



## दंत तकनीशियन (चिकित्सा एवं स्वास्थ्य विभाग, राजस्थान)

The Dental Technician works alongside the dentist in the dental unit of government hospitals — making artificial teeth and dentures, taking impressions, maintaining and sterilising the instruments, preparing the patient, and...



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करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित  
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। • An independent project based on the Government's official career-guidance content.

## 1 About this career

The Dental Technician works alongside the dentist in the dental unit of government hospitals — making artificial teeth and dentures, taking impressions, maintaining and sterilising the instruments, preparing the patient, and giving advice on dental hygiene. It is work that asks for both a craft skill and clinical care: making a denture is a craft, and if it is not made well the patient cannot chew properly. In qualification terms it is one of the few health posts on this portal where a two-year certificate course after Secondary (Class 10) is enough — no degree required. The course must be recognised by the Dental Council of India or by a government-recognised institution.

## 2 At a glance

|                       |                                                                                                                                                                                                                                   |
|-----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Minimum qualification | Secondary (Class 10) or equivalent + a two-year certificate course as dental hygienist or dental mechanic, recognised by the Dental Council of India or a government-recognised institute                                         |
| Recruiting body       | Rajasthan Staff Selection Board (RSSB) / the Appointing Authority — Medical & Health Department                                                                                                                                   |
| Age limit             | Minimum 18. The upper age limit is not given here — that figure could not be read from the extracted text of these rules; see the advertisement — the upper limit is relaxed for reserved categories and for women (detail below) |
| Starting salary       | Pay matrix level not officially confirmed — see the advertisement                                                                                                                                                                 |
| Demand                | 100% direct recruitment; the cadre is small, but so is the pool of qualified candidates                                                                                                                                           |

### 3 What you need

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#### INTERESTS

- An interest in fine work done with the hands
- Practical work with instruments and materials
- Medicine and the care of patients

#### ABILITIES

- Steady hands and fine craftsmanship
- Strict discipline about hygiene and sterilisation
- Precision in measurement and shape — a denture has to fit the mouth exactly

#### KEY SKILLS

- Taking impressions and preparing models
- Dental laboratory materials — working with acrylic, plaster and metal
- Chairside assistance to the dentist
- Stock, records and equipment upkeep in the dental unit
- Making artificial teeth and complete or partial dentures
- Sterilising instruments and infection control
- Dental hygiene counselling and school dental check-up camps

### 4 How to get there

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- 1 Pass Class 10 (Secondary) from a recognised board — that is the base requirement in the rules.
- 2 Do the two-year certificate course as dental hygienist or dental mechanic. Before admission, check that the institution is recognised by the Dental Council of India or by the Government — those are the rules' own words, and a certificate from an unrecognised institution is rejected at application.
- 3 Understand the difference between the two streams — a dental hygienist's work leans towards the patient (cleaning, counselling, chairside), a dental mechanic's towards the laboratory (making dentures and artificial teeth). The rules accept either.
- 4 Apply online when the recruitment is advertised and complete the selection process.
- 5 After document verification, join the dental unit of a hospital.

- 6 Build experience while in service — under the rules the post of Senior Dental Technician is filled 100% by promotion, and nobody enters it from outside.

**MAIN EXAMS**

- Selection is by the Board or the Appointing Authority. The marking scheme and syllabus are published in that cycle's advertisement.
- The recognition check — this is the condition that disqualifies most candidates on this post. The rules say plainly that the certificate course must be recognised by the Dental Council of India, or be from a government-recognised institution. That is what is examined at document verification.
- Reservation for women — under these rules, in direct recruitment 50% of the posts of Nurse Grade-II and Public Health Nurse are reserved for women and 30% of the remaining posts category-wise, of which one third is kept for widows and divorced women in the ratio of 80:20.
- Note — this post is not in the Schedules to the CET Rules 2022, so no CET is required for it.

- Relaxation in the upper age limit — 5 years for male candidates of the Scheduled Castes, Scheduled Tribes, Backward Classes, More Backward Classes and Economically Weaker Sections; 5 years for women candidates of the General category; and 10 years for women candidates of those same categories. Which means plainly that the bare figure printed against a post understates a reserved-category woman's eligibility by a decade — if you are in that category, work out your eligibility only after adding the relaxation. In Rajasthan, 30% of the posts in direct recruitment are reserved category-wise for women candidates. Widows and divorced women have no upper age limit at all — the rules say it in those words. It is Rule 13(9) of the Rajasthan State and Subordinate Services (Direct Recruitment by Combined Competitive Examination) Rules 1999, it appears again as the same proviso in the Rajasthan Medical & Health Subordinate Service Rules, and RPSC advertisements reproduce it. A widow must furnish a certificate of the death of her husband from the competent authority, and a divorced woman the proof of divorce. The exact terms of relaxation and reservation are given in that recruitment's own advertisement.

