



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट · CAREER SHEET

मनोचिकित्सक

A psychiatrist is a doctor who, after MBBS, completes an MD in Psychiatry and diagnoses and treats mental illnesses with medicine and therapy. It is a respected and fast-growing mental-health field.



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/psychiatrist

राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

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श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

A psychiatrist is a doctor who, after MBBS, completes an MD in Psychiatry and diagnoses and treats mental illnesses with medicine and therapy. It is a respected and fast-growing mental-health field.

2 At a glance

Minimum qualification	MD Psychiatry after MBBS (via NEET and NEET PG)
Work mode	Hospitals, clinics and consulting rooms; private practice possible
Demand	Very high — mental-health awareness is rising but specialists are scarce
Top earning	Senior psychiatrists: ₹50 lakh–1 crore+/year

3 What you need

INTERESTS

- Helping others and listening to their troubles
- Understanding the human mind and behaviour
- Analysing problems and situations

ABILITIES

- Listening with patience and empathy
- Sharp observation and analytical thinking
- Staying emotionally stable and composed

KEY SKILLS

- Diagnosing mental disorders and clinical reasoning
- Psychotherapy and counselling
- Medication management (psychopharmacology)
- Effective communication with patients and families
- Confidentiality and medical ethics
- Crisis and suicide-risk management

4 How to get there

- 1 Take Science (Physics, Chemistry, Biology) in Class 11-12.
- 2 Clear NEET UG and complete the 4.5-year MBBS plus a one-year internship.
- 3 Register with the NMC/State Medical Council.
- 4 Clear NEET PG or INI-CET and pursue the 3-year MD Psychiatry.
- 5 Begin practice as a psychiatrist in a hospital or privately.

MAIN EXAMS

- NEET UG — national eligibility test for MBBS admission
- NEET PG — postgraduate (MD Psychiatry) entrance exam
- INI-CET — PG entry to top institutes like AIIMS/PGIMER

5 Where to study

GOVERNMENT INSTITUTES

- SMS Medical College — Jaipur (<https://medicaleducation.rajasthan.gov.in/smsjaipur/>)
- RUHS College of Medical Sciences — Jaipur (<https://ruhsraj.org/>)
- AIIMS Jodhpur — Jodhpur
- NIMHANS — Bengaluru (<https://nimhans.ac.in/>)
- AIIMS New Delhi — New Delhi (<https://www.aiims.edu/>)

PRIVATE INSTITUTES

- Mahatma Gandhi Medical College & Hospital — Jaipur (<https://www.mgumst.org/>)
- Christian Medical College (CMC) — Vellore (<https://www.cmch-vellore.edu/>)

ONLINE

- SWAYAM / NPTEL (psychiatry & psychology courses) — Distance (<https://swayam.gov.in/>)

FEES

MBBS+MD fees are roughly ₹25,000–90,000 per year in government colleges and up to ₹8–20 lakh per year in private colleges.

SCHOLARSHIPS

- National Scholarship Portal (NSP) (<https://scholarships.gov.in/>)
- Rajasthan SJE Scholarships (<https://sje.rajasthan.gov.in/>)
- Vidya Lakshmi (education loans) (<https://www.vidyalakshmi.co.in/>)
- Buddy4Study (<https://www.buddy4study.com/>)

6 What the work is like

WHERE YOU WORK

Government and private hospitals, mental-health clinics, universities, rehabilitation centres, prisons and own clinic.

WORK CULTURE

Consultation and team-based work; shifts are possible but with less emergency pressure than surgical departments.

WHO HIRES

- | | |
|---|---|
| • Government hospitals and mental-health institutes | • Private hospitals and mental-health clinics |
| • Own clinic / private practice | • Teaching and research in medical colleges |
| • NGOs, helplines and tele-mental-health services | • De-addiction and rehabilitation centres |

DEMAND (2026)

Mental-health awareness has risen sharply in India while psychiatrists remain severely short in number, so demand in 2026 is very high, especially in rural Rajasthan.

7 Career growth

- 1 MBBS student and intern
- 2 PG resident in psychiatry (MD)
- 3 Psychiatrist / consultant
- 4 Senior psychiatrist
- 5 Head of department, professor or own clinic

EARNINGS

Starting	₹8-12 लाख/वर्ष
Mid level	₹18-35 लाख/वर्ष
Senior level	₹50 लाख-1 करोड़+/वर्ष

Earnings depend on sector, location and government/private practice; these are 2026 estimates.

8 The good parts · The challenges

The good parts

- Satisfaction of easing mental suffering and changing lives
- A fast-growing field with strong earnings
- Less physical/emergency pressure than many other medical fields

The challenges

- Long training (MBBS + MD)
- Emotionally draining cases
- Facing social stigma around mental illness

9 Real-life journeys

Dr. Vikram Patel

Psychiatrist, global mental-health expert

Dr. Vikram Patel is a renowned Indian psychiatrist who co-founded the NGO Sangath in Goa and showed that trained lay health workers can deliver mental-health care in communities. Named among TIME's most influential people, he is today a professor at Harvard.

Wikipedia · https://en.wikipedia.org/wiki/Vikram_Patel

Dr. M. Sarada Menon

India's first woman psychiatrist, founder of SCARF

Dr. M. Sarada Menon was India's first woman psychiatrist. After studying at Madras Medical College she founded the Schizophrenia Research Foundation (SCARF) for the treatment and rehabilitation of the mentally ill, and was honoured with the Padma Bhushan for her service.

Wikipedia · https://en.wikipedia.org/wiki/M._Sarada_Menon

10 Sources & further reading

1. NEET official website (NTA) — <https://neet.nta.nic.in/>
2. NIMHANS — <https://nimhans.ac.in/>
3. Rajasthan University of Health Sciences (RUHS) — <https://ruhsraj.org/>
4. National Medical Commission (NMC) — <https://www.nmc.org.in/>
5. National Scholarship Portal — <https://scholarships.gov.in/>



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