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करियर मार्गदर्शन पोर्टल · Career Guidance Portal

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करियर शीट · CAREER SHEET

सहायक सौंदर्य थेरेपिस्ट

An Assistant Beauty Therapist provides entry-level skin-care services in salons and spas — such as facials, clean-ups, scrubs, manicure-pedicure, waxing, threading and basic skin treatments. They read a client's skin to pick the...



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श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

An Assistant Beauty Therapist provides entry-level skin-care services in salons and spas — such as facials, clean-ups, scrubs, manicure-pedicure, waxing, threading and basic skin treatments. They read a client's skin to pick the right products and techniques, assist senior therapists, keep tools and products ready, follow hygiene and safety rules, and help maintain the salon. It is a creative, people-facing role in the fast-growing beauty and wellness industry, offering both steady jobs and self-employment.

2 At a glance

Minimum qualification	Class 8/10 pass + age 14 (NSQF Level 3)
Course duration	About 3–6 months
Starting salary	₹10,000–15,000/month
Work mode	Salon/spa job or own parlour

3 What you need

INTERESTS

- Interest in personal beauty, skincare and hygiene
- Creative, artistic mindset and love for learning new beauty trends
- Enjoy meeting people and caring for them

ABILITIES

- Steady hands, precision and attention to detail
- Friendly, patient personality and good communication
- Physical stamina to work while standing for long hours

KEY SKILLS

- Performing facials, clean-ups, scrubs and basic skin treatments
- Identifying skin types and choosing the right products and techniques

- Manicure, pedicure, waxing and threading
- Following hygiene, sanitisation and safety protocols
- Preparing tools and products and checking stock
- Customer service, consultation and good conduct
- Basic billing and promotion via social media

4 How to get there

- 1 After passing Class 8 and reaching age 14, enrol in the NSQF Level 3 'Assistant Beauty Therapist' course; Class 10 pass candidates can also join.
- 2 Choose a Beauty & Wellness Sector Skill Council (B&WSSC)/NSDC-affiliated centre, ITI or PMKVY centre.
- 3 Practise facials, skincare, manicure-pedicure and hygiene hands-on.
- 4 Gain experience as an assistant in a salon or spa and learn from senior therapists.
- 5 With experience, become a beauty therapist, specialise (skin/makeup) or open your own parlour.
- 6 In Rajasthan, RSLDC/PMKVY centres also offer free training and placement support.

5 Where to study

GOVERNMENT INSTITUTES

- राजस्थान कौशल एवं आजीविका विकास निगम (RSLDC) — Jaipur, Rajasthan (<https://livelihoods.rajasthan.gov.in/rsldc/>)
- राष्ट्रीय कौशल विकास निगम (NSDC) – प्रशिक्षण केंद्र — All-India network incl. Rajasthan (<https://www.nsdcindia.org/find-nsdc-training-centre>)
- जन शिक्षण संस्थान (JSS) — Various districts of Rajasthan (<https://nsdcindia.org/find-nsdc-training-centre-jss/>)
- एनआईओएस व्यावसायिक प्रशिक्षण केंद्र — Online / locate nearest centre (<https://voc.nios.ac.in/registration/locate-study-centre>)

PRIVATE INSTITUTES

- Lakmé Academy — Jaipur & other Rajasthan cities (<https://www.lakme-academy.com/>)
- Orane International Beauty Academy — Jaipur, Kota, Udaipur (Rajasthan) (<https://orane.com/>)
- VLCC Institute of Beauty & Nutrition — Jaipur & all-India (<https://www.vlccinstitute.com/>)

ONLINE

- स्किल इंडिया डिजिटल – Assistant Beauty Therapist कोर्स — Online (<https://www.skillindiadigital.gov.in/courses/detail/0b9620a3-7542-4f8c-9789-376e13d9aa3d>)
- ब्यूटी एंड वेलनेस सेक्टर स्किल काउंसिल (B&WSSC) — Online (<https://www.bwssc.in/>)

FEES

Under most government schemes (NSDC, B&WSSC, RSLDC, PMKVY) this course is free or very low-cost. Basic beauty/skin-therapy courses at private academies like Lakmé, VLCC and Orane can cost roughly ₹15,000–60,000.

SCHOLARSHIPS

- राष्ट्रीय छात्रवृत्ति पोर्टल (NSP) (<https://scholarships.gov.in/fresh/onlineInstituteSearchIndex>)
- Buddy4Study – ITI/Vocational Scholarships (<https://www.buddy4study.com/article/iti-scholarships>)
- SJE Rajasthan – छात्रवृत्ति योजनाएँ (<https://sje.rajasthan.gov.in/>)

6 What the work is like

WHERE YOU WORK

Beauty salons, spas, wellness centres, bridal studios, hotel spas and home-service beauty aggregators; many also open their own beauty parlour.

