Trainer



#### श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर  
Principal, DIET Barmer



#### श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)  
Sr. Lecturer, DIET Barmer (Support)



#### भरत चौधरी

अभिकल्पना व विकास • व्याख्याता (इतिहास)  
Designed & developed • Lecturer (History)

### विशेष धन्यवाद • SPECIAL THANKS



#### सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) • रा.उ.मा.वि. कानाना



#### सुरेश कुमार सैन

व्याख्याता (भूगोल) • रा.उ.मा.वि. रामसीन मूंगड़ा



#### वनिता कुमारी

व्याख्याता (इतिहास) • रा.उ.मा.वि. रामसीन मूंगड़ा



#### कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) • रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित  
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। • An independent project based on the Government's official career-guidance content.

## 1 About this career

---

The Community Health Officer is in charge of the sub health centre that has been upgraded into a Health & Wellness Centre — the nearest place to a village where treatment, testing and medicines are available together. The work covers first-line treatment of common illnesses, care of pregnant women and children, screening and follow-up for non-communicable diseases (diabetes, hypertension, cancers), immunisation, and referring a patient upward when needed. The ANM and the ASHA Sahyogini work under this post, so it leads the village health team. The post is contractual and the recruitment is conducted by the Rajasthan Staff Selection Board. Two things should be known at the outset, because they are the most consequential conditions on the post: a selected candidate signs a bond of ₹5,00,000 to serve for at least five years, and the advertisement itself says the post is only for one year, or an extended period, or the duration of the project.

## 2 At a glance

|                       |                                                                                                                                                                                                                                                             |
|-----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Minimum qualification | Any one of three — B.Sc in Community Health, OR Nurse (GNM or B.Sc Nursing), OR Ayurveda Practitioner (BAMS) — from a recognised university. Registration with the Rajasthan Nursing Council or the Board of Indian Medicine, Rajasthan, is also compulsory |
| Recruiting body       | Rajasthan Staff Selection Board (RSSB) — the post belongs to the National Health Mission, Medical & Health Department                                                                                                                                       |
| Age limit             | 21 to 40 years, reckoned on the 1st of January following the last date for applications — the upper limit is relaxed for reserved categories and for women (detail below)                                                                                   |
| Starting salary       | ₹25,000 a month as honorarium — a contractual honorarium, not a pay scale                                                                                                                                                                                   |
| Demand                | The recruitment is large — the 2022 advertisement carried 3,537 posts, and later amendments raised that. The posts are spread across sub health centres throughout the state                                                                                |

## 3 What you need

### INTERESTS

- Work connected with health and the care of patients
- Leading a team — working with the ANM and the ASHA
- Taking independent responsibility at a village or small centre

**ABILITIES**

- Clinical judgement — deciding which patient can be managed here and which must be referred upward is the central skill of this post
- Record-keeping and reporting — the centre's data, the medicine stock and the portal entries are this post's responsibility
- The ability to build trust, because screening and follow-up for non-communicable diseases means bringing people back repeatedly

**KEY SKILLS**

- First-line treatment of common illnesses, and first aid
- Care of pregnant women, newborns and infants
- Referral — sending a patient upward at the right time
- Coordinating with and guiding the ANM and the ASHA Sahyogini
- Screening and follow-up for non-communicable diseases — diabetes, hypertension, cancers
- Running immunisation and public health programmes
- Running the centre: medicine stock, records and reporting

**4 How to get there**

- 1 Acquire any one of three qualifications, and know that the route is wider than people assume. Eligible are: a B.Sc in Community Health; or a Nurse — GNM or B.Sc Nursing; or an Ayurveda Practitioner, that is BAMS. That last option is the least known — BAMS graduates frequently do not realise they are eligible for this post, and the advertisement plainly makes them so.
- 2 Get registered, because the qualification alone is not enough. Nurse candidates must be registered with the Rajasthan Nursing Council and BAMS candidates with the Rajasthan Board of Indian Medicine — or must at least have applied for registration at the time of applying. But note: the registration certificate must be produced at document verification before posting, and without it the selection is cancelled.
- 3 Sit the screening examination. All candidates must appear for the Board's screening examination, and the shortlist is drawn from it.
- 4 Here the route splits in two, and the difference decides your next six months. Those who hold a Certificate in Community Health (CCH), or a B.Sc in Community Health, or a B.Sc Nursing / Post Basic B.Sc Nursing with the integrated curriculum, are posted directly to a sub health centre. Those who hold none of these must pass a six-month bridge course.