## 5 Where to study

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### GOVERNMENT INSTITUTES

- Government secondary schools — Class 10 — In every block
- Government dental colleges and their dental hygienist / dental mechanic courses — Jaipur and other government dental colleges (<https://ruhsraj.org/>)
- Rajasthan State Open School — for completing Class 10 later; reached through the School Education Department portal — Jaipur and district centres (<https://education.rajasthan.gov.in/>)

**ONLINE**

- भारतीय दंत परिषद (डेंटल काउंसिल ऑफ़ इंडिया) — मान्यता प्राप्त पाठ्यक्रम एवं संस्थान — Check recognition here before admission — it is the single most important condition on this post (<https://dciindia.gov.in/>)
- चिकित्सा एवं स्वास्थ्य विभाग, राजस्थान — The department this post belongs to (<https://rajswasthya.rajasthan.gov.in/>)
- राष्ट्रीय मौखिक स्वास्थ्य कार्यक्रम — भारत सरकार — Information on the oral health programmes (<https://mohfw.gov.in/>)
- आर.एस.एस.बी. — पिछले प्रश्न-पत्र, उत्तर कुंजी व पाठ्यक्रम (निःशुल्क) — The Staff Selection Board's own site — the most reliable free preparation material there is ([https://rsmssb.rajasthan.gov.in/show\\_archived?menuName=Xj4lCb9vGxpQnfls%2FxlZ2g%3D%3D](https://rsmssb.rajasthan.gov.in/show_archived?menuName=Xj4lCb9vGxpQnfls%2FxlZ2g%3D%3D))
- विभागीय सेवा नियम (कार्मिक विभाग) — पद की योग्यता व आयु मूल दस्तावेज़ में पढ़ें — The Department of Personnel publishes the service rules for every cadre. Read these before any coaching material — qualification, age and the method of recruitment are settled here and nowhere else. (<https://dop.rajasthan.gov.in/>)
- स्वयं (SWAYAM) — भारत सरकार के निःशुल्क ऑनलाइन कोर्स — Free (<https://swayam.gov.in/>)
- राष्ट्रीय डिजिटल पुस्तकालय (NDLI) — Free books and study material (<https://ndl.iitkgp.ac.in/>)
- एन.सी.ई.आर.टी. — निःशुल्क पाठ्यपुस्तकें — The foundation for general knowledge, maths and science (<https://ncert.nic.in/>)

**FEES**

Schooling to Class 10 at a government school is close to free. The two-year certificate course costs very little at a government dental college and several times more at a private institution. On this post a bigger caution than money is recognition — there is no shortage of unrecognised private courses in this field, and an unrecognised certificate wastes both the two years and the whole fee. Check the Dental Council of India's list before admission. A practical point — the same qualification earns in private dental clinics and dental laboratories, so the benefit of the study does not hang on a government selection.

**SCHOLARSHIPS**

- Mukhyamantri Anuprati Coaching Yojana (free coaching, apply via SSO) (<https://sso.rajasthan.gov.in/signin>)
- Rajasthan Social Justice and Empowerment Dept scholarships (<https://sje.rajasthan.gov.in/>)
- National Scholarship Portal (NSP) (<https://scholarships.gov.in/>)
- Buddy4Study scholarship search (<https://www.buddy4study.com>)

## 6 What the work is like

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### WHERE YOU WORK

The dental unit and dental laboratory of government hospitals, hospitals attached to dental colleges, district hospitals, and the dental check-up camps held in schools and villages.

### WORK CULTURE

The work runs on hospital hours and the routine is regular — there is usually no night shift, which is a practical advantage of this post. Much of the day goes on fine work seated in the dental laboratory, with chairside assistance to patients in between. Infection control is the most serious discipline here, because working in the mouth carries a real risk — gloves, masks and sterilisation rules are never relaxed. The satisfaction is in the craft: when a denture made by your own hands lets an elderly person eat properly again, the result is plain to see.

