



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट · CAREER SHEET

फ़िज़ियोथेरेपिस्ट

A physiotherapist is a healthcare professional who treats injury, pain, paralysis, and muscle, bone and nerve problems using exercise, hands-on techniques and modern equipment, without medicines or surgery. They help patients...



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/physiotherapist

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श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

A physiotherapist is a healthcare professional who treats injury, pain, paralysis, and muscle, bone and nerve problems using exercise, hands-on techniques and modern equipment, without medicines or surgery. They help patients regain movement and return to normal life. Demand is rising fast in sports injury care, elderly care and post-surgery rehabilitation.

2 At a glance

Min. qualification	Class 12 with PCB + BPT degree
Work mode	Hands-on in hospitals/clinics; some home-visits and private practice
Demand (2026)	Rapidly growing (lifestyle diseases, sports and elderly care)
Top earning	₹15–25+ lakh/yr (senior consultant/own clinic/abroad)

3 What you need

INTERESTS

- Interest in the human body, bones and how muscles work
- Helping people and relieving their pain
- Interest in sports, fitness and healthy living

ABILITIES

- Patience and empathy to work with patients over long recovery periods
- Physical stamina and precise hand control
- Logical thinking to assess problems and plan treatment

KEY SKILLS

- Strong knowledge of anatomy and physiology
- Use of electrotherapy equipment (TENS, ultrasound, etc.)
- Good communication and motivating patients
- Manual therapy and exercise-based treatment techniques
- Patient assessment and treatment planning
- Record-keeping and ethical, professional conduct

4 How to get there

- 1 Complete Class 11–12 Science with Physics, Chemistry, Biology (PCB), usually with at least ~50%.
- 2 Appear for NEET-UG — since 2025, BPT admission in Rajasthan (RUHS) is through NEET-UG merit and online counselling.
- 3 Complete the 4.5-year BPT (4 years study + 6 months compulsory internship).
- 4 Register with the state/Indian physiotherapy association and begin practice.
- 5 Optional: do a 2-year MPT to specialise in sports, neuro, ortho, cardio, etc.
- 6 With experience, grow into a senior/consultant role or open your own clinic.

MAIN EXAMS

- NEET-UG: since 2025, the main basis for BPT admission in Rajasthan's government and affiliated institutes; RUHS conducts merit-cum-choice online counselling.
- Some private/deemed universities also admit via their own entrance test or Class 12 merit — always check the institute's notification.

5 Where to study

GOVERNMENT INSTITUTES

- Government Physiotherapy College, Dr. S.N. Medical College — Jodhpur (<https://education.rajasthan.gov.in/content/raj/education/dr--sampurnanand-medical-college--jodhpur/en/about-us/hospital/govt--physiotherapy-college.html>)
- RUHS — Physiotherapy UG (BPT) — Jaipur (<https://ruhsraj.org/physiotherapy-ug-courses/>)
- Indian Spinal Injuries Centre (ISIC) Institute of Rehabilitation Sciences — New Delhi

PRIVATE INSTITUTES

- Swasthya Kalyan College of Physiotherapy — Jaipur

- R.R. College of Physiotherapy — Jaipur
- Udaipur Institute of Physiotherapy and Paramedical Sciences — Udaipur

FEES

BPT fees are roughly ₹25,000–₹60,000 per year in government colleges and about ₹80,000–₹2 lakh per year in private colleges (varies by college and facilities).

SCHOLARSHIPS

- National Scholarship Portal (NSP) (<https://scholarships.gov.in/>)
- Rajasthan SJE Scholarships (<https://sje.rajasthan.gov.in/>)

6 What the work is like

WHERE YOU WORK

Hospitals, physiotherapy and rehabilitation centres, orthopaedic/neuro clinics, sports academies, elderly-care centres, home-visits and one's own private clinic.

WORK CULTURE

Work is largely on your feet and hands-on, with patient one-on-one sessions. Coordination with doctors and nurses is important, and empathy is the biggest strength.

WHO HIRES

- | | |
|--|--|
| • Government and private hospitals and multi-specialty healthcare chains | • Sports teams, academies and fitness/sports rehab centres |
| • Rehabilitation and elderly-care centres | • Orthopaedic and neurology clinics |
| • Home-care and online/tele-physiotherapy services | • Own physiotherapy clinic (self-employment) |

DEMAND (2026)

Demand for physiotherapists is rising fast in 2026 due to lifestyle diseases, road and sports injuries, an ageing population and post-surgery recovery. In Rajasthan there are good opportunities in government hospitals, private clinics and home-care, and strong demand abroad too.

7 Career growth

- 1 Junior/intern physiotherapist

- 2 Physiotherapist (staff/consulting)
- 3 Senior/specialist physiotherapist (sports, neuro, ortho)
- 4 Consultant / department head / own-clinic owner

EARNINGS

Starting	₹2.5-4 लाख/वर्ष
Mid level	₹5-8 लाख/वर्ष
Senior level	₹10-15+ लाख/वर्ष

Private-sector starting pay is lower but grows quickly; government jobs often start higher (₹5-7 lakh/yr). Own clinics and jobs abroad can pay considerably more (2026 estimate).

8 The good parts · The challenges

The good parts

- Satisfaction of directly improving lives by relieving pain
- Fast-growing demand and the option of self-employment/own clinic
- Diverse career options across hospitals, sports, home-care and abroad

The challenges

- Physically tiring — on your feet and hands-on all day
- Relatively low starting salary, especially in the private sector
- Slow patient recovery demands patience and emotional strength

9 Real-life journeys

Anuja Dalvi**First-ever female physiotherapist in the IPL (Rajasthan Royals)**

Anuja Dalvi loved both sport and medicine, so she combined them into a physiotherapy career. Starting with the Mumbai Cricket Association, she became the first-ever female physiotherapist in the IPL, working with Rajasthan Royals alongside stars like Jos Buttler and Ben Stokes.

Gulf News · <https://gulfnews.com/sport/cricket/ipl/ipl-2020-in-uae-meet-anuja-dalvi-the-only-female-physio-in-worlds-richest-t20-league-1.73925987>

Ishaan Marwaha**Personal physiotherapist to Olympic gold medallist Neeraj Chopra**

As a schoolboy Ishaan loved cricket, but an injury ended his playing dream — so he chose physiotherapy to stay in sport. Since 2017 he has been Neeraj Chopra's personal physio, nursing him back from elbow surgery all the way to Olympic gold.

The Quint (FIT) · <https://www.thequint.com/fit/flex-em/neeraj-chopra-physiotherapist-interview>

10 Sources & further reading

1. RUHS — Physiotherapy UG courses (official) — <https://ruhsraj.org/physiotherapy-ug-courses/>
2. Government Physiotherapy College, Jodhpur (official) — <https://education.rajasthan.gov.in/content/raj/education/dr--sampurna-nand-medical-college--jodhpur/en/about-us/hospital/govt--physiotherapy-college.html>
3. BPT (RUHS Jaipur): fees and admission info — <https://www.careers360.com/university/rajasthan-university-of-health-sciences-jai-pur/courses/bpt-idpg>
4. National Scholarship Portal — <https://scholarships.gov.in/>
5. National Career Service (NCS) — <https://www.ncs.gov.in/>

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