



SAARTHI • सारथी

करियर मार्गदर्शन पोर्टल • Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट • CAREER SHEET

म्यूजिक थेरेपिस्ट

A music therapist is a trained professional who uses music—singing, playing, rhythm—to improve people's mental, physical and emotional health. It is a fast-growing branch of creative-arts therapy.



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gssjethantri.in/#/career/music-therapist

राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

Govt. Sr. Sec. School, Jethantri • ब्लॉक समदड़ी • बालोतरा (Block Samdari • Balotra)

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सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी • मास्टर ट्रेनर
Principal, GSSS Jethantri • Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास • व्याख्याता (इतिहास)
Designed & developed • Lecturer (History)

विशेष धन्यवाद • SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) • रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) • रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) • रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) • रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। • An independent project based on the Government's official career-guidance content.

1 About this career

A music therapist is a trained professional who uses music—singing, playing, rhythm—to improve people's mental, physical and emotional health. It is a fast-growing branch of creative-arts therapy.

2 At a glance

Minimum qualification	MA in psychology/music + therapy diploma
Avg salary	₹3-6 LPA (fresher)
Work mode	Hospitals, rehab, wellness centres
Demand	Growing emerging field

3 What you need

INTERESTS

- Working with and for people
- Interest in arts-based healing
- Creating new and creative things

ABILITIES

- Understanding relationships between things
- Understanding people's emotions
- Working with instruments and software

KEY SKILLS

- Proficiency in music and instruments
- Active listening and empathy
- Patience with people who have special needs
- Psychological assessment and therapy planning
- Running individual and group sessions
- Creativity and adaptability

4 How to get there

- 1 Complete Class 12 in any stream
- 2 Do a bachelor's in psychology or music
- 3 Do a master's in psychology/music or related field
- 4 Do a PG diploma/certificate in music therapy
- 5 Complete supervised training/internship
- 6 Check course and accreditation before enrolling

MAIN EXAMS

- CUET-UG (for music/psychology bachelor's)
- CUET-PG (for master's)
- University music entrance/audition

5 Where to study

GOVERNMENT INSTITUTES

- Mohanlal Sukhadia University — Udaipur (<https://www.mlsu.ac.in>)
- Rajasthan Sangeet Sansthan — Jaipur
- Rajkiya Meera Kanya Mahavidyalaya — Udaipur
- Jai Narain Vyas University — Jodhpur (<https://www.jnvu.co.in>)
- Maharshi Dayanand Saraswati University — Ajmer (<https://www.mdsuajmer.ac.in>)

PRIVATE INSTITUTES

- Maharani College (University of Rajasthan) — Jaipur
- GD Government College for Women — Alwar

ONLINE

- Indian Music Therapy Association (IMTA) — Pan-India (<https://www.theimta.in>)
- Nada Centre for Music Therapy — Chennai / Online (<https://tvsairam.in>)
- IGNOU / Udemy (allied courses) — Online (<https://www.ignou.ac.in>)

FEES

Course fees roughly ₹50k-₹1.5 lakh per year; varies by institute and course.

SCHOLARSHIPS

- National Scholarship Portal (NSP) (<https://scholarships.gov.in>)
- SJE Rajasthan Scholarships (<https://sje.rajasthan.gov.in/>)
- Buddy4Study (<https://www.buddy4study.com>)
- Vidya Lakshmi Education Loan (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Hospitals, rehabilitation units, clinical-research centres, wellness centres, assisted-living homes, psychiatric and forensic institutions, crisis centres, senior communities and schools.

WORK CULTURE

A mix of field and desk work with some local travel. Part-time and contract roles available; about 5 days a week, 8-9 hours, occasional overtime. Self-employment also possible.

WHO HIRES

- Hospitals and rehabilitation centres
- Senior-citizen and wellness centres
- Independent/private therapy practice
- Special schools and disability institutions
- Mental-health clinics

DEMAND (2026)

Creative-arts therapy is still emerging in India; with growing awareness in special schools, senior care and mental health, demand for music therapists is rising in 2026.

7 Career growth

- 1 Senior music therapist
- 2 Music-therapy researcher
- 3 Mental-health professional/supervisor
- 4 Independent practitioner/entrepreneur

EARNINGS

Starting	₹3-6 लाख/वर्ष
Mid level	₹6-9 लाख/वर्ष
Senior level	₹10-15 लाख/वर्ष

Salary indicative; extra income possible from private sessions and workshops.

8 The good parts · The challenges

The good parts

- Creative and meaningful work
- Turning a passion for music into a career
- Emerging field with scope for private practice

The challenges

- Limited formal courses and accreditation in India
- Relatively low starting pay
- Stable full-time jobs still limited

9 Real-life journeys

Dr. Soma Ghosh

Padma Shri classical vocalist & music therapist

Padma Shri awardee Dr. Soma Ghosh is a renowned Indian classical vocalist who also works in music therapy. She holds sessions in hospitals and mental-health centres, promoting the healing use of music for stress, depression and neurological conditions.

YouTube (Dr. Soma Ghosh) · https://en.wikipedia.org/wiki/Soma_Ghosh

Dr. T. V. Sairam

Founder, Nada Centre for Music Therapy & Indian Music Therapy Association

Dr. T. V. Sairam is often called the 'father of music therapy in India'. He founded the Nada Centre for Music Therapy (2004) and the Indian Music Therapy Association (2019), advancing raga-chikitsa and nada-yoga based healing and distance education.

Nada Centre for Music Therapy · <https://tvsairam.in/musical-therapy-india/>

10 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- Occupational Therapist
- Marriage & Family Counselor
- Rehabilitation Counselor

11 Sources & further reading

1. Rajasthan Career Guidance (Govt source) — <https://cg.rajasthan.gov.in/careerguidance/hi/career/%e0%a4%ae%e0%a5%8d%e0%a4%af%e0%a5%82%e0%a4%9c%e0%a4%bf%e0%a4%95-%e0%a4%a5%e0%a5%87%e0%a4%b0%e0%a5%87%e0%a4%aa%e0%a4%bf%e0%a4%b8%e0%a5%8d%e0%a4%9f-music-therapist/>
2. National Scholarship Portal — <https://scholarships.gov.in>
3. Indian Music Therapy Association — <https://www.theimta.in>
4. Nada Centre for Music Therapy — <https://tvsairam.in>



And 770+ more careers — the whole portal

Interest and aptitude tests, government jobs, skill courses and a CV builder — free, no login, and it works offline.

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