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करियर शीट · CAREER SHEET

सिलाई मशीन ऑपरेटर

A Sewing Machine Operator is at the heart of the apparel manufacturing industry — operating industrial sewing machines (single-needle, overlock, flatlock and more) to stitch cut fabric pieces into finished products such as...



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श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

A Sewing Machine Operator is at the heart of the apparel manufacturing industry — operating industrial sewing machines (single-needle, overlock, flatlock and more) to stitch cut fabric pieces into finished products such as shirts, trousers, kurtis, bags and home furnishings, exactly to the given designs and patterns. They handle thread and needle settings, seam quality, minor machine maintenance and safety. The trade can be learnt through short skill training after Class 8-10, is in constant demand in India's growing garment-export industry, and opens a path to running one's own boutique or stitching unit after gaining experience.

2 At a glance

Minimum qualification	Class 8/10 pass + age 14 (NSQF Level 3/4)
Course duration	About 2–6 months (ITI 1 year)
Starting salary	₹10,000–14,000/month
Work mode	Full-time factory/boutique job or self-employment

3 What you need

INTERESTS

- Interest in fabrics, fashion and creative handcraft
- Enjoy operating machines and gadgets to make things
- Attention to detail and neat finishing

ABILITIES

- Dexterity and good hand-eye coordination
- Ability to concentrate for long periods
- Accurately judging colour, measurement and pattern

KEY SKILLS

- Operating industrial sewing machines (single-needle, overlock, flatlock)
- Correctly setting thread, needle and tension
- Machine cleaning, oiling and minor maintenance
- Meeting production targets and time management
- Joining fabric parts and making seams as per design and pattern
- Checking seam and stitch quality and finishing
- Workplace safety and precautions with needles/machines

4 How to get there

- 1 After passing Class 8 and reaching age 14, you can enrol in NSQF Level 3 training for Sewing Machine Operator.
- 2 After Class 10, join the NSQF Level 3/4 Sewing Machine Operator course (AMHSSC sector skill council).
- 3 Alternatively, do the 1-year non-engineering ITI course in Sewing Technology.
- 4 In Rajasthan, take free training and placement support from RSLDC/PMKVY centres.
- 5 Gain hands-on experience as a helper/operator in a garment factory or boutique and build speed and quality.
- 6 With experience, become a line checker/supervisor or start your own stitching unit/boutique.

MAIN EXAMS

- Trade assessment and certification exam by AMHSSC (Apparel Made-ups & Home Furnishing Sector Skill Council)

5 Where to study**GOVERNMENT INSTITUTES**

- राजस्थान कौशल एवं आजीविका विकास निगम (RSLDC) — Jaipur, Rajasthan (<https://livelihoods.rajasthan.gov.in/rsldc/>)
- अपैरल मेड-अप्स एंड होम फर्निशिंग सेक्टर स्किल काउंसिल (AMHSSC) — All-India (Rajasthan centres) (<https://nsdcindia.org/sewing-machine-operator>)
- जन शिक्षण संस्थान (JSS) — Various districts of Rajasthan (<https://nsdcindia.org/find-nsdc-training-centre-jss/>)

- एनआईओएस व्यावसायिक प्रशिक्षण केंद्र — Online / locate nearest centre (<https://voc.nios.ac.in/registration/locate-study-centre>)

PRIVATE INSTITUTES

- Biyani Institute of Skill Development (RSLDC/PMKVY partner) — Jaipur, Rajasthan (<https://bisd.in/pmkvy-courses/>)
- Career Point Institute of Skill Development (RSLDC partner) — Kota/Jaipur, Rajasthan (<http://www.cpsid.in/collaboration/rsldc.asp>)

ONLINE

- स्किल इंडिया डिजिटल हब — Online (<https://www.skillindiadigital.gov.in/>)
- एनएसडीसी - प्रशिक्षण केंद्र खोजें — Online (<https://www.nsdcindia.org/find-nsdc-training-centre>)

FEES

Under most government schemes (RSLDC, PMKVY, NSDC, JSS) this course is completely free and often includes a stipend. Private stitching/fashion institute courses can cost roughly ₹3,000–15,000.

SCHOLARSHIPS

- राष्ट्रीय छात्रवृत्ति पोर्टल (NSP) (<https://scholarships.gov.in/fresh/onlineInstituteSearchIndex>)
- Buddy4Study – ITI/Vocational Scholarships (<https://www.buddy4study.com/article/iti-scholarships>)
- SJE Rajasthan Scholarships (<https://sje.rajasthan.gov.in/>)

6 What the work is like

WHERE YOU WORK

Garment/apparel manufacturing factories and export houses (e.g. in Jaipur, Bhilwara), boutiques, tailoring shops, home-furnishing and made-ups units, and sewing-machine retail shops.

