



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट · CAREER SHEET

बाल विकास विशेषज्ञ

Child development specialists assess children's physical, cognitive and social development from birth to adolescence and guide families, schools and agencies. They especially support children with developmental delays or...



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/socst-4569

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सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी · मास्टर ट्रेनर
Principal, GSSS Jethantri · Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

Child development specialists assess children's physical, cognitive and social development from birth to adolescence and guide families, schools and agencies. They especially support children with developmental delays or difficulties.

2 At a glance

Minimum qualification	Class 12 (any stream) + bachelor's in child development/child psychology/early childhood education
Work mode	In schools, clinics and centres; full or part-time, some evenings/weekends
Demand	High - fast growth in early childhood and inclusive education after NEP
Top earning	₹1.5 lakh+/month at senior specialist/director level

3 What you need

INTERESTS

- Spending time with and understanding children
- Interest in psychology and education
- Desire to help and care for others

ABILITIES

- Comfort and patience with children
- Skilled communication
- Attention to detail and behaviour

KEY SKILLS

- Deep understanding of child development stages
- Parent counselling and guidance
- Understanding of inclusive education and special needs
- Developmental assessment and screening
- Play-based teaching and therapy techniques
- Report writing and case documentation

4 How to get there

- 1 Complete Class 12 in any stream; home science/psychology helps.
- 2 Do a bachelor's in child development, child psychology or early childhood education.
- 3 Pursue a master's or PG diploma in human development/child development.
- 4 Gain internship/field experience at childcare centres, schools or clinics.
- 5 Apply to Anganwadi/ICDS programmes, schools, NGOs or hospitals; PhD is an option for research.

MAIN EXAMS

- CUET (UG/PG) for admission to central universities
- UGC NET (home science/psychology) for teaching and research

5 Where to study

GOVERNMENT INSTITUTES

- University of Rajasthan (Home Science - Human Development) — Jaipur, Rajasthan
- College of Community & Applied Sciences, MPUAT — Udaipur, Rajasthan
- Lady Irwin College, University of Delhi — New Delhi
- Dr. B.R. Ambedkar University (CECED) — New Delhi
- Maharaja Sayajirao University of Baroda — Vadodara, Gujarat

PRIVATE INSTITUTES

- Banasthali Vidyapith (Home Science) — Tonk, Rajasthan
- The IIS University (Home Science) — Jaipur, Rajasthan
- Azim Premji University — Bengaluru, Karnataka

ONLINE

- IGNOU (Diploma/Certificate in Early Childhood Care & Education) — Distance education

FEES

Course fees roughly ₹2,400 to ₹1,50,000; much lower at government universities and IGNOU. Varies by institute.

SCHOLARSHIPS

- National Scholarship Portal (<https://scholarships.gov.in>)
- Rajasthan CM Higher Education Scholarship (HTE) (<https://hte.rajasthan.gov.in>)
- Vidya Lakshmi Education Loan Portal (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Pre-primary and primary schools, childcare centres, Anganwadi/ICDS, hospitals and clinics, NGOs and private practice.

WORK CULTURE

Mostly with children from birth to age 5; full or part-time, sometimes evenings/weekends. Opportunities exist for persons with disabilities.

WHO HIRES

- | | |
|---|--|
| • Department of Women & Child Development, Rajasthan (ICDS) | • Government and private schools, preschool chains |
| • Child development centres and hospitals | • NGOs - Pratham, Save the Children, UNICEF projects |
| • Ed-tech and toy/curriculum companies | • Universities and research institutes |

DEMAND (2026)

Demand for trained child development specialists is high in 2026, driven by NEP's focus on early childhood education, nutrition missions and inclusive education.

7 Career growth

1

Programme coordinator

- 2 Programme specialist
- 3 Programme manager
- 4 Assistant/Associate director

EARNINGS

Starting	₹25,000-40,000
Mid level	₹50,000-80,000
Senior level	₹90,000-1,50,000

Pay depends on the organisation - fixed scales in government programmes and schools, higher in metro clinics and international organisations.

8 The good parts · The challenges

The good parts

- Meaningful work shaping children's lives
- Growing opportunities in both education and health
- Option of private practice and consultancy

The challenges

- Emotionally demanding cases
- Modest starting pay in smaller towns
- Pressure of parents' expectations

9 Real-life journeys

Dr. Samir Dalwai

Developmental paediatrician - founder of New Horizons Child Development Centre

Dr. Samir Dalwai founded New Horizons Child Development Centre in Mumbai in 2003, where an interdisciplinary team has helped thousands of children with autism and developmental difficulties.

New Horizons CDC · <https://www.newhorizonscdc.in/about-us/>

Dr. Monimalika Day**Professor, School of Education Studies - Ambedkar University Delhi**

Dr. Monimalika Day began by helping set up a drop-in centre for 300 street-dwelling children in Kolkata and today teaches and researches early childhood and inclusive education at Ambedkar University Delhi.

Samuhik Pahal (Wipro Foundation) · <https://samuhikpahal.org/interviews/promoting-inclusion-in-ecce-challenges-strategies-and-pathways-to-develop-inclusive-classrooms/>

10 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- Social Worker
- Supervisor (Women Empowerment) — Directorate of Women Empowerment, Rajasthan
- Anganwadi Worker & Helper — Women & Child Development Department, Rajasthan

11 Sources & further reading

1. Rajasthan Career Guidance portal - Child Development Specialist page — <https://cg.rajasthan.gov.in/careerguidance/hi/career/child-development-specialist-%e0%a4%ac%e0%a4%be%e0%a4%b2-%e0%a4%b5%e0%a4%bf%e0%a4%95%e0%a4%be%e0%a4%b8-%e0%a4%b5%e0%a4%bf%e0%a4%b6%e0%a5%87%e0%a4%b7%e0%a4%9c%e0%a5%8d%e0%a4%9e/>
2. National Career Service portal — <https://www.ncs.gov.in>
3. National Scholarship Portal — <https://scholarships.gov.in>
4. UGC - list of recognised universities — <https://www.ugc.gov.in>
5. NIRF institute rankings — <https://www.nirfindia.org>

**And 770+ more careers — the whole portal**

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