



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट · CAREER SHEET

जनरल ड्यूटी असिस्टेंट-एडवांस्ड ऑप्शंस : मातृ एवं नवजात देखभाल / क्रिटिकल केयर / डायलिसिस / प्रसव

A General Duty Assistant (Maternal & Newborn Care / Critical Care / Dialysis / Delivery) is a trained healthcare support worker who looks after patients' daily needs in hospitals, nursing homes or home-care settings, working...



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/voc-6393

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सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी · मास्टर ट्रेनर
Principal, GSSS Jethantri · Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

A General Duty Assistant (Maternal & Newborn Care / Critical Care / Dialysis / Delivery) is a trained healthcare support worker who looks after patients' daily needs in hospitals, nursing homes or home-care settings, working closely with doctors and nurses. This is an NSQF Level 4 course open after Class 10, where students can specialise in one of four advanced tracks — Maternal & Newborn Care, Critical Care, Dialysis, or Delivery. It offers a quick entry into the healthcare workforce and a stepping stone toward further nursing careers.

2 At a glance

Minimum qualification	Class 10 pass
Minimum Age	18 years
Duration	About 6 months (460 hours, NSQF Level 4)
Specialisations	Maternal & Newborn Care / Critical Care / Dialysis / Delivery

3 What you need

INTERESTS

- Enjoys serving and helping people
- Comfortable working as part of a doctor-nurse care team
- Interest in health, human biology and care-related subjects

ABILITIES

- A naturally caring, empathetic attitude toward helping others
- Close attention to detail — medicine timing, vital signs, and changes in a patient's condition
- Ability to understand and correctly follow clear instructions from doctors and nurses

KEY SKILLS

- Patient personal care (bathing, feeding, repositioning)
- Infection control and hygiene protocols
- Clear, empathetic communication with patients, families and staff
- Teamwork and accurate record-keeping
- Measuring and recording vital signs (pulse, BP, temperature)
- Basic first aid and emergency support
- Specialised technical skills in maternal-newborn care / critical care / dialysis / delivery support

4 How to get there

- 1 Pass Class 10
- 2 Turn 18 years of age
- 3 Enrol in a General Duty Assistant-Advanced (NSQF Level 4) course at an NSDC / JSS / HSSC-affiliated training centre
- 4 Choose one of the four specialisation tracks: Maternal & Newborn Care, Critical Care, Dialysis or Delivery
- 5 Complete the 460-hour theory, practical and hospital internship training
- 6 Clear the NSQF assessment and obtain certification

MAIN EXAMS

- There is no traditional entrance exam; on completion, the Healthcare Sector Skill Council (HSSC) conducts an NSQF Level 4 skill assessment and certification (QP code HSS/Q5101) recognised under Skill India

5 Where to study

GOVERNMENT INSTITUTES

- National Skill Development Corporation (NSDC) – प्रशिक्षण केंद्र खोजें — Across Rajasthan and India (<https://nsdcindia.org/find-nsdc-training-centre>)
- Jan Shikshan Sansthan (JSS) — Various districts including Rajasthan (<https://nsdcindia.org/find-nsdc-training-centre-jss/>)
- NIOS वोकेशनल स्टडी सेंटर — Various towns in Rajasthan (<https://voc.nios.ac.in/registration/locate-study-centre>)
- Healthcare Sector Skill Council (HSSC) – सम्बद्ध केंद्र — National level (<https://www.healthcare-ssc.in/>)

- National Health Mission (NHM), राजस्थान — Jaipur, Rajasthan

PRIVATE INSTITUTES

- Don Bosco Tech Society – स्किल ट्रेनिंग सेंटर, जयपुर — Jaipur, Rajasthan (<https://dbtech.in/>)
- Indian Red Cross Society, राजस्थान राज्य शाखा — Jaipur, Rajasthan (<https://redcrossrajasthan.in/>)
- Tata STRIVE – General Duty Assistant कोर्स — Multiple states (<https://www.tatastrive.com/>)

ONLINE

- Skill India Digital – General Duty Assistant (Hindi) कोर्स — Online (<https://www.skillindiadigital.gov.in/courses/detail/4468717e-c40f-4180-bd2c-4f62587500cf>)
- NIOS वोकेशनल कोर्स पोर्टल — Online (<https://voc.nios.ac.in/>)

FEES

Under most government schemes (NSDC, JSS, PMKVY-linked centres) this course is free or available at very low cost. Private institutes may charge anywhere from ₹5,000 to ₹25,000 depending on the centre and city.

