



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट · CAREER SHEET

प्राकृतिक चिकित्सक

A naturopath treats illness through natural methods-diet, hydrotherapy, massage, yoga, acupressure and lifestyle change-based on the body's own power to heal.



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/naturopath

राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

Govt. Sr. Sec. School, Jethantri · ब्लॉक समदड़ी · बालोतरा (Block Samdari · Balotra)

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सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी · मास्टर ट्रेनर
Principal, GSSS Jethantri · Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

A naturopath treats illness through natural methods-diet, hydrotherapy, massage, yoga, acupressure and lifestyle change-based on the body's own power to heal.

2 At a glance

Minimum qualification	BNYS (5.5 years)
Core skill	Naturopathy & yoga therapy
Starting salary	INR 3-5 LPA
Minimum qualification	Via NEET-UG

3 What you need

INTERESTS

- Interest in healing people
- Drawn to a natural, healthy lifestyle
- Like helping others

ABILITIES

- Patience and empathy
- Good communication and counselling
- Careful observation

KEY SKILLS

- Nature-cure therapies (water, mud, sun)
- Diet and nutrition guidance
- Patient counselling and stress management
- Yoga and pranayama
- Acupressure and massage
- Basic diagnosis and case history

4 How to get there

- 1 Complete Class 12 with Physics, Chemistry, Biology

- 2 Qualify NEET-UG
- 3 Do BNYS (naturopathy & yogic sciences)
- 4 Complete one year of internship
- 5 Optionally do MD (Naturopathy) and specialise

MAIN EXAMS

- NEET-UG (for BNYS admission)
- AYUSH/NCISM PG exams (for MD)

5 Where to study

GOVERNMENT INSTITUTES

- Dr. Sarvepalli Radhakrishnan Rajasthan Ayurved University — Jodhpur, Rajasthan
- Govt. Yoga & Naturopathy Medical College — Chennai, Tamil Nadu
- Morarji Desai National Institute of Yoga — New Delhi (<https://yogamdniy.nic.in>)
- IMS, Banaras Hindu University — Varanasi, Uttar Pradesh (<https://www.bhu.ac.in>)

PRIVATE INSTITUTES

- Swasthya Kalyan Institute of Naturopathy & Yogic Science — Jaipur, Rajasthan
- Apex University — Jaipur, Rajasthan (<https://www.apexuniversity.co.in>)
- SDM College of Naturopathy & Yogic Sciences — Ujire, Karnataka

ONLINE

- National Institute of Naturopathy (NIN), AYUSH — Online (<https://ninpune.ayush.gov.in>)
- IGNOU (योग/स्वास्थ्य कार्यक्रम) — Online (<https://www.ignou.ac.in>)
- SWAYAM (योग व प्राकृतिक चिकित्सा) — Online (<https://swayam.gov.in>)

FEES

Government college fees are about INR 7,000-50,000/year; private institutes can charge up to INR 50,000-2 lakh/year (2026 estimate).

SCHOLARSHIPS

- National Scholarship Portal (NSP) (<https://scholarships.gov.in>)
- Buddy4Study (<https://www.buddy4study.com>)
- Rajasthan SJE Uchch Shiksha Chhatravriti (<https://sje.rajasthan.gov.in>)

- Vidya Lakshmi Education Loan Portal (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Nature-cure centres, wellness resorts, hospitals, nursing homes and private clinics; private practice is also possible.

WORK CULTURE

About 6 days a week, 9-10 hours. Opportunities also exist for persons with disabilities.

WHO HIRES

- Nimba Nature Cure, Jindal Naturecure Institute
- AYUSH hospitals and government yoga-naturopathy centres
- Naturopathy clinics across Rajasthan
- Wellness centres like SOUKYA, Prakriti Shakti
- Spas and wellness resorts
- Your own private practice

DEMAND (2026)

In 2026, rising lifestyle diseases and wellness tourism have boosted demand for naturopaths; backed by the Ministry of AYUSH, the field is expanding fast.

7 Career growth

- 1 Trainee
- 2 Naturopath
- 3 Senior Naturopath
- 4 Head of Department / Chief Medical Officer

EARNINGS

Starting	₹3–5 LPA
Mid level	₹6–10 LPA
Senior level	₹12–20 LPA

Figures are indicative; private practice and premium wellness centres can pay more (2026).

8 The good parts · The challenges

The good parts

- Satisfaction of drug-free, natural healing
- Growing opportunities in the wellness industry
- Freedom of private practice

The challenges

- Less recognition than allopathy
- Modest starting pay
- Results come slowly-patience is needed

9 Real-life journeys

Dr. Shivaraj V Patil

Chief Medical Officer & Naturopath, Nimba Nature Cure

Dr. Shivaraj V Patil is a qualified naturopath with over 12 years of experience in health and wellness management. He serves as Chief Medical Officer at Gujarat's well-known Nimba Nature Cure, treating lifestyle diseases through natural methods.

Nimba Nature Cure · <https://www.nimba.in/healing-team-bkcp-8-10-21/>

Dr. Bhuvaneshwari

Naturopathy & Yoga Physician, Nimba Nature Cure

Dr. Bhuvaneshwari has over 11 years of expertise in yoga and naturopathy. She guides patients to healthier lifestyles through yoga, diet and natural therapies-showing that women too can lead in this field.

Nimba Nature Cure · <https://www.nimba.in/healing-team-bkcp-8-10-21/>

10 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- Dance Therapist
- Occupational Therapist
- Speech & Language Therapist

11 Sources & further reading

1. Rajasthan Career Guidance (source) — <https://cg.rajasthan.gov.in/careerguidance/hi/career/%e0%a4%aa%e0%a5%8d%e0%a4%b0%e0%a4%be%e0%a4%95%e0%a5%83%e0%a4%a4%e0%a4%bf%e0%a4%95-%e0%a4%9a%e0%a4%bf%e0%a4%95%e0%a4%bf%e0%a4%a4%e0%a5%8d%e0%a4%b8%e0%a4%95/>
2. National Institute of Naturopathy (AYUSH) — <https://ninpune.ayush.gov.in>
3. National Scholarship Portal — <https://scholarships.gov.in>



And 770+ more careers — the whole portal

Interest and aptitude tests, government jobs, skill courses and a CV builder — free, no login, and it works offline.

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