



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट · CAREER SHEET

सार्वजनिक स्वास्थ्य अधिकारी

A Public Health Officer protects community health-by investigating disease outbreaks, monitoring health data, raising awareness and shaping policy. They may work in both research and administration.



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/public-health-officer

राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

Govt. Sr. Sec. School, Jethantri · ब्लॉक समदड़ी · बालोतरा (Block Samdari · Balotra)

www.gsssjethantri.in · career.gsssjethantri.in



सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी · मास्टर ट्रेनर
Principal, GSSS Jethantri · Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

A Public Health Officer protects community health-by investigating disease outbreaks, monitoring health data, raising awareness and shaping policy. They may work in both research and administration.

2 At a glance

Minimum qualification	MPH or health administration
Core skill	Data & community health
Starting salary	INR 4-7 LPA
Sector	Govt, NGOs, WHO/UN

3 What you need

INTERESTS

- Interest in society and community welfare
- Interest in data and health issues
- Comfortable talking to all kinds of people

ABILITIES

- Practical, organised thinking
- Clear communication and outreach
- Leadership and team management

KEY SKILLS

- Understanding of epidemiology
- Programme and policy planning
- Team and resource management
- Health data collection and analysis
- Community awareness and education
- Reporting and coordination skills

4 How to get there

- 1 Complete Class 12 (science preferred)
- 2 Do a Bachelor's in life/health/social sciences
- 3 Do an MPH or Master's/Diploma in public health
- 4 Gain field/internship experience
- 5 Apply via govt exams or NGO/UN roles

MAIN EXAMS

- CUET-PG / institute MPH entrance
- UPSC/RPSC (for govt health admin posts)

5 Where to study

GOVERNMENT INSTITUTES

- SMS Medical College (Community Medicine) — Jaipur, Rajasthan
- AIIMS Jodhpur (Community & Family Medicine) — Jodhpur, Rajasthan
- AIIMS New Delhi (Centre for Community Medicine) — New Delhi (<https://www.aiims.edu>)

PRIVATE INSTITUTES

- TISS (School of Health Systems Studies) — Mumbai, Maharashtra (<https://www.tiss.edu>)
- Manipal (MAHE) Public Health — Manipal, Karnataka (<https://manipal.edu>)
- Hamdard Institute (HIMSR) — New Delhi

ONLINE

- Coursera (Public Health) — Online (<https://www.coursera.org>)
- IGNOU (सार्वजनिक स्वास्थ्य) — Online (<https://www.ignou.ac.in>)

FEES

Government fees are about INR 8,000-50,000 per year; private and premier MPH programmes up to INR 1-6 LPA. Many online public-health courses are free too.

SCHOLARSHIPS

- National Scholarship Portal (NSP) (<https://scholarships.gov.in>)
- Buddy4Study (<https://www.buddy4study.com>)

- Rajasthan SJE Scholarship Portal (<https://sje.rajasthan.gov.in>)
- Vidya Lakshmi Education Loan Portal (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Government health departments, hospitals, dispensaries, NGOs, WHO/UNICEF and research institutes.

WORK CULTURE

Not fully a desk job; involves supervising teams and local travel. About 6 days a week, 8-10 hours.

WHO HIRES

- Rajasthan Medical & Health Department
- International bodies like WHO, UNICEF
- Public health NGOs and foundations
- National Health Mission (NHM)
- PHFI and health research institutes
- Hospitals and pharmaceutical companies

DEMAND (2026)

After COVID, demand for public-health specialists has grown sharply by 2026; there are steady openings in government, NGOs and international agencies.

7 Career growth

- 1 Health Worker / Officer
- 2 Public Health Officer
- 3 Senior Health Officer
- 4 Chief Health Officer / Director

EARNINGS

Starting	₹4–7 LPA
Mid level	₹8–15 LPA
Senior level	₹18–30 LPA

Figures are indicative and vary with government pay scales, NGO and international roles (2026).

8 The good parts · The challenges

The good parts

- Large-scale impact on society
- Varied fields-govt, NGO, UN
- A non-clinical health career option

The challenges

- Government processes can be slow
- Field travel and high-pressure work
- Limited pay at entry level

9 Real-life journeys

Dr. K. Srinath Reddy

Founding President, Public Health Foundation of India

Dr. K. Srinath Reddy was a cardiologist who moved into public health and founded the Public Health Foundation of India (PHFI). He taught at AIIMS and shaped India's health policy and prevention of non-communicable diseases.

Wikipedia · https://en.wikipedia.org/wiki/K._Srinath_Reddy

Nanjundachar Sumana

Public Health Specialist & co-founder, TaHB

After studying at JSS Medical College, Mysuru, Nanjundachar Sumana studied public health in the US and co-founded 'Train and Help Babies' (TaHB) in 2015. Her NGO trains doctors and nurses and supports government hospitals.

The Hindu · <https://www.thehindu.com/news/national/karnataka/nri-couple-from-state-training-doctors-nurses/article24223951.ece>

10 Sources & further reading

1. Rajasthan Career Guidance (source) — <https://cg.rajasthan.gov.in/careerguidance/hi/career/%e0%a4%b8%e0%a4%be%e0%a4%b0%e0%a5%8d%e0%a4%b5%e0%a4%9c%e0%a4%a8%e0%a4%bf%e0%a4%95-%e0%a4%b8%e0%a5%8d%e0%a4%b5%e0%a4%be%e0%a4%b8%e0%a5%8d%e0%a4%a5%e0%a5%8d%e0%a4%af-%e0%a4%85%e0%a4%a7%e0%a4%bf%e0%a4%95/>
2. National Health Mission — <https://nhm.gov.in>
3. Public Health Foundation of India — <https://phfi.org>
4. National Scholarship Portal — <https://scholarships.gov.in>



And 770+ more careers — the whole portal

Interest and aptitude tests, government jobs, skill courses and a CV builder — free, no login, and it works offline.

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