



SAARTHI • सारथी

करियर मार्गदर्शन पोर्टल • Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट • CAREER SHEET

अरोमाथेरेपिस्ट

Aromatherapists use essential oils from aromatic plants to reduce stress, improve sleep and boost wellbeing. It is a healing career in the growing wellness industry.



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/gen-6757

राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

Govt. Sr. Sec. School, Jethantri • ब्लॉक समदड़ी • बालोतरा (Block Samdari • Balotra)

www.gsssjethantri.in • career.gsssjethantri.in



सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी • मास्टर ट्रेनर
Principal, GSSS Jethantri • Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास • व्याख्याता (इतिहास)
Designed & developed • Lecturer (History)

विशेष धन्यवाद • SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) • रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) • रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) • रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) • रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। • An independent project based on the Government's official career-guidance content.

1 About this career

Aromatherapists use essential oils from aromatic plants to reduce stress, improve sleep and boost wellbeing. It is a healing career in the growing wellness industry.

2 At a glance

Minimum qualification	12th any stream + diploma/certificate in aromatherapy
Work mode	Regular hours at spa/wellness centre; own practice possible
Demand	Growing - with wellness tourism and the natural therapy trend
Top earning	Experienced/own brand: Rs 60,000-1.2 lakh+/month

3 What you need

INTERESTS

- Interest in improving people's health
- Working independently
- Love for plants, flowers and fragrances

ABILITIES

- A keen sense of smell
- Listening carefully to clients
- Patience and empathy

KEY SKILLS

- Properties of essential oils and blending
- Basic understanding of skin and physiology
- Client consultation and record keeping
- Massage and relaxation techniques
- Following hygiene and safety rules
- Managing your own business

4 How to get there

- 1 Pass 10+2 in any stream.
- 2 Do a diploma/certificate in aromatherapy; institutes like FFDC Kannauj offer fragrance courses.
- 3 Optionally graduate in health/psychology/nutrition to strengthen your base.
- 4 Gain experience as an assistant at a spa or wellness centre.
- 5 With experience, become a consultant or start your own practice/product brand.

5 Where to study

GOVERNMENT INSTITUTES

- Fragrance and Flavour Development Centre (FFDC) — Kannauj, Uttar Pradesh (<https://www.ffdcindia.org/>)
- CSIR-CIMAP (aromatic plants training) — Lucknow, Uttar Pradesh

PRIVATE INSTITUTES

- Indian Institute of Cosmetology, Nutrition and Management — Jaipur, Rajasthan
- Mahendra Institute of Alternative Medicine — Jaipur, Rajasthan
- Holy Angels College of Alternative Medicine — Mumbai, Maharashtra
- Global Institute of Aromatherapy — Kolkata, West Bengal

ONLINE

- Udemy - aromatherapy courses — Online (<https://www.udemy.com>)
- Coursera - wellness courses — Online (<https://www.coursera.org>)

FEES

Certificate/diploma course fees are about Rs 800-50,000; they vary by institute.

SCHOLARSHIPS

- National Scholarship Portal (<https://scholarships.gov.in>)
- Buddy4Study (<https://www.buddy4study.com>)
- Vidya Lakshmi education loans (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Spas, salons, wellness resorts, fitness centres, yoga studios, hospitals; client homes or your own clinic.

WORK CULTURE

Regular working hours; spas and salons open 6 days a week, 8-9 hours daily. Opportunities exist for persons with disabilities too.

WHO HIRES

- Hotel spas like Taj and Oberoi
- VLCC and beauty-wellness chains
- Ayurveda and naturopathy centres
- Wellness resorts like Ananda in the Himalayas
- Natural brands like Forest Essentials
- Independent practice / own brand

DEMAND (2026)

In 2026 wellness tourism, the spa industry and the natural products market are raising demand for trained aromatherapists, especially in tourist cities like Jaipur and Udaipur.

7 Career growth

- 1 Assistant Aromatherapist
- 2 Aromatherapist
- 3 Senior Therapist / Spa Head
- 4 Consultant / Own store-brand

EARNINGS

Starting	₹15,000-25,000
Mid level	₹30,000-50,000
Senior level	₹60,000-1,20,000+

Monthly; earnings are higher in luxury hotel spas and own practice/brand. 2026 levels, indicative.

8 The good parts · The challenges

The good parts

- Career you can start quickly at low cost
- Satisfaction of giving people relief
- Freedom to build your own business/brand

The challenges

- Low earnings initially
- Limited standardisation/regulation of the field
- Irregular income until a client base builds

9 Real-life journeys

Pooja Nagdev

Aromatherapist and founder of Inatur Herbals

After studying in Delhi and an MBA, Pooja trained in aromatherapy and cosmetology abroad and launched natural skincare brand Inatur in 2007. She is now a well-known Indian aromatherapist and entrepreneur.

The CEO Magazine · <https://www.theceo.in/women/pooja-nagdev-bringing-earthliness-to-the-skincare-wellness-industry-and-redefining-beauty>

Dr. Ravi Ratan

Pioneer aromatherapy practitioner and author in India

Coming from the perfumery business, Ravi Ratan launched his aromatherapy product range in 1993 and wrote the Handbook of Aromatherapy. He teaches aromatherapy in India and several other countries.

AromaTantra · <https://aromatantra.com/about-us/dr-ravi-ratan/>

10 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- Makeup Artist (MUA)
- Marriage & Family Counselor
- Rehabilitation Counselor

11 Sources & further reading

1. Rajasthan Career Guidance: Aromatherapist — <https://cg.rajasthan.gov.in/careerguidance/hi/career/%e0%a4%85%e0%a4%b0%e0%a5%8b%e0%a4%ae%e0%a4%be%e0%a4%a5%e0%a5%87%e0%a4%b0%e0%a5%87%e0%a4%aa%e0%a4%bf%e0%a4%b8%e0%a5%8d%e0%a4%9f-aromatherapist/>
2. FFDC Kannauj (Ministry of MSME) — <https://www.ffdcindia.org/>
3. Ministry of Ayush — <https://ayush.gov.in>
4. National Career Service (NCS) — <https://www.ncs.gov.in>
5. National Scholarship Portal — <https://scholarships.gov.in>



And 770+ more careers — the whole portal

Interest and aptitude tests, government jobs, skill courses and a CV builder — free, no login, and it works offline.

career.gsssjethantri.in