



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट · CAREER SHEET

हाड वैद्य (काइरोप्रेक्टर)

A Chiropractor relieves pain and improves body function by manually adjusting the spine and joints without medicines. It is an alternative, hands-on physical-therapy field.



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/chiropractor

राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

Govt. Sr. Sec. School, Jethantri · ब्लॉक समदड़ी · बालोतरा (Block Samdari · Balotra)

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सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी · मास्टर ट्रेनर
Principal, GSSS Jethantri · Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

A Chiropractor relieves pain and improves body function by manually adjusting the spine and joints without medicines. It is an alternative, hands-on physical-therapy field.

2 At a glance

Minimum qualification	Chiropractic degree/diploma
Core skill	Spinal adjustment & anatomy
Starting salary	INR 3-6 LPA
Training	~2200 clinical hours

3 What you need

INTERESTS

- Interest in the body and movement
- Problem-analysis and hands-on work
- Enjoy helping others

ABILITIES

- Strong, steady hands
- Physical fitness and stamina
- Good communication and empathy

KEY SKILLS

- Spinal and joint manipulation
- Patient assessment and diagnosis
- Basic physiotherapy techniques
- Deep musculoskeletal understanding
- Exercise and posture correction advice
- Clinic and record management

4 How to get there

- 1 Complete Class 12 with PCB

- 2 Do a degree/diploma in chiropractic/physiotherapy
- 3 Complete around 2200 clinical practice hours
- 4 Train under an experienced specialist
- 5 Do a Master's or special certification (optional)

MAIN EXAMS

- Institute-level entry (physio/chiropractic)
- International chiropractic certification (if abroad)

5 Where to study

GOVERNMENT INSTITUTES

- Government Medical College (Physiotherapy) — Nagpur, Maharashtra
- PGIMER (Rehabilitation Sciences) — Chandigarh (<https://pgimer.edu.in>)
- IGNOU (दूरस्थ शिक्षा) — New Delhi (<https://www.ignou.ac.in>)

PRIVATE INSTITUTES

- Apollo College of Physiotherapy — Hyderabad, Telangana
- JSS College of Physiotherapy — Mysuru, Karnataka
- Institute of Alternative Medicine & Research (IAMR) — Kolkata, West Bengal

ONLINE

- Udemy (Chiropractic) — Online (<https://www.udemy.com/topic/chiropractic/>)
- IGNOU (पुनर्वास/फिजियो) — Online (<https://www.ignou.ac.in>)

FEES

Course fees range from about INR 12,500-3.6 LPA; entry via physiotherapy is affordable. Pure chiropractic degrees are limited in India, so always verify recognition.

SCHOLARSHIPS

- National Scholarship Portal (NSP) (<https://scholarships.gov.in>)
- Buddy4Study (<https://www.buddy4study.com>)
- Rajasthan SJE Scholarship Portal (<https://sje.rajasthan.gov.in>)
- Vidya Lakshmi Education Loan Portal (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Government and private hospitals, physiotherapy and wellness clinics, sports academies, gyms and elderly homes.

WORK CULTURE

5-6 days a week, 8-9 hours; hours are flexible in independent practice. It is physically active work.

WHO HIRES

- Physiotherapy and chiropractic clinics
- Private hospitals and rehab centres
- Elderly homes and community health centres
- Sports academies and fitness centres
- Wellness resorts and spas
- Own chiropractic clinic

DEMAND (2026)

With sedentary lifestyles and rising back-and-neck pain, demand for chiropractic and pain-management services is growing in 2026, though the field is still emerging in India.

7 Career growth

- 1 Trainee / Intern
- 2 Assistant Physiotherapist
- 3 Chiropractor
- 4 Senior Chiropractor / Clinic Owner

EARNINGS

Starting	₹3–6 LPA
Mid level	₹7–12 LPA
Senior level	₹15–25 LPA

Figures are indicative; income can be higher with private practice, city and reputation (2026).

8 The good parts · The challenges

The good parts

- Satisfaction of drug-free, hands-on healing
- Private practice and flexible hours
- Opportunities in growing wellness demand

The challenges

- Limited recognition and regulation in India
- Physically tiring work
- Building a reputation takes time

9 Real-life journeys

Dr. Nitu Verma

India's First Female Chiropractor, Raipur

Dr. Nitu Verma is known as India's first female chiropractor and runs the Life 360 Physiotherapy Center in Raipur. With over 15 years of experience she specialises in spinal alignment, pain management and sports-injury rehab-a role model for women in a male-dominated field.

Life 360 Physiotherapy · <https://life360.co.in/chiropractor-in-india>

Dr. Rajneesh Kant

Chiropractor & Spine Specialist, Patna

Dr. Rajneesh Kant is a leading chiropractor in Patna and is counted among India's well-known practitioners. He treats spine and joint pain without medicines and is active online spreading awareness-showing a chiropractic career is possible in India too.

Dr. Rajneesh Kant (official) · <https://drrajneeshkant.com/>

10 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- Marriage & Family Counselor
- Rehabilitation Counselor
- De-addiction Counselor

11 Sources & further reading

1. Rajasthan Career Guidance (source) — <https://cg.rajasthan.gov.in/careerguidance/hi/career/%e0%a4%b9%e0%a4%be%e0%a4%a1-%e0%a4%b5%e0%a5%88%e0%a4%a6%e0%a5%8d%e0%a4%af-%e0%a4%95%e0%a4%be%e0%a4%87%e0%a4%b0%e0%a5%8b%e0%a4%aa%e0%a5%8d%e0%a4%b0%e0%a5%88%e0%a4%95%e0%a5%8d%e0%a4%9f%e0%a4%b0/>
2. Ministry of AYUSH, Govt of India — <https://www.ayush.gov.in>
3. Udemy Chiropractic courses — <https://www.udemy.com/topic/chiropractic/>
4. National Scholarship Portal — <https://scholarships.gov.in>



And 770+ more careers — the whole portal

Interest and aptitude tests, government jobs, skill courses and a CV builder — free, no login, and it works offline.

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