



SAARTHI - सारथी

करियर मार्गदर्शन पोर्टल · Career Guidance Portal

"सही मार्गदर्शन, उज्ज्वल भविष्य।"

करियर शीट · CAREER SHEET

फिजियोथेरेपिस्ट

Physiotherapists treat injury, pain and physical disability using exercise, massage and specialised techniques. They help patients regain mobility, balance and muscle function, with little or no medication.



Scan for everything on this career

Salary, exams, colleges, the routes in and the steps after — all on the portal.

career.gsssjethantri.in/#/career/physiotherapist-health

राजकीय उच्च माध्यमिक विद्यालय, जेठन्तरी

Govt. Sr. Sec. School, Jethantri · ब्लॉक समदड़ी · बालोतरा (Block Samdari · Balotra)

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सुशील कुमार शर्मा

प्रधानाचार्य, रा.उ.मा.वि. जेठन्तरी · मास्टर ट्रेनर
Principal, GSSS Jethantri · Master Trainer



श्री चेनाराम चौधरी

प्रधानाचार्य, डाइट बाड़मेर
Principal, DIET Barmer



श्रीमती संघमित्रा

वरिष्ठ व्याख्याता, डाइट बाड़मेर (सहयोग)
Sr. Lecturer, DIET Barmer (Support)



भरत चौधरी

अभिकल्पना व विकास · व्याख्याता (इतिहास)
Designed & developed · Lecturer (History)

विशेष धन्यवाद · SPECIAL THANKS



सुरेन्द्र सिंह राठौड़

व्याख्याता (इतिहास) · रा.उ.मा.वि. कानाना



सुरेश कुमार सैन

व्याख्याता (भूगोल) · रा.उ.मा.वि. रामसीन मूंगड़ा



वनिता कुमारी

व्याख्याता (इतिहास) · रा.उ.मा.वि. रामसीन मूंगड़ा



कमलेश चौधरी

व्याख्याता (राजनीति विज्ञान) · रा.उ.मा.वि. टापरा

करियर मार्गदर्शन कार्यशाला, डाइट बाड़मेर (14-17 जुलाई 2026) में विकसित व लोकार्पित
Developed & unveiled at the Career Guidance Workshop, DIET Barmer (14-17 July 2026)

यह एक स्वतंत्र परियोजना है, जो सरकार की आधिकारिक करियर-मार्गदर्शन सामग्री पर आधारित है। · An independent project based on the Government's official career-guidance content.

1 About this career

Physiotherapists treat injury, pain and physical disability using exercise, massage and specialised techniques. They help patients regain mobility, balance and muscle function, with little or no medication.

2 At a glance

Minimum qualification	BPT (and MPT)
Duration	4.5 years (BPT)
Minimum qualification	NEET / state entrance
Starting salary	₹15,000-25,000/month

3 What you need

INTERESTS

- Interest in physical fitness and movement
- The human body and rehabilitation
- Helping people recover

ABILITIES

- Good physical fitness and stamina
- Critical thinking and problem-solving
- Good listener with communication skills

KEY SKILLS

- Physical assessment
- Designing rehabilitation plans
- Patient motivation and counselling
- Exercise and manual therapy
- Operating electrotherapy equipment
- Anatomy and biomechanics knowledge

4 How to get there

- 1 Complete 10+2 with science (Physics, Chemistry, Biology).
- 2 Clear NEET / a state entrance and complete BPT (4.5 years).
- 3 Complete an internship at a hospital or clinic.
- 4 Pursue an MPT for specialisation (ortho, neuro, sports).
- 5 Register with the State Physiotherapy Council (where applicable).

