



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट · CAREER SHEET

एक्यूपंक्चरिस्ट

An Acupuncturist practises an alternative therapy based on ancient Chinese medicine, inserting very thin, sterile needles at specific body points to relieve pain and restore balance.



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/acupuncturist

राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

Govt. Sr. Sec. School, Jethantri · ब्लॉक समदड़ी · बालोतरा (Block Samdari · Balotra)

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सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी · मास्टर ट्रेनर
Principal, GSSS Jethantri · Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

An Acupuncturist practises an alternative therapy based on ancient Chinese medicine, inserting very thin, sterile needles at specific body points to relieve pain and restore balance.

2 At a glance

Minimum qualification	Acupuncture diploma/degree
Core skill	Precise needling & patience
Starting salary	INR 2.5-4 LPA
Route	Private practice possible

3 What you need

INTERESTS

- Interest in alternative, holistic healing
- A good listener, comfortable talking
- Enjoy helping others

ABILITIES

- Steady hands and precision
- Problem-analysis ability
- Patience and empathy

KEY SKILLS

- Knowledge of acupoints and meridians
- Understanding of human anatomy
- Acupressure and related therapies
- Safe, hygienic needling technique
- Patient assessment and counselling
- Clinic and record management

4 How to get there

- 1 Complete Class 12 (science preferred)

- 2 Do a diploma or degree in acupuncture
- 3 Get certification from a recognised board
- 4 Train under an experienced practitioner
- 5 Take a PG diploma or specialisation (optional)

MAIN EXAMS

- Institute-level entry (for most diplomas)
- NEET-UG (if specialising after MBBS)

5 Where to study

GOVERNMENT INSTITUTES

- National Institute of Naturopathy — Pune, Maharashtra
- Indira Gandhi National Open University (IGNOU) — New Delhi (<https://www.ignou.ac.in>)
- Tamil Nadu Physical Education & Sports University — Chennai, Tamil Nadu

PRIVATE INSTITUTES

- Indian Board of Alternative Medicines — Kolkata, West Bengal
- Bihar Acupressure Yoga College — Patna, Bihar
- Institute of Acupuncture & Natural Medicines — New Delhi

ONLINE

- Udemy (Acupuncture / Acupressure) — Online (<https://www.udemy.com>)
- IGNOU (वैकल्पिक चिकित्सा) — Online (<https://www.ignou.ac.in>)

FEES

Course fees range from about INR 4,000-3 LPA; diplomas are affordable while longer degrees cost more. Always check recognition, as this is an alternative-medicine field.

SCHOLARSHIPS

- National Scholarship Portal (NSP) (<https://scholarships.gov.in>)
- Buddy4Study (<https://www.buddy4study.com>)
- Rajasthan SJE Scholarship Portal (<https://sje.rajasthan.gov.in>)
- Vidya Lakshmi Education Loan Portal (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Government and private hospitals, naturopathy centres, wellness clinics, sports academies and elderly-care homes.

WORK CULTURE

5-6 days a week, 8-9 hours; hours are flexible in independent practice. Opportunities exist for persons with disabilities.

WHO HIRES

- Naturopathy and wellness centres
- Spas, resorts and sports academies
- Elderly homes and community health centres
- AYUSH and alternative-medicine hospitals
- Physiotherapy and rehab clinics
- Own acupuncture clinic

DEMAND (2026)

In 2026, with growing awareness of pain management and wellness, demand for alternative therapies like acupuncture is rising, especially in urban wellness centres.

7 Career growth

- 1 Intern / Trainee
- 2 Assistant Acupuncturist
- 3 Acupuncturist
- 4 Senior Acupuncturist / Clinic Owner

EARNINGS

Starting	₹2.5–4 LPA
Mid level	₹4–8 LPA
Senior level	₹10–15 LPA

Figures are indicative; income can be much higher with private practice and reputation (2026).

8 The good parts · The challenges

The good parts

- A relatively short, affordable route
- Private practice and flexible hours
- Satisfaction of drug-free healing

The challenges

- Regulation is still limited in India
- Building a reputation takes time
- Income depends on patient volume

9 Real-life journeys

Dr. Raman Kapur

Padma Shri Acupuncturist, President-Indian Society of Medical Acupuncture

Born in Ajmer, Rajasthan, Dr. Raman Kapur is the first acupuncturist in India to receive the Padma Shri (2008). He heads the acupuncture department at Sir Ganga Ram Hospital, Delhi, and has written three books on acupuncture-showing alternative medicine can earn national honour.

Wikipedia · https://en.wikipedia.org/wiki/Raman_Kapur

Parimala Selvi

Acupuncture Practitioner, Chennai

Parimala Selvi began her acupuncture practice in Chennai in 2010 and trained in Korean techniques and advanced scalp acupuncture under Master Prof. Ming Qing Zhu. Regarded as Chennai's 'first Zhu's Scalp Acupuncturist', she is an inspiration for women entering the field.

Jayanth Acupuncture Clinic · <https://chennaiacupuncture.com/about/>

10 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- Marriage & Family Counselor
- Rehabilitation Counselor
- De-addiction Counselor

11 Sources & further reading

1. Rajasthan Career Guidance (source) — <https://cg.rajasthan.gov.in/careerguidance/hi/career/%e0%a4%8f%e0%a4%95%e0%a5%8d%e0%a4%af%e0%a5%82%e0%a4%aa%e0%a4%82%e0%a4%95%e0%a5%8d%e0%a4%9a%e0%a4%b0%e0%a4%bf%e0%a4%b8%e0%a5%8d%e0%a4%9f/>
2. Ministry of AYUSH, Govt of India — <https://www.ayush.gov.in>
3. National Scholarship Portal — <https://scholarships.gov.in>



And 770+ more careers — the whole portal

Interest and aptitude tests, government jobs, skill courses and a CV builder — free, no login, and it works offline.

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