WORK CULTURE

Typically 5-6 days a week, 8-9 hours a day; shift duty and seasonal overtime are common. Work is on a production line with targets. The sector employs a large number of women and also offers opportunities for persons with disabilities.

WHO HIRES

- | | |
|--|--|
| • Garment/apparel export houses and manufacturing factories (Jaipur, Bhilwara) | • Large apparel brands and exporters (e.g. Shahi Exports, Arvind Ltd, Raymond) |
| • Home-furnishing and made-ups units (bedsheets, curtains, towels) | • Boutiques, fashion designers and tailoring shops |

- Own stitching/tailoring business and self-help groups (SHGs)
- Sewing-machine makers and dealers (e.g. Usha, Singer) service/demo centres

DEMAND (2026)

India is among the world's largest textile and apparel exporters, and with the government's PLI scheme, PM MITRA textile parks and rising ready-made garment exports, demand for skilled sewing machine operators keeps growing. Every factory and production line needs them, so textile hubs like Jaipur-Bhilwara offer steady jobs; boutiques and self-employment add an extra income route.

7 Career growth

- 1 Sewing Machine Operator (starting as helper)
- 2 Line Checker / Quality Checker / Supervisor
- 3 Production Supervisor / Line In-charge
- 4 Owner of own boutique / stitching unit

EARNINGS

Starting	₹10,000–14,000/माह
Mid level	₹15,000–22,000/माह
Senior level	₹28,000–45,000+/माह

Per India's National Career Service (NCS), a Sewing Machine Operator earns roughly ₹15,000–18,000/month at entry; sources like PayScale and WageIndicator show a similar 2026 range. Speed, experience and specialised machine skills raise income, and moving to line checker/supervisor or running one's own boutique can pay considerably more. Overtime and production incentives add to earnings.

8 The good parts · The challenges**The good parts**

- A skill that leads to quick employment with little schooling and short training
- Steady demand and job security in the growing garment-export industry
- Chance to start your own boutique/stitching business after experience

The challenges

- Fatigue/physical strain from long hours in one seated posture
- Pressure of production targets and shift/overtime work
- Limited pay at the entry level

9 Real-life journeys

Dolly Kumari

Garment tailor turned Assistant Line Supervisor, Bengaluru garment factory

After completing Class 12 in Jharkhand, Dolly Kumari joined a Bengaluru garment factory in 2014 as a sewing machine operator (tailor). Through the factory's P.A.C.E. life-skills training she picked up time-management and communication skills, and within just two years became an assistant line supervisor overseeing 119 tailors. Her pay rose from ₹5,000 to ₹8,300 a month (about 66%) and she now aspires to become a floor in-charge. Her story shows that starting as a sewing machine operator, skill and effort can carry you to a leadership role.

Scroll.in · <https://scroll.in/article/834961/how-life-skills-training-helped-women-in-a-bengaluru-garment-factory-and-why-others-should-follow>

Sufiyan

Tailor turned owner of his own garment manufacturing unit, Sitapur (Uttar Pradesh)

Sufiyan, from Khairabad block in Sitapur district, left school after Class 10 and learnt tailoring from his father. Amid family responsibilities he stitched for local suppliers, and with entrepreneurship support from HWF he set up his own garment manufacturing unit specialising in shirts. He now employs three tailors on salary and two helpers on wages, while his younger brother handles sales. Sufiyan says the support transformed his life and made his dream of running his own business come true — a fine example of a stitching skill leading to self-reliant entrepreneurship.

HWF India · <https://www.hwfindia.org/a-tailor-made-success-story/>

10 Sources & further reading

1. Rajasthan Career Guidance – Sewing Machine Operator — <https://cg.rajasthan.gov.in/careerguidance/hi/career/%e0%a4%b8%e0%a4%bf%e0%a4%b2%e0%a4%be%e0%a4%88-%e0%a4%ae%e0%a4%b6%e0%a5%80%e0%a4%a8-%e0%a4%91%e0%a4%aa%e0%a4%b0%e0%a5%87%e0%a4%9f%e0%a4%b0/>

2. NSDC – Sewing Machine Operator (AMHSSC) — <https://nsdcindia.org/sewing-machine-operator>
3. RSLDC – Sewing Machine Operator model curriculum — https://livelihoods.rajasthan.gov.in/content/dam/livelihood/RSLDC/Schemes/RAJKViK/Coursecontentandtoollist/Coursecontent/ApparelMadeupsHomeFurnishing/MC_AMHQ0301,_Sewing%20machine%20Operator_V1.0_16-07-2019.pdf
4. Invest India – Textiles & Apparel sector — <https://www.investindia.gov.in/sector/textiles-apparel>
5. National Scholarship Portal — <https://scholarships.gov.in>

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