



विवाह व परिवार परामर्शदाता

A Marriage & Family Counselor helps individuals, couples and families deal with emotional and mental-health issues. They strengthen relationships by resolving stress, anxiety, marital conflict and children's behavioural problems.



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/marriage-family-counselor

राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

Govt. Sr. Sec. School, Jethantri · ब्लॉक समदड़ी · बालोतरा (Block Samdari · Balotra)

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प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी · मास्टर ट्रेनर
Principal, GSSS Jethantri · Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

A Marriage & Family Counselor helps individuals, couples and families deal with emotional and mental-health issues. They strengthen relationships by resolving stress, anxiety, marital conflict and children's behavioural problems.

2 At a glance

Minimum qualification	BA/MA Psychology + Counselling Diploma
Duration	3-5 years
Starting salary	₹3.5-5 LPA
Work Area	Clinics, NGOs, private practice

3 What you need

INTERESTS

- Working with and for people
- Organising things and planning
- Solving problems

ABILITIES

- Strong word, language and writing ability
- Understanding relationships between things
- Understanding people's emotions and behaviour

KEY SKILLS

- Active listening and empathy
- Knowledge of family and couples therapy
- Conflict resolution
- Communication and mediation skills
- Maintaining confidentiality and ethics
- Patience and neutrality

4 How to get there

- 1 Complete Class 12 in any stream (Psychology subject is helpful)
- 2 Do a Bachelor's (BA Psychology / BSW) in psychology or social work
- 3 Do a Master's (MA Psychology/Counselling) or a Diploma in Counselling
- 4 Gain practical experience through supervised internship
- 5 Take specialised training/certification in marriage & family therapy

MAIN EXAMS

- CUET-UG / CUET-PG (for central university admission)
- University entrance tests (RU, NIMHANS, TISSNET)

5 Where to study

GOVERNMENT INSTITUTES

- University of Rajasthan (Dept. of Psychology) — Jaipur (<https://www.uniraj.ac.in>)
- Rajasthan University of Health Sciences (RUHS) — Jaipur (<https://ruhsraj.org>)
- Regional Institute of Education (NCERT) — Ajmer
- NIMHANS — Bengaluru (<https://www.nimhans.ac.in>)

PRIVATE INSTITUTES

- Janardan Rai Nagar Rajasthan Vidyapeeth University — Udaipur
- Mahatma Jyoti Rao Phoole University — Jaipur
- Manipal University Jaipur — Jaipur

ONLINE

- IGNOU (BA/MA Psychology, Counselling) — Distance/Online (<https://www.ignou.ac.in>)
- TISS (Social Work / Counselling) — Mumbai / Online (<https://www.tiss.edu>)
- NIMHANS Digital Academy — Online

FEES

Course fees range from about ₹50,000 to ₹1 lakh per year, varying by institution.

SCHOLARSHIPS

- National Scholarship Portal (NSP) (<https://scholarships.gov.in>)
- SJE Rajasthan Scholarships (<https://sje.rajasthan.gov.in/>)
- Buddy4Study (<https://www.buddy4study.com>)
- Vidya Lakshmi Education Loan Portal (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Community centres, mental-health centres, private clinics, schools and government/non-government organisations.

WORK CULTURE

In a hospital, about 6-7 days a week and 8-9 hours a day, with possible shifts. Opportunities exist for persons with disabilities, and you can run a private practice.

WHO HIRES

- | | |
|---------------------------------------|--|
| • Mental-health clinics and hospitals | • School and college counselling cells |
| • Family courts and legal services | • NGOs and community organisations |
| • Online therapy platforms | • Own private practice |

DEMAND (2026)

Urbanisation, changing family structures and rising mental-health awareness are increasing demand for marriage & family counselors in 2026.

7 Career growth

- 1 Mental Health Counselor
- 2 Senior Family Counselor
- 3 Counselling Program Director

EARNINGS

Starting	₹3.5-5 LPA
Mid level	₹6-8 LPA
Senior level	₹10-15 LPA+

Established private practice and experience can earn considerably more. Figures are indicative.

8 The good parts · The challenges

The good parts

- Satisfaction of saving families and relationships
- Flexible hours and private practice
- Growing respect and demand in society

The challenges

- Emotionally draining
- Handling sensitive family disputes is hard
- Building a client base is challenging early on

9 Real-life journeys

Dr. Nisha Khanna

Psychologist & Marriage-Family Counselor, Delhi

Dr. Nisha Khanna is a well-known psychologist and marriage-family counselor in Delhi-NCR. With over two decades of experience in pre- and post-marital counselling and couples/family therapy, she regularly writes and speaks on mental health in the media.

Dr Nisha Khanna (official) · <https://www.drnishakhanna.com/dr-nisha-khanna/>

Dr. Rajan Bhonsle

Marital & Family Counselor, Heart to Heart Counselling Centre, Mumbai

Dr. Rajan Bhonsle is a senior marital and family counselor in Mumbai and a former honorary professor. Through the Heart to Heart Counselling Centre with his wife Dr. Minnu Bhonsle, he has counselled couples and families for decades and is an active columnist.

Heart to Heart India · <https://hearttoheartindia.com/dr-rajn-bhonsle/>

10 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- Rehabilitation Counselor
- De-addiction Counselor
- TeleHealth Counselor

11 Sources & further reading

1. Rajasthan Career Guidance (official source) — <https://cg.rajasthan.gov.in/careerguidance/hi/career/%e0%a4%b5%e0%a4%bf%e0%a4%b5%e0%a4%be%e0%a4%b9-%e0%a4%94%e0%a4%b0-%e0%a4%aa%e0%a4%b0%e0%a4%bf%e0%a4%b5%e0%a4%be%e0%a4%b0-%e0%a4%95%e0%a4%be%e0%a4%89%e0%a4%82%e0%a4%b8%e0%a4%b2%e0%a4%b0-marriage-and-fa/>
2. NIRF India Rankings — <https://www.nirfindia.org/Rankings/2025/Ranking.html>
3. Rehabilitation Council of India (RCI) — <https://rehabcouncil.nic.in/>
4. NIMHANS - Psychology services — <https://www.nimhans.ac.in>



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