



पर्यवेक्षक — महिला अधिकारिता (महिला अधिकारिता निदेशालय, राजस्थान)

The Supervisor at the Directorate of Women Empowerment runs the machinery that reaches women facing violence, child marriage, dowry and discrimination — the Mahila Suraksha evam Salah Kendras, the Sakhi One Stop Centres, the...



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करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। • An independent project based on the Government's official career-guidance content.

1 About this career

The Supervisor at the Directorate of Women Empowerment runs the machinery that reaches women facing violence, child marriage, dowry and discrimination — the Mahila Suraksha evam Salah Kendras, the Sakhi One Stop Centres, the women's helpline and the field structure of Saathin workers. The work covers counselling, following cases through, implementing the department's schemes and supervising the workers on the ground. The qualification is straightforward and generous — a degree in any subject, an age band of 18 to 40, and the whole cadre filled by direct recruitment. This post is not the anganwadi one: that Supervisor belongs to Integrated Child Development, where half the posts are reserved for serving Anganwadi Workers.

2 At a glance

Minimum qualification	Graduation in any subject + a qualified CET Graduate Level score
Recruiting body	Rajasthan Staff Selection Board (RSSB), Jaipur
Age limit	18 attained and 40 not attained — the upper limit is relaxed for reserved categories and for women (detail below)
Starting salary	Pay matrix level not officially confirmed — see the advertisement
Demand	100% of the posts by direct recruitment; a full advertisement was issued in 2024

3 What you need

INTERESTS

- Work in the field of women's rights and safety
- Counselling, and listening to people's problems
- Trying to bring about change at the community level

ABILITIES

- Speaking to a woman in crisis with sensitivity and confidentiality
- Staying organised in case records and follow-up
- Staying calm in a tense and sometimes confrontational situation

KEY SKILLS

- A working knowledge of the Protection of Women from Domestic Violence Act, 2005
- Counselling technique and case management
- Running the Sakhi One Stop Centre and the women's helpline
- Case entry and reporting on the departmental portal
- Knowledge of the child marriage and dowry prohibition laws
- Coordinating with the police, the legal services authority and hospitals
- Supervising and training Saathins and field workers

4 How to get there

- 1 Pass Class 12 in any stream.
- 2 Complete graduation in any subject — the rules ask only for a graduate of a University established by law in India. Social work, law, psychology or sociology make both the work and later promotion easier.
- 3 Qualify the RSB CET Graduate Level examination; the score stays valid for 3 years.
- 4 Apply online through the SSO portal when the advertisement is issued, and take the written examination. The board issued a full advertisement for this post in 2024.
- 5 After document verification, join at a district women empowerment office or a Sakhi One Stop Centre.
- 6 While in service, complete a Master of Social Work (MSW) — that is the qualification the rules require for promotion above this post.

MAIN EXAMS

- CET Graduate Level (RSB) — the Supervisor of the Women Empowerment Subordinate Service is named in Schedule-I of the CET Rules 2022. The score stays valid for 3 years.
- The Supervisor (Women Empowerment) written examination — the marking scheme, duration and syllabus are published in that cycle's advertisement. The board issued a full advertisement for this post in 2024.

- One caution — the examination scheme and syllabus in Schedule-III of these same rules is for the post of Protection Officer, not for Supervisor. Do not prepare from it; read the Supervisor syllabus in the advertisement.
- Relaxation in the upper age limit — 5 years for male candidates of the Scheduled Castes, Scheduled Tribes, Backward Classes, More Backward Classes and Economically Weaker Sections; 5 years for women candidates of the General category; and 10 years for women candidates of those same categories. Which means plainly that the bare figure printed against a post understates a reserved-category woman's eligibility by a decade — if you are in that category, work out your eligibility only after adding the relaxation. In Rajasthan, 30% of the posts in direct recruitment are reserved category-wise for women candidates. Widows and divorced women have no upper age limit at all — the rules say it in those words. It is Rule 13(9) of the Rajasthan State and Subordinate Services (Direct Recruitment by Combined Competitive Examination) Rules 1999, it appears again as the same proviso in the Rajasthan Medical & Health Subordinate Service Rules, and RPSC advertisements reproduce it. A widow must furnish a certificate of the death of her husband from the competent authority, and a divorced woman the proof of divorce. The exact terms of relaxation and reservation are given in that recruitment's own advertisement.