### WHO HIRES

- Medical & Health Department, Government of Rajasthan
- Government dental colleges and their attached hospitals
- ESI, railway and other government hospitals
- Dental units of government district hospitals
- Units of the National Oral Health Programme
- Private dental clinics and dental laboratories (independently of any government selection)

### DEMAND (2026)

Dental problems are very common and the dental units of government district hospitals and dental colleges run permanently, so this post continues to be needed. Under the rules it is filled 100% by direct recruitment, so the whole cadre is open to candidates from outside, and the post above it, Senior Dental Technician, is filled 100% by promotion — nobody enters that from outside, so the promotion queue holds only people from this cadre. Two things said honestly: the cadre is small and the recruitment comes round only after gaps of years, so it should not be the only plan. On the other side the competition is limited too, because few candidates hold a recognised certificate — and that same qualification finds work immediately in private dental clinics and laboratories, so the wait for a government recruitment can be spent earning. One thing to be clear about — the "demand" described above counts posts, not your chance of getting one. Selection is by open competition and the number of applicants runs to many times the number of posts, so most candidates are not selected in any given recruitment. That is not an argument against this career; it is an argument against making it your only plan. Keep studying or building a skill alongside your preparation, so that the year is not lost whichever way the result goes.

## 7 Career growth

- 1 Dental Technician — posted to a hospital dental unit
- 2 Senior Dental Technician — 100% by promotion, on the prescribed years of experience as Dental Technician
- 3 Technical in-charge of a dental laboratory, and supervisory posts
- 4 Higher technical roles in oral health programmes with further qualification — those carry their own recruitment

### EARNINGS

|              |                                                               |
|--------------|---------------------------------------------------------------|
| Starting     | विज्ञप्ति में घोषित पे मैट्रिक्स स्तर के अनुसार               |
| Mid level    | ₹30,000 – ₹40,000 (भत्तों सहित, कुछ वर्षों बाद)               |
| Senior level | ₹45,000 से अधिक (भत्तों सहित, वरिष्ठ दंत तकनीशियन के रूप में) |

Two things to weigh when comparing. First, the cost of reaching this post is only two years after Class 10, less than any other health post on this portal. Second, demand for a skilled technician in private dental laboratories is steady, so this qualification does not depend on a government selection. The mid-level and senior figures are approximate and are not confirmed from an official document. The starting figure is BASIC PAY, so that it can be compared directly against other careers. Dearness allowance (60% of basic since 1 January 2026) and house rent allowance are added on top of it, so take-home pay is appreciably higher. The mid-level and senior figures are approximate monthly income including allowances, not basic pay. Note — in Rajasthan a direct recruit is a probationer-trainee for the first 2 years and is paid a fixed remuneration, not the pay scale; dearness allowance and house rent allowance are not payable in those two years (Rajasthan Service Rules, rule 7(30A)). The full pay scale applies once probation is completed. The pay matrix level for this post could not be confirmed on this page from an official document — it is not in the service rules and not in the CET Rules 2022 schedule. No level is therefore stated here. The correct figure is printed in the official advertisement for the recruitment; check it there before applying. The figures above rest on the Rajasthan 7th pay matrix, which is what applies as of 17 August 2026. The Terms of Reference of the 8th Central Pay Commission were approved on 28 October 2025 and it must report within 18 months of its constitution. State governments normally adopt a Central Pay Commission with modifications, and later than the Centre does — so Rajasthan pay will be revised too, though by how much and when is not yet settled.



## 8 The good parts · The challenges

### The good parts

- Reachable two years after Class 10 — the shortest route among the health posts on this portal
- Senior Dental Technician is 100% by promotion — nobody enters that queue from outside
- Regular hours, usually no night shift, and the qualification earns in the private sector too

### The challenges

- A certificate from an unrecognised institution is rejected at document verification — two years can be lost
- The cadre is small and the recruitment comes round only after gaps of years
- Fine work seated all day, and the constant discipline of infection control

## 9 Sources & further reading

1. Rajasthan Medical and Health Subordinate Service Rules, 1965 (Department of Personnel) — [https://dop.rajasthan.gov.in/writer-eaddata/modulCategory/202310191130523544303Medical1965\\_merged.pdf](https://dop.rajasthan.gov.in/writer-eaddata/modulCategory/202310191130523544303Medical1965_merged.pdf)
2. Dental Council of India — <https://dciindia.gov.in/>
3. Medical & Health Department, Government of Rajasthan — <https://rajswasthya.rajasthan.gov.in/>
4. Rajasthan Staff Selection Board (official) — <https://rssb.rajasthan.gov.in/>
5. Department of Personnel, Rajasthan — service rules — <https://dop.rajasthan.gov.in/>
6. 8th Central Pay Commission — Cabinet approval of the Terms of Reference (PIB, 28 October 2025) — <https://www.pib.gov.in/PressReleasePage.aspx?PRID=2183289>



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