WORK CULTURE

Demand rises around weddings, festivals and seasons, so hours are flexible and weekends are busy; most work is done standing. The field is a strong route to empowerment especially for women, and also offers opportunities for persons with disabilities.

WHO HIRES

- | | |
|---|--|
| • Lakmé Salon & Academy | • VLCC Wellness & Beauty centres |
| • Naturals salon chain | • Enrich Salon and other spa-salon chains |
| • Local beauty parlours, hotel spas and home-service aggregators (e.g. Urban Company) | • Self-employment — own beauty parlour or freelance bridal/skin services |

DEMAND (2026)

India's beauty and wellness industry is growing fast and spreading to smaller towns, so demand for skilled beauty therapists stays strong. Salon-spa chains, bridal services and home-service apps keep hiring young people, and self-employment is easy through a low-capital home parlour — making it an attractive, stable career for women and youth.

7 Career growth

- 1 Assistant Beauty Therapist
- 2 Beauty Therapist / Beautician
- 3 Senior Therapist / Salon Manager
- 4 Own salon/parlour owner or trainer

EARNINGS

Starting	₹10,000–15,000/माह
Mid level	₹18,000–30,000/माह
Senior level	₹35,000–60,000+/माह

Per government NCS data, a fresher Assistant Beauty Therapist earns about ₹8,000–10,000/month and ₹15,000–20,000/month with 2–3 years' experience. 2026 industry data shows skilled beauty therapists and salon professionals earn more; income rises sharply with an own parlour or bridal/skin specialisation. Pay depends on city, salon and skill.

8 The good parts · The challenges**The good parts**

- Both job and self-employment opportunities in a fast-growing beauty industry
- An own parlour can be started from home with little capital
- Creative, people-facing work and a route to empowerment for women

The challenges

- Pay can be low and hours long at the entry level
- Long hours standing and exposure to chemicals/products
- Work pressure and weekend duty during seasons, weddings and festivals

9 Real-life journeys

Monisha Chhabra

Founder, Monalisa Beauty Salon & Monalisa Institute of Beauty Culture, Ujjain

Monisha Chhabra of Ujjain (Madhya Pradesh) trained in makeup and beauty for six months in Mumbai at the age of 40, then returned and in 1980 started 'Monalisa Beauty Salon' single-handedly with just a ₹10,000 bank loan — at a time when society looked down on salon work. In 1986 she founded the 'Monalisa Institute of Beauty Culture' and has since trained over 25,000 women in beauty therapy to become self-reliant, many of whom went on to open their own salons. Still active at 85, she is an inspiration to every girl who wants to build a self-reliant career in beauty through hard work and skill.

The Better India · <https://thebetterindia.com/333328/ujjain-beautician-monisha-chhabra-broke-makeup-taboos-empowered-women/>

Younis Ahmad Sheikh

Beauty/skin professional & salon owner, Chadoora, Budgam (Kashmir)

Younis Ahmad Sheikh, from Chadoora village in Budgam district, is the son of a labourer and began applying mehendi during his school days to fund his own education. He gradually learnt beauty and skincare, completed a beautician course and in 2022 opened his own salon offering skin care, hair treatments, mehendi and bridal makeup. In 2023 he set an International Book of Records world record for the 'Fastest Indian Bridal Makeup'. From a humble background, Younis shows that with dedication and skill a man too can become a successful entrepreneur in beauty and skin therapy.

Rising Kashmir · <https://risingkashmir.com/budgam-makeup-artist-sets-new-world-record-for-fastest-indian-bridal-makeup-in-international-book-of-records/>

10 Sources & further reading

1. Rajasthan Career Guidance – Assistant Beauty Therapist — <https://cg.rajasthan.gov.in/careerguidance/hi/career/%e0%a4%b8%e0%a4%b9%e0%a4%be%e0%a4%af%e0%a4%95-%e0%a4%b8%e0%a5%8c%e0%a4%82%e0%a4%a6%e0%a4%b0%e0%a5%8d%e0%a4%af-%e0%a4%a5%e0%a5%87%e0%a4%b0%e0%a5%87%e0%a4%aa%e0%a4%bf%e0%a4%b8%e0%a5%8d%e0%a4%9f/>

2. Beauty & Wellness Sector Skill Council (B&WSSC) — <https://www.bwssc.in/>
3. NSDC – Beauty Therapist — <https://nsdcindia.org/beauty-therapist>
4. Skill India Digital – Assistant Beauty Therapist course — <https://www.skillindiadigital.gov.in/courses/detail/0b9620a3-7542-4f8c-9789-376e13d9aa3d>
5. Beautician Salary in India 2026 – StyleLink — <https://blog.stylelink.in/salary-trends/beautician-salary-in-india/>

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