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करियर शीट • CAREER SHEET

आयुर्वेद डॉक्टर

An Ayurveda doctor (Vaidya) treats illness through the ancient Indian system of Ayurveda. They focus on curing disease at its root using herbs, diet, Panchakarma, yoga and lifestyle changes.



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/ayurveda-doctor

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सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी • मास्टर ट्रेनर
Principal, GSSS Jethantri • Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास • व्याख्याता (इतिहास)
Designed & developed • Lecturer (History)

विशेष धन्यवाद • SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) • रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) • रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) • रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) • रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। • An independent project based on the Government's official career-guidance content.

1 About this career

An Ayurveda doctor (Vaidya) treats illness through the ancient Indian system of Ayurveda. They focus on curing disease at its root using herbs, diet, Panchakarma, yoga and lifestyle changes.

2 At a glance

Minimum qualification	BAMS (Bachelor of Ayurvedic Medicine & Surgery)
Duration	5.5 years (incl. internship)
Selection exam	NEET-UG; AIAPGET for PG
Avg Salary	₹25,000–1.5 lakh/month

3 What you need

INTERESTS

- Interest in natural and traditional medicine
- Understanding of herbs and the human body
- Desire to heal and help people

ABILITIES

- Attention to detail and patience
- Good communication and empathy
- Holistic analysis of a patient's condition

KEY SKILLS

- Pulse diagnosis and Ayurvedic assessment
- Diet and lifestyle counselling
- Empathetic patient communication
- Knowledge of Panchakarma and herbal formulations
- Principles of yoga and naturopathy
- Basic understanding of modern diagnostics

4 How to get there

- 1 Complete 10+2 in Science (Physics, Chemistry, Biology).
- 2 Clear NEET-UG (mandatory for BAMS admission).
- 3 Complete BAMS (5.5 years incl. internship).
- 4 Register with the State AYUSH / medical council.
- 5 Optional: pursue MD/MS (Ayurveda) via AIAPGET.

MAIN EXAMS

- NEET-UG — entry to BAMS
- AIAPGET — entry to MD/MS Ayurveda

5 Where to study

GOVERNMENT INSTITUTES

- राष्ट्रीय आयुर्वेद संस्थान (एन.आई.ए.) — Jaipur, Rajasthan (<https://www.nia.nic.in>)
- डॉ. सर्वपल्ली राधाकृष्णन राजस्थान आयुर्वेद विश्वविद्यालय — Jodhpur, Rajasthan
- आयुर्विज्ञान संस्थान, बी.एच.यू. — Varanasi, Uttar Pradesh (<https://www.bhu.ac.in>)

PRIVATE INSTITUTES

- पारुल विश्वविद्यालय — Vadodara, Gujarat (<https://www.paruluniversity.ac.in>)
- सनराइज़ विश्वविद्यालय — Alwar, Rajasthan (<https://www.sunriseuniversity.in>)
- अष्टांग आयुर्वेद महाविद्यालय — Pune, Maharashtra

ONLINE

- स्वयं / एन.पी.टी.ई.एल. — आयुर्वेद कोर्स — Online (<https://swayam.gov.in>)
- आयुष मंत्रालय ई-लर्निंग — Online (<https://www.ayush.gov.in>)

FEES

BAMS fees are about ₹25,000–80,000 per year in government colleges and up to ₹1.5–3 lakh per year in private institutes (2026 estimate).

SCHOLARSHIPS

- National Scholarship Portal (NSP) (<https://scholarships.gov.in>)
- Mukhyamantri Uchch Shiksha Chhatravritti (Rajasthan) (<https://hte.rajasthan.gov.in>)

- Buddy4Study (<https://www.buddy4study.com>)
- Vidya Lakshmi Education Loan (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Ayurvedic hospitals, AYUSH centres, herbal pharma companies, wellness resorts, spas and private clinics.

WORK CULTURE

Mostly clinic/hospital-based; around 6 days a week, 8–10 hours a day. Private practice allows flexible hours.

WHO HIRES

- Government AYUSH hospitals and dispensaries
- Herbal/Ayurvedic pharma companies (Dabur, Patanjali)
- Spas and health resorts
- Ayurvedic medical colleges
- Wellness and Panchakarma centres
- Own Ayurvedic clinic

DEMAND (2026)

Backed by the Ministry of AYUSH and the rising popularity of natural medicine, demand for Ayurveda doctors is growing, especially in wellness and preventive health.

7 Career growth

- 1 Intern
- 2 Junior Ayurvedic Physician
- 3 Senior Ayurvedic Physician
- 4 Department Head / Hospital Superintendent

EARNINGS

Starting	₹25,000–35,000/माह
Mid level	₹50,000–80,000/माह
Senior level	₹1.5 लाख+/माह

Government jobs offer stable pay; private practice and wellness work can earn more (2026 estimate).

8 The good parts · The challenges

The good parts

- Serving people with relatively less stress
- Good scope in private clinics and wellness
- Government job opportunities in the AYUSH sector

The challenges

- Lower starting income than modern medicine
- Takes time to build a practice
- Limited recognition in some settings

9 Real-life journeys

Vaidya Balendu Prakash

Padma Shri Ayurveda physician

Vaidya Balendu Prakash is a renowned Ayurveda physician from Dehradun, known for Ayurvedic treatment of cancer and chronic diseases. From a traditional Vaidya family, he was honoured with the Padma Shri for his contribution.

Wikipedia · https://en.wikipedia.org/wiki/Balendu_Prakash

Dr. Rekha Nahar

Ayurvedic doctor (BAMS), women's health specialist

Dr. Rekha Nahar is a BAMS Ayurvedic doctor with nearly two decades of experience, specialising in women's health. She trained at Shri Dhanvantari Ayurvedic College, Chandigarh, and earned certification from the Kerala Ayurveda Academy in the USA.

Kerala Ayurveda · <https://www.keralaayurveda.us/wellnesscenter/our-team/rekha-nahar/>

10 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- Unani Doctor
- Homeopathy Doctor
- Palliative & Hospice Specialist

11 Sources & further reading

1. Rajasthan Career Guidance (source) — <https://cg.rajasthan.gov.in/careerguidance/hi/career/>
2. Ministry of AYUSH, Govt. of India — <https://www.ayush.gov.in>
3. National Institute of Ayurveda, Jaipur — <https://www.nia.nic.in>
4. National Commission for Indian System of Medicine — <https://ncismindia.org>



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