SCHOLARSHIPS

- National Scholarship Portal (NSP) (<https://scholarships.gov.in/fresh/onlineInstituteSearchIndex>)
- Buddy4Study – ITI/Skill Course छात्रवृत्तियाँ (<https://www.buddy4study.com/article/iti-scholarships>)

6 What the work is like

WHERE YOU WORK

Hospitals, nursing homes, clinics, dialysis centres, maternity homes, and home-care agencies.

WORK CULTURE

Typically 8-9 hours a day, 5-6 days a week, with common day/night shift duty and occasional overtime. The work is physically active and emotionally demanding. Opportunities are also available for candidates with disabilities.

WHO HIRES

- | | |
|--|---|
| • Large private hospitals (e.g. Fortis, Apollo, Max, Narayana) | • Government hospitals and district hospitals |
| • Nursing homes and maternity homes | • Dialysis and critical-care centres |
| • Home healthcare agencies | • Old-age homes and palliative care centres |

- ESIC, Railway & military hospitals (AFMS);
RPSC/RSMSSB recruitment

DEMAND (2026)

With India's hospitals, nursing homes and home-healthcare services expanding fast, along with a growing elderly population and shortage of nursing staff, demand for trained General Duty Assistants is steadily rising — especially in specialised areas like critical care, dialysis, and maternal-newborn care.

7 Career growth

- 1 General Duty Assistant → Senior General Duty Assistant → Supervisor (NSQF Level 5)
- 2 General Duty Assistant → Clinical Nurse Supervisor → Head Nurse
- 3 General Duty Assistant → Further study (GNM / B.Sc. Nursing) to become a fully qualified nurse

EARNINGS

Starting	₹10,000 – ₹15,000/माह
Mid level	₹15,000 – ₹25,000/माह
Senior level	₹25,000 – ₹35,000+/माह

The government NCS portal lists an indicative starting salary of ₹6,000–16,000/month, but this figure appears dated. Current job sites like Indeed and AmbitionBox show an average salary of around ₹20,000/month (range ₹12,000–₹30,000), and with 3-5 years of experience in metro areas and specialised roles (critical care, dialysis), pay can reach ₹30,000–35,000/month. Government hospital/scheme postings range from ₹12,000 to ₹30,000.

8 The good parts · The challenges**The good parts**

- Quick entry into a job with just a 6-month course after Class 10
- Steadily growing demand and job security in the healthcare sector
- A strong stepping stone toward further nursing careers (GNM/B.Sc.)

The challenges

- Shift duty, night schedules, and physically tiring work
- Starting pay can be low in smaller towns or private facilities
- Exposure to infection risk and emotionally stressful situations

9 Real-life journeys

सरोज (Saroj)

General Duty Assistant

Saroj, 25, enrolled in the General Duty Attendant (GDA) course run by the NGO Khushii. After completing the course, he was placed at Saroj Hospital in Delhi, earning about ₹15,000 a month. In his own words: "I enrolled myself in General Duty Attendant course. After successfully completing the course, I got a job placement in Saroj Hospital, Delhi. I am now earning Rs. 15,000 a month and am able to financially support my family."

Khushii · <https://khushii.org/skill-building-of-youth-through-generals-duty-attendant-course/>

आशा पटेल (Asha Patel)

Patient Care Assistant, Bharti Hospital, Pune

Asha Patel from Pune overcame financial struggles, a painful divorce and social stigma to convince her conservative family to let her join the General Duty Assistant (GDA) course through Tata STRIVE. The course taught her patient care, vital-sign measurement and infection control, while its Youth Development Module boosted her confidence. Today she works as a Patient Care Assistant at Bharti Hospital, Pune, where her warmth and caring nature have won the hearts of colleagues and patients alike.

Tata Trusts · <https://www.tatatrusters.org/our-stories/article/rising-above-adversity>

10 Sources & further reading

1. Rajasthan Career Guidance Portal – Source Page — <https://cg.rajasthan.gov.in/careerguidance/hi/career/जनरल-ड्यूटी-असिस्टेंट-एड/>
2. National Career Service (NCS) – Salary Details — <https://bit.ly/3XQLXxz>
3. NSDC – General Duty Assistant Course Page — <https://nsdcindia.org/general-duty-assistant>
4. Healthcare Sector Skill Council – Model Curriculum (PDF) — https://healthcare-ssc.in/images/qp/model-curriculum/MC_General-Duty-Assistant.pdf
5. Indeed – Nursing Assistant Salary (India) — <https://in.indeed.com/career/nursing-assistant/salaries>



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