



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट · CAREER SHEET

सामाजिक कार्यकर्ता

Professional social workers, trained through BSW/MSW, do casework, counselling and project management in child protection, health, women's welfare and community development. It is a formally trained profession, not just goodwill.



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/socst-4575

राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

Govt. Sr. Sec. School, Jethantri · ब्लॉक समदड़ी · बालोतरा (Block Samdari · Balotra)

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सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी · मास्टर ट्रेनर
Principal, GSSS Jethantri · Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

Professional social workers, trained through BSW/MSW, do casework, counselling and project management in child protection, health, women's welfare and community development. It is a formally trained profession, not just goodwill.

2 At a glance

Minimum qualification	Class 12 + BSW, or any degree + MSW
Work mode	Field-heavy - in communities, hospitals, institutions; some office work
Demand	High - in child protection, health and CSR projects
Top earning	₹1.5 lakh+/month as programme director/CSR head

3 What you need

INTERESTS

- Deep interest in helping people and communities
- Curiosity to understand different communities and cultures
- Like analysing social problems

ABILITIES

- Skilled communication and empathy
- Ability to organise teams and communities
- Patience and balance in difficult situations

KEY SKILLS

- Methods of casework, group work and community organisation
- Knowledge of child protection laws - JJ Act, POCSO
- Basic counselling techniques
- Knowledge of government schemes and entitlements

- Writing project proposals, budgets and reports
- Monitoring-evaluation and data collection
- Effective communication in the local language

4 How to get there

- 1 Complete Class 12 in any stream.
- 2 Do a BSW, or any degree followed by an MSW.
- 3 Pick an MSW specialisation - medical, child, rural or HR.
- 4 Take fieldwork and internships during the course seriously.
- 5 Start with a job in an NGO, hospital or government project.
- 6 With experience, move into project management, CSR or research.

MAIN EXAMS

- CUET UG/PG for university admission
- Institute tests like TISS-NET for MSW admission
- UGC-NET (Social Work) for teaching and research
- RPSC/staff selection for department posts like Women & Child Development

5 Where to study

GOVERNMENT INSTITUTES

- University of Rajasthan — Jaipur, Rajasthan
- Mohanlal Sukhadia University — Udaipur, Rajasthan
- Jamia Millia Islamia — New Delhi
- University of Delhi (Dept. of Social Work) — Delhi
- Banaras Hindu University — Varanasi, Uttar Pradesh

PRIVATE INSTITUTES

- Udaipur School of Social Work, Janardan Rai Nagar Rajasthan Vidyapeeth — Udaipur, Rajasthan
- Tata Institute of Social Sciences (TISS) — Mumbai, Maharashtra
- Banasthali Vidyapith — Tonk, Rajasthan
- NIMS University — Jaipur, Rajasthan

ONLINE

- IGNOU (BSW/MSW) — Distance education

FEES

Course fees roughly ₹6,000 to ₹2,00,000; much lower at government universities and IGNOU. Varies by institute.

SCHOLARSHIPS

- National Scholarship Portal (<https://scholarships.gov.in>)
- Vidya Lakshmi Education Loan Portal (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

NGOs, hospitals, child welfare committees, schools, mental health centres, CSR foundations and government projects.

WORK CULTURE

Office plus regular fieldwork; settings vary by specialisation - hospital, community or institution. Emotionally demanding but meaningful. Opportunities exist for persons with disabilities.

WHO HIRES

- Department of Women & Child Development, Rajasthan
- Hospitals - medical and psychiatric social work
- UNICEF and international development agencies
- NGOs - Goonj, Prerana, Save the Children
- CSR foundations - Tata Trusts, Vedanta, Adani Foundation
- Child care homes and rehabilitation institutions

DEMAND (2026)

Expanding child protection systems, mental health programmes and mandatory CSR spending keep demand for trained MSW professionals high in 2026.

7 Career growth

- 1 Field intern/caseworker
- 2 Project associate/counsellor
- 3 Project manager

4 Programme director/policy head

EARNINGS

Starting	₹12,000-22,000
Mid level	₹30,000-60,000
Senior level	₹70,000-1,50,000

Starting pay is modest in small organisations; an MSW from institutes like TISS and roles in CSR/international agencies pay much better.

8 The good parts · The challenges

The good parts

- Meaningful profession that changes vulnerable lives
- Wide variety of specialisations and sectors
- Growing professional openings in CSR and development

The challenges

- Low starting pay and project-based uncertainty
- Emotional fatigue and difficult situations
- Long, irregular hours in the field

9 Real-life journeys

Anshu Gupta

Founder, Goonj - Ramon Magsaysay Award winner

Middle-class-born Anshu Gupta left a corporate job to start Goonj in 1999, turning old clothes into a tool for rural development with dignity; he won the Magsaysay Award in 2015.

Wikipedia · https://en.wikipedia.org/wiki/Anshu_Gupta

Priti Patkar

Co-founder, Prerana - pioneering social worker in child protection

Trained in social work, Priti Patkar founded Prerana in Mumbai's red-light area and started the world's first night care centre for sex workers' children.

Wikipedia · https://en.wikipedia.org/wiki/Priti_Patkar

10 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- Child Development Specialist
- Supervisor (Women Empowerment) — Directorate of Women Empowerment, Rajasthan
- Anganwadi Worker & Helper — Women & Child Development Department, Rajasthan

11 Sources & further reading

1. Rajasthan Career Guidance portal - official career page — <https://cg.rajasthan.gov.in/careerguidance/hi/career/social-worker-%e0%a4%b8%e0%a4%be%e0%a4%ae%e0%a4%be%e0%a4%9c%e0%a4%bf%e0%a4%95-%e0%a4%95%e0%a4%be%e0%a4%b0%e0%a5%8d%e0%a4%af%e0%a4%95%e0%a4%b0%e0%a5%8d%e0%a4%a4%e0%a4%be/>
2. National Career Service - career information — <https://www.ncs.gov.in>
3. National Scholarship Portal — <https://scholarships.gov.in>



And 770+ more careers — the whole portal

Interest and aptitude tests, government jobs, skill courses and a CV builder — free, no login, and it works offline.

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