MAIN EXAMS

- NEET (for many UG admissions)
- State/university physiotherapy entrance exam
- MPT entrance exam

5 Where to study

GOVERNMENT INSTITUTES

- AIIMS जोधपुर — Jodhpur, Rajasthan
- SMS मेडिकल कॉलेज — Jaipur, Rajasthan
- RNT मेडिकल कॉलेज — Udaipur, Rajasthan
- AIIMS नई दिल्ली — New Delhi

PRIVATE INSTITUTES

- निम्स यूनिवर्सिटी — Jaipur, Rajasthan
- अनंत आयुर्विज्ञान संस्थान — Udaipur, Rajasthan
- गलगोटियास यूनिवर्सिटी — Noida

ONLINE

- Udemy: होम फिजियोथेरेपी कोर्स — Online (<https://www.udemy.com/course/homephysiotherapy/>)
- Coursera / edX पुनर्वास पाठ्यक्रम — Online

FEES

About ₹10,000-50,000/year in government institutes; ₹50,000-5,00,000/year in private ones.

SCHOLARSHIPS

- राष्ट्रीय छात्रवृत्ति पोर्टल / National Scholarship Portal (<https://scholarships.gov.in>)

- Buddy4Study (<https://www.buddy4study.com>)
- विद्यालक्ष्मी शिक्षा ऋण / Vidya Lakshmi Education Loan (<https://www.vidyalakshmi.co.in>)

6 What the work is like

WHERE YOU WORK

Hospitals, rehabilitation and fitness centres, sports teams, nursing homes, community health centres, defence establishments, and private clinics.

WORK CULTURE

Not a desk job—physically active work. Shifts and part-time options available, with good scope for private practice. Opportunities exist for persons with disabilities.

WHO HIRES

- Government hospitals and medical colleges
- Sports academies and fitness chains
- Own physiotherapy clinic
- Private hospitals and rehabilitation centres
- Old-age homes and home-care services
- Defence and railway health services

DEMAND (2026)

An ageing population, sports injuries and lifestyle-related pain are driving up demand for physiotherapists in 2026, with strong scope in private practice and home care.

7 Career growth

- 1 Intern
- 2 Physiotherapist
- 3 Senior physiotherapist
- 4 Head of physiotherapy department
- 5 Director / superintendent (rehabilitation)

EARNINGS

Starting	₹15,000-25,000/माह
Mid level	₹30,000-55,000/माह
Senior level	₹70,000-1,50,000/माह

Source: NCS and industry estimates, 2026; private practice and specialisation can raise earnings.

8 The good parts · The challenges

The good parts

- Helping people live pain-free, active lives
- Scope for private practice and flexibility
- A drug-free, growing field

The challenges

- Low starting pay
- Physically demanding work
- Patience needed as recovery is slow

9 Real-life journeys

Dr. Masooma Ladiwala

Award-winning physiotherapist, Mumbai

After Class 12 (science), Masooma studied physiotherapy at Manipal University, gained experience at a rehab centre in Udupi, and built her career back in Mumbai; she believes there is no greater joy than helping people live pain-free.

Lybrate · <https://www.lybrate.com/mumbai/doctor/dr-masooma-ladiwala-hassanali-pt-physiotherapist>

Dr. Ali Irani

Senior physiotherapist, Nanavati Hospital, Mumbai

One of India's best-known physiotherapists, Dr. Ali Irani headed the department at Nanavati Hospital and has worked with the Indian cricket team, showing how far a physiotherapy career can reach.

Nanavati Max Hospital · <https://www.nanavatimaxhospital.org/doctor/ali-irani>

10 If this route does not work out

One exam or one attempt does not close the door. The same subjects also open these routes — entry is usually easier, and you can return to this field later.

- Occupational Therapist
- Naturopath
- Dance Therapist

11 Sources & further reading

1. Rajasthan Career Guidance — <https://cg.rajasthan.gov.in/careerguidance/hi/career/%e0%a4%ab%e0%a4%bc%e0%a4%bf%e0%a4%9c%e0%a4%bc%e0%a4%bf%e0%a4%af%e0%a5%8b%e0%a4%a5%e0%a5%87%e0%a4%b0%e0%a5%87%e0%a4%aa%e0%a4%bf%e0%a4%b8%e0%a5%8d%e0%a4%9f/>
2. Indian Association of Physiotherapists (IAP) — <https://www.physiotherapyindia.org>
3. National Scholarship Portal — <https://scholarships.gov.in>



And 770+ more careers — the whole portal

Interest and aptitude tests, government jobs, skill courses and a CV builder — free, no login, and it works offline.

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