- 5 The bridge-course conditions are strict and should be known in advance. A candidate who fails at the first attempt gets one more opportunity, but the fees and other expenses of that second attempt are borne by the candidate. A candidate who does not qualify even after the second attempt is not considered for the post.
- 6 Be ready for the bonds — this is the heaviest condition on the post and it should be settled with your family before applying. A selected candidate signs a bond of ₹5,00,000 on notarised ₹500 non-judicial stamp paper to serve at a sub health centre for at least five years. Candidates going through the bridge course sign two more: a ₹75,000 bond not to resign or discontinue during the training, and a ₹5,00,000 bond to serve five years after completing it.

#### MAIN EXAMS

- The post is wholly contractual, and the advertisement does not hide it — it says the post will be only for one year, or an extended period, or the duration of the project. Read that alongside the bond and the asymmetry is plain: a one-year post, and a five-year tie. It is not a contradiction — the bond exists because the state spends on training and posting and wants people to stay — but it is something to understand before applying rather than after.
- The third route in — Ayurveda — is particularly worth knowing, because it opens the post to graduates who do not think of themselves as candidates for it at all. A BAMS holder registered with the Rajasthan Board of Indian Medicine is eligible on the same footing as a nursing candidate. For BAMS graduates who find starting a private practice difficult, this is a real entry into public health.
- The recruitment runs under the Rajasthan Contractual Recruitment Rules, 2022. On this portal this is the third post that runs under the 2022 contractual rules — the other two being the contractual Safai Karmchari in urban local bodies and the MGNREGA contractual Junior Technical Assistant and Accounts Assistant. For a contractual post it is this rule set, and not a service rule, that should be read.
- The posting is at a sub health centre — a Health & Wellness Centre — that is, in or near a village. It is one of the few qualified health posts that sits in a village rather than a city, and that does not require waiting for a place in a large hospital. That is a real advantage of the post, particularly for someone who wants to work in their own area.

- Age is reckoned on the 1st of January following the last date for applications, and the range is 21 to 40. The usual Rajasthan relaxations in the upper age limit apply, and one of them is particularly worth knowing — in the case of widows and divorced women there is no upper age limit at all, provided the age is below the retirement age.
- Relaxation in the upper age limit — 5 years for male candidates of the Scheduled Castes, Scheduled Tribes, Backward Classes, More Backward Classes and Economically Weaker Sections; 5 years for women candidates of the General category; and 10 years for women candidates of those same categories. Which means plainly that the bare figure printed against a post understates a reserved-category woman's eligibility by a decade — if you are in that category, work out your eligibility only after adding the relaxation. In Rajasthan, 30% of the posts in direct recruitment are reserved category-wise for women candidates. Widows and divorced women have no upper age limit at all — the rules say it in those words. It is Rule 13(9) of the Rajasthan State and Subordinate Services (Direct Recruitment by Combined Competitive Examination) Rules 1999, it appears again as the same proviso in the Rajasthan Medical & Health Subordinate Service Rules, and RPSC advertisements reproduce it. A widow must furnish a certificate of the death of her husband from the competent authority, and a divorced woman the proof of divorce. The exact terms of relaxation and reservation are given in that recruitment's own advertisement.

## 5 Where to study

### GOVERNMENT INSTITUTES

- Government nursing colleges and schools of nursing, Rajasthan — the GNM and B.Sc Nursing routes into this post — across the districts of Rajasthan (<https://rajswasthya.rajasthan.gov.in/>)
- Government Ayurved colleges, Rajasthan — the BAMS route, which qualifies for this post equally — Jaipur, Udaipur and elsewhere (<https://ayush.rajasthan.gov.in/>)
- Rajasthan Nursing Council — registration, which the post requires and not merely the degree — Jaipur, Rajasthan (<https://rajswasthya.rajasthan.gov.in/>)
- Rajasthan University of Health Sciences — the degrees behind this post — Jaipur, Rajasthan (<https://ruhsraj.org/>)

**ONLINE**

- चिकित्सा एवं स्वास्थ्य विभाग, राजस्थान — सामुदायिक स्वास्थ्य अधिकारी से जुड़े आदेश एवं पदस्थापन सूचियाँ — appointment and posting orders are here (<https://rajswasthya.rajasthan.gov.in/>)
- राजस्थान कर्मचारी चयन बोर्ड — विज्ञप्ति, पाठ्यक्रम एवं परिणाम — the recruitment is conducted by this Board (<https://rssb.rajasthan.gov.in/>)
- आर.एस.एस.बी. — पिछले प्रश्न-पत्र, उत्तर कुंजी व पाठ्यक्रम (निःशुल्क) — The Staff Selection Board's own site — the most reliable free preparation material there is ([https://rsmssb.rajasthan.gov.in/show\\_archived?menuName=Xj4lCb9vGxpQnfls%2FxlZ2g%3D%3D](https://rsmssb.rajasthan.gov.in/show_archived?menuName=Xj4lCb9vGxpQnfls%2FxlZ2g%3D%3D))
- विभागीय सेवा नियम (कार्मिक विभाग) — पद की योग्यता व आयु मूल दस्तावेज़ में पढ़ें — The Department of Personnel publishes the service rules for every cadre. Read these before any coaching material — qualification, age and the method of recruitment are settled here and nowhere else. (<https://dop.rajasthan.gov.in/>)
- स्वयं (SWAYAM) — भारत सरकार के निःशुल्क ऑनलाइन कोर्स — Free (<https://swayam.gov.in/>)
- राष्ट्रीय डिजिटल पुस्तकालय (NDLI) — Free books and study material (<https://ndli.iitkgp.ac.in/>)
- एन.सी.ई.आर.टी. — निःशुल्क पाठ्यपुस्तकें — The foundation for general knowledge, maths and science (<https://ncert.nic.in/>)

**FEES**

This is not among the cheap routes on this portal, and it is honest to say so plainly. GNM, B.Sc Nursing and BAMS all take between three and five and a half years, and the fees are not small even at a government institution and are considerable at a private one. So the decision to reach this post is first a decision about that degree, not about this post — and that is the right order, because the degree opens several routes and this is one of them. Admission to a government nursing school or college is the cheapest path. The Board's usual examination fee applies on the application. But the real financial condition is not a fee, it is the bond — ₹5,00,000, for five years of service, with two further bonds for those going through the bridge course. Settle that with your family first.

**SCHOLARSHIPS**

- Mukhyamantri Anuprati Coaching Yojana (free coaching, apply via SSO) (<https://sso.rajasthan.gov.in/signin>)
- Rajasthan Social Justice and Empowerment Dept scholarships (<https://sje.rajasthan.gov.in/>)
- National Scholarship Portal (NSP) (<https://scholarships.gov.in/>)
- Buddy4Study scholarship search (<https://www.buddy4study.com>)

---

## 6 What the work is like

---

### WHO HIRES

- National Health Mission (NHM), Medical & Health Department, Rajasthan
- Posted at a sub health centre — a Health & Wellness Centre

### DEMAND (2026)

This is among the state's large health recruitments. The 2022 advertisement carried 3,537 posts and later amendments raised the number; in the 2025 omnibus advertisement too the Community Health Officer is among the largest cadres. The reason is structural — thousands of the state's sub health centres are being converted into Health & Wellness Centres, and each such centre needs a Community Health Officer. That also means the recruitment is a repeating process rather than a one-off event. One thing to be clear about — the "demand" described above counts posts, not your chance of getting one. Selection is by open competition and the number of applicants runs to many times the number of posts, so most candidates are not selected in any given recruitment. That is not an argument against this career; it is an argument against making it your only plan. Keep studying or building a skill alongside your preparation, so that the year is not lost whichever way the result goes.

---

## 7 Career growth

---

- 1 This is a contractual post, so the seniority and promotion provisions of regular service do not apply. That needs saying plainly, because both the responsibility and the qualification are high, which creates an impression that the terms of service will match a regular post.
- 2 The real way forward runs towards regular health posts, and working here makes that route more visible. For those with a nursing background, Nurse Grade-II and the regular nursing cadres beyond it; and for those who already hold a B.Sc Nursing, the direction of an M.Sc Nursing and a nursing tutor post. For BAMS holders, the regular posts of the Ayurved department are a separate route.
- 3 One practical point in the post's favour: the experience here is genuine field experience in public health — running a centre, handling programmes, working with a team. That experience keeps its value in the selection and interview for any later health post, and the five-year bond, which looks like a tie, is also five years of exactly that experience.

## EARNINGS

|              |                                                                                        |
|--------------|----------------------------------------------------------------------------------------|
| Starting     | ₹25,000 प्रतिमाह (संविदा मानदेय)                                                       |
| Mid level    | संविदा पद पर वार्षिक वेतन-वृद्धि का प्रावधान नहीं — दर राज्य सरकार के आदेश से बदलती है |
| Senior level | इस पद में आगे कोई स्तर नहीं — आगे का रास्ता नियमित स्वास्थ्य पदों की ओर जाता है        |

The advertisement gives an honorarium of ₹25,000 a month for this post. Two things should be read alongside it. First, it is an honorarium and the post is contractual — the advertisement itself says the post is only for one year, or an extended period, or the duration of the project. Second, and more important: selection carries a bond of ₹5,00,000 with a condition of serving at least five years at a sub health centre; and those going through the bridge course sign two further bonds — ₹75,000 not to resign during the training, and ₹5,00,000 to serve five years after it. That condition matters more than the monthly figure, and it should be understood before applying. This figure is an HONORARIUM, not a salary — and it is the most important thing about the post to understand first. Dearness allowance, house rent allowance, annual increments, pension and the other benefits of a pay scale do not apply to an honorarium; what is sanctioned is what is paid. The rate changes when the state government issues an administrative and financial sanction, usually in compliance with a budget announcement — not on the recommendation of a pay commission. That is why this page says nothing about the 7th or 8th Pay Commission: neither applies to this post.

---

## 8 The good parts · The challenges

---

### The good parts

- It is the highest clinical post available in a village — in charge of the sub health centre, with the ANM and the ASHA working under it. For a qualified health worker it is a real chance to work in their own area.
- There are three routes in — B.Sc Community Health, nursing (GNM or B.Sc), and BAMS — so the post is not confined to nursing. For BAMS graduates it is a little-known but legitimate entry into public health.
- The recruitment is large and repeating, because every upgraded sub health centre needs one of these posts — so the opportunity is not confined to a single cycle.
- The experience is genuine public-health field experience, which keeps its value for any later health post.

### The challenges

- The post is contractual and the advertisement itself says it is only for one year, or an extended period, or the duration of the project. A pay scale, annual increments, promotion and pension do not apply to it.
- The ₹5,00,000 bond and the five-year service condition are the heaviest thing about the post, and they sit alongside a post described as lasting one year. Those going through the bridge course sign two further bonds. This is a decision to take with your family, before applying.
- The cost and time of reaching the qualification are considerable — GNM, B.Sc Nursing or BAMS take between three and five and a half years. This post is one use of that investment, not a justification for it on its own.
- Failure in the bridge course has a hard consequence: the candidate bears the cost of the second attempt, and a candidate who does not qualify even then is not considered for the post.
- Decisions at the centre are often taken alone, the large hospital is far away, and the weight of responsibility is real — particularly in emergencies and in childbirth.

---

## 9 Sources & further reading

---

1. Rajasthan Staff Selection Board — Community Health Officer (Contractual) recruitment 2022, Detailed Advertisement 11/2022 (the qualification, registration, bridge course, bonds, age and honorarium are all in this document) — [https://rssb.rajasthan.gov.in/storage/advertisement\\_item/1678444833.pdf](https://rssb.rajasthan.gov.in/storage/advertisement_item/1678444833.pdf)
2. Rajasthan Staff Selection Board — NHM and RajMES contractual posts direct recruitment 2025, Detailed Advertisement (it repeats the same Community Health Officer qualification) — [https://rssb.rajasthan.gov.in/storage/advertisement\\_item/1738134339.pdf](https://rssb.rajasthan.gov.in/storage/advertisement_item/1738134339.pdf)

3. Medical, Health & Family Welfare Department, Rajasthan — orders and district-wise postings for the Community Health Officer — <https://rajswasthya.rajasthan.gov.in/link/cho.php>
4. Rajasthan Staff Selection Board (official) — <https://rssb.rajasthan.gov.in/>
5. Department of Personnel, Rajasthan — service rules — <https://dop.rajasthan.gov.in/>
6. 8th Central Pay Commission — Cabinet approval of the Terms of Reference (PIB, 28 October 2025) — <https://www.pib.gov.in/PressReleasePage.aspx?PRID=2183289>

**And 770+ more careers — the whole portal**

Interest and aptitude tests, government jobs, skill courses and a CV builder — free, no login, and it works offline.

[career.gsssjethantri.in](https://career.gsssjethantri.in)