5 Where to study

GOVERNMENT INSTITUTES

- Government colleges of Rajasthan — graduation in any faculty — In every district (<https://hte.rajasthan.gov.in/>)
- Government colleges and universities offering MSW — for promotion later — Jaipur, Jodhpur, Udaipur and other universities (<https://www.uniraj.ac.in/>)
- Sakhi One Stop Centres — the work seen from inside, before you supervise it — Every district headquarters

ONLINE

- महिला अधिकारिता निदेशालय, राजस्थान — The department this post belongs to — schemes, centres and the helpline (<https://wcd.rajasthan.gov.in/>)
- घरेलू हिंसा से महिलाओं का संरक्षण अधिनियम, 2005 — मूल पाठ — Free, on the Government of India law portal (<https://www.indiacode.nic.in/>)
- राष्ट्रीय महिला हेल्पलाइन 181 एवं सखी योजना की जानकारी — For understanding how the scheme is structured (<https://wcd.gov.in/>)
- आर.एस.एस.बी. — पिछले प्रश्न-पत्र, उत्तर कुंजी व पाठ्यक्रम (निःशुल्क) — The Staff Selection Board's own site — the most reliable free preparation material there is (https://rsmssb.rajasthan.gov.in/show_archived?menuName=Xj4lCb9vGxpQnfLs%2FxlZ2g%3D%3D)
- विभागीय सेवा नियम (कार्मिक विभाग) — पद की योग्यता व आयु मूल दस्तावेज़ में पढ़ें — The Department of Personnel publishes the service rules for every cadre. Read these before any coaching material — qualification, age and the method of recruitment are settled here and nowhere else. (<https://dop.rajasthan.gov.in/>)
- स्वयं (SWAYAM) — भारत सरकार के निःशुल्क ऑनलाइन कोर्स — Free (<https://swayam.gov.in/>)
- राष्ट्रीय डिजिटल पुस्तकालय (NDLI) — Free books and study material (<https://ndl.iitkgp.ac.in/>)
- एन.सी.ई.आर.टी. — निःशुल्क पाठ्यपुस्तकें — The foundation for general knowledge, maths and science (<https://ncert.nic.in/>)

FEES

Graduation at a government college costs roughly Rs 3,000 - 15,000 a year. CET and the written examination cost a few hundred rupees, with a concession for reserved categories. No expensive professional course is needed to enter — the MSW is for promotion later, not for entry, and it can be done while in service.

SCHOLARSHIPS

- Mukhyamantri Anuprati Coaching Yojana (free coaching, apply via SSO) (<https://sso.rajasthan.gov.in/signin>)
- Rajasthan Social Justice and Empowerment Dept scholarships (<https://sje.rajasthan.gov.in/>)
- National Scholarship Portal (NSP) (<https://scholarships.gov.in/>)
- Buddy4Study scholarship search (<https://www.buddy4study.com>)

6 What the work is like

WHERE YOU WORK

District women empowerment offices, Sakhi One Stop Centres, Mahila Suraksha evam Salah Kendras, the helpline room, and field tours village by village with the Saathin workers. Some of the work also happens at police stations, hospitals and court premises.

WORK CULTURE

This is emotionally demanding work. A case of a woman in violence or crisis can arrive at any hour, and it means coordinating between the police, the hospital and the family at once. There can be pressure from a family or a community, so firmness and confidentiality are both necessary. What you hear does not put itself down — looking after your own mental health is part of the skill of this job. On the other side, work done in this post sometimes changes the direction of someone's life, and very few jobs offer that.

WHO HIRES

- Directorate of Women Empowerment, Government of Rajasthan
- Mahila Suraksha evam Salah Kendras
- District women and child development offices
- Sakhi One Stop Centres — in every district
- The women's helpline and the units of the Indira Mahila Shakti scheme
- The Saathin programme and women's self-help group programmes

DEMAND (2026)

The women's safety structure in the state has steadily grown — Sakhi One Stop Centres now exist in every district and the helpline's reach has widened, so supervisory posts continue to be needed. Under the service rules this post is filled 100% by direct recruitment, so the whole cadre is open to outside candidates — an important difference from the anganwadi Supervisor post, where half the posts are reserved for serving workers. The board issued a full advertisement for this post in 2024. The cadre is not very large, so the recruitment does not come round every year. One thing to be clear about — the "demand" described above counts posts, not your chance of getting one. Selection is by open competition and the number of applicants runs to many times the number of posts, so most candidates are not selected in any given recruitment. That is not an argument against this career; it is an argument against making it your only plan. Keep studying or building a skill alongside your preparation, so that the year is not lost whichever way the result goes.

7 Career growth

- 1 Supervisor (Women Empowerment) — posted to a district office or a Sakhi centre
- 2 The post above — the rules require a Master of Social Work (MSW) and 7 years on this post
- 3 Protection Officer and district-level supervisory posts
- 4 Assistant Director and above, through promotion

EARNINGS

Starting	विज्ञप्ति में घोषित पे मैट्रिक्स स्तर के अनुसार
Mid level	₹35,000 – ₹45,000 (भत्तों सहित, कुछ वर्षों बाद)
Senior level	₹50,000 से अधिक (भत्तों सहित, पदोन्नति के बाद)

A travelling allowance is payable separately for field tours. One thing to plan around — promotion above this post is tied to the MSW, so completing that degree while in service connects directly to a rise in pay. The starting figure is BASIC PAY, so that it can be compared directly against other careers. Dearness allowance (60% of basic since 1 January 2026) and house rent allowance are added on top of it, so take-home pay is appreciably higher. The mid-level and senior figures are approximate monthly income including allowances, not basic pay. Note — in Rajasthan a direct recruit is a probationer-trainee for the first 2 years and is paid a fixed remuneration, not the pay scale; dearness allowance and house rent allowance are not payable in those two years (Rajasthan Service Rules, rule 7(30A)). The full pay scale applies once probation is completed. The pay matrix level for this post could not be confirmed on this page from an official document — it is not in the service rules and not in the CET Rules 2022 schedule. No level is therefore stated here. The correct figure is printed in the official advertisement for the recruitment; check it there before applying. The figures above rest on the Rajasthan 7th pay matrix, which is what applies as of 17 August 2026. The Terms of Reference of the 8th Central Pay Commission were approved on 28 October 2025 and it must report within 18 months of its constitution. State governments normally adopt a Central Pay Commission with modifications, and later than the Centre does — so Rajasthan pay will be revised too, though by how much and when is not yet settled.

8 The good parts · The challenges

The good parts

- Any graduate is eligible and 100% of the posts go by direct recruitment — the whole cadre is open
- An age band of 18 to 40 — far more generous than several posts on this portal
- Meaningful work whose effect shows directly in a woman's life

The challenges

- Emotionally heavy work — cases of violence and crisis come up daily
- A call can come at any hour; the working day is not always fixed
- The cadre is small, so the recruitment comes round only after gaps of years

9 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- Child Development Specialist
- Social Worker
- Anganwadi Worker & Helper — Women & Child Development Department, Rajasthan

10 Sources & further reading

1. Rajasthan Women Empowerment (State and Subordinate) Service Rules, 2017 (Department of Personnel) — <https://dop.rajasthan.gov.in/writereaddata/modulCategory/20230201011210070932512WomanEmpowerment2017.pdf>
2. CET Rules 2022 — Supervisor (Women Empowerment) in Schedule-I — https://dop.rajasthan.gov.in/writereaddata/modulCategory/202307180332158017147CET-18-7-2023_merged.pdf
3. Women and Child Development Department, Government of Rajasthan — <https://wcd.rajasthan.gov.in/>
4. Rajasthan Staff Selection Board (official) — <https://rssb.rajasthan.gov.in/>
5. Department of Personnel, Rajasthan — service rules — <https://dop.rajasthan.gov.in/>
6. 8th Central Pay Commission — Cabinet approval of the Terms of Reference (PIB, 28 October 2025) — <https://www.pib.gov.in/PressReleasePage.aspx?PRID=2183289>



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