



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट · CAREER SHEET

सामुदायिक परामर्शदाता

Community counselors deliver mental-health services to the public, especially underserved communities. They reach people where they live and help them address stress, addiction, family and social problems.



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/community-counselor

राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

Govt. Sr. Sec. School, Jethantri · ब्लॉक समदड़ी · बालोतरा (Block Samdari · Balotra)

www.gsssjethantri.in · career.gsssjethantri.in



सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी · मास्टर ट्रेनर
Principal, GSSS Jethantri · Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

Community counselors deliver mental-health services to the public, especially underserved communities. They reach people where they live and help them address stress, addiction, family and social problems.

2 At a glance

Minimum qualification	Bachelor's + MSW/counselling diploma
Avg salary	₹3.6-10 LPA
Work mode	Communities, NGOs, hospitals
Demand	Rising (public mental health)

3 What you need

INTERESTS

- Working with and for people
- Interest in social service and mental health
- Solving others' problems

ABILITIES

- Strong language, listening and writing ability
- Grasping relationships and causes between issues
- Understanding people's emotions and behaviour

KEY SKILLS

- Community engagement and trust-building
- Group and individual counselling techniques
- Linking people to resources
- Active listening and empathy
- Cultural sensitivity
- Maintaining confidentiality and ethics

4 How to get there

- 1 Complete Class 12 in any stream
- 2 Do a bachelor's in psychology/social work
- 3 Do an MSW or related master's
- 4 Do a PG diploma/certificate in counselling
- 5 Complete field/internship experience
- 6 Check course and accreditation before enrolling

MAIN EXAMS

- CUET-UG (for bachelor's admission)
- CUET-PG (for MA Psychology/Counselling)
- TISSNET (TISS counselling/social-work courses)
- NIMHANS entrance (mental-health courses)

5 Where to study

GOVERNMENT INSTITUTES

- University of Rajasthan (Dept. of Psychology) — Jaipur (<https://www.uniraj.ac.in>)
- Regional Institute of Education (NCERT) — Ajmer (<https://rieajmer.raj.nic.in>)
- Jai Narain Vyas University (Dept. of Psychology) — Jodhpur (<https://www.jnvu.co.in>)

PRIVATE INSTITUTES

- JRN Rajasthan Vidyapeeth (Deemed University) — Udaipur
- Mahatma Jyoti Rao Phoole University — Jaipur
- Manipal University Jaipur — Jaipur (<https://jaipur.manipal.edu>)

ONLINE

- IGNOU (MA Psychology / Counselling) — Pan-India / Online (<https://www.ignou.ac.in>)
- TISS (MA Counselling / Social Work) — Distance / Campus (<https://www.tiss.edu>)
- Udemy / Coursera (counselling skills) — Online (<https://www.udemy.com>)

FEES

Course fees roughly ₹30k-₹1 lakh per year; varies by institute and course.

SCHOLARSHIPS

- National Scholarship Portal (NSP) (<https://scholarships.gov.in>)
- SJE Rajasthan Scholarships (<https://sje.rajasthan.gov.in/>)
- Buddy4Study (<https://www.buddy4study.com>)
- Vidya Lakshmi Education Loan (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Hospitals and community centres, mental-health centres, rehab centres, private clinics, government departments and NGOs.

WORK CULTURE

About 6-7 days a week, 8-9 hours a day in hospitals; field visits and shifts possible. Opportunities for persons with disabilities; private practice also possible.

WHO HIRES

- NGOs and community-health organisations
- Government health and social-justice departments
- Hospitals and mental-health centres
- School and college counselling services
- Private clinics and online platforms

DEMAND (2026)

With the National Mental Health Programme and growing focus on community-level mental health, demand for community counselors is rising in 2026.

7 Career growth

- 1 Counselling consultant
- 2 Community counselling specialist
- 3 Senior community counselor
- 4 Social worker/programme manager

EARNINGS

Starting	₹3.6-4.5 लाख/वर्ष
Mid level	₹5-8 लाख/वर्ष
Senior level	₹9-12 लाख/वर्ष

Salary indicative; varies across NGO, government and private sectors.

8 The good parts · The challenges

The good parts

- Direct, meaningful social impact
- Work with diverse communities
- Rising demand and government schemes

The challenges

- Limited resources and funding
- Field travel and difficult conditions
- Lower starting pay in NGOs

9 Real-life journeys

Dr. R. Srinivasa Murthy

Former Professor of Psychiatry, NIMHANS, Bengaluru

Dr. R. Srinivasa Murthy is a pioneering psychiatrist of community mental health in India. As Professor at NIMHANS (1987-2003) he developed models to take mental-health care to rural and underserved communities, and also served as a WHO adviser. He showed that grassroots counselling through trained community workers is achievable.

ResearchGate / NIMHANS · <https://www.researchgate.net/profile/Srinivasa-Murthy-7>

Dr. Lakshmi Vijayakumar

Founder, SNEHA India Foundation, Chennai

Psychiatrist Dr. Lakshmi Vijayakumar founded SNEHA in Chennai in 1986, offering community-based suicide prevention and emotional support. Associated with WHO and IASP, she is a leading Indian expert on community mental health and suicide prevention.

IASP · https://www.iasp.info/our_team/lakshmi-vijayakumar/

10 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- Marriage & Family Counselor
- Rehabilitation Counselor
- De-addiction Counselor

11 Sources & further reading

1. Rajasthan Career Guidance (Govt source) — <https://cg.rajasthan.gov.in/careerguidance/hi/career/%e0%a4%b8%e0%a4%be%e0%a4%ae%e0%a5%81%e0%a4%a6%e0%a4%be%e0%a4%af%e0%a4%bf%e0%a4%95-%e0%a4%aa%e0%a4%b0%e0%a4%be%e0%a4%ae%e0%a4%b0%e0%a5%8d%e0%a4%b6%e0%a4%a6%e0%a4%be%e0%a4%a4%e0%a4%be-community-counse/>
2. National Scholarship Portal — <https://scholarships.gov.in>
3. National Mental Health Programme (NMHP) — <https://mohfw.gov.in>
4. Sangath (community mental health) — <https://sangath.in>



And 770+ more careers — the whole portal

Interest and aptitude tests, government jobs, skill courses and a CV builder — free, no login, and it